

Photo: Phil Buck

### The Future of the RBL Site

Can the site be saved for the village?

### **Melford's Lost Pubs**

Now there are six – once there were twelve

Pages 4 to 8

So Much Going On

A busy autumn for village

events, clubs and societies

Page 21

Pages 22 to 23



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## **Melford Matters Needs YOU**

#### **Volunteers Wanted**

On the right is Melford Matters' first cover from back in Spring 2021. I hope you've enjoyed reading the 15 issues published since then and found them enjoyable, useful and informative.

We want to make the magazine even better and are looking for more volunteers to help us do that. Do you have talents you'd like to offer? In particular, we're looking for help:

- On the editorial side: researching and writing stories and sub-editing
- Submitting photographs, especially for the front cover. Thanks very much indeed to Steve



Thomson who has provided all but one of our covers since we started but has now moved out of Melford and decided to step down – see page 16 for more on Steve and his photos

• Delivering the magazine. If you have up to two hours to spare once every two months, please volunteer to help deliver the magazine

As well as the above, please send in any suggestions for features or topics you'd like us to cover.

Please email all offers of help and suggestions to MelfordMattersEditor@gmail.com

Dave Watts, Editor



#### Not Quite a Washout for Art

The Suffolk Art Society

St Edmundsbury Cathedral

**Bury St Edmunds** 

HB

This year's Suffolk Art Society Summer Exhibition at Holy Trinity presented some challenges. Not least the rain most days. However, those visitors who braved the weather thoroughly enjoyed viewing the variety of artworks. Sales, as expected, were down on 2022 but 79 paintings were sold during the fortnight.

Visitors enjoyed voting for their favourite painting and over 750 votes were cast for the 180 paintings on show. The runaway winner was the

brilliant Reg Siger with his pen and wash depiction of Kersey.

This year's chosen charity is the East Anglian Children's



Hospice. Visitors' generous donations and 20% of the net profit of sales will go to the Hospice. We'd like to thank Holy Trinity for allowing us to host the exhibition there again.

The final exhibition will be held in October at Bury Cathedral (see the advert on the left). And don't forget the Class Arts exhibition of local artists at the Old School on 30th September and 1st October from 10am to 4pm.

#### The Farmers and Makers Market - A Success

A huge thank you to everyone who has visited and supported the brand new Farmers and Makers Market which is held at the Old School on the first Saturday of each month. The first two markets were a huge success, despite the all-day downpour in August and the sun in September – we're very grateful to everyone who came. The stallholders were really pleased and it's fantastic to provide small businesses a chance to offer their products to Melford.

The next dates are 7th October, 4th November and 9th December (second Saturday).

The market will grow as long as it's supported. Please let us know if you'd like a stall. We work with those who make and/or grow and who are as close to Melford as possible. We aim to have new and different stalls each month. If you'd like to get in touch, please email max@connect2arc.com.

#### An October Craft Fair

The local charity, Success After Stroke (SAS), is staging a craft fair on Sunday 15th October from 10am-4pm. It will be held in Whatfield village hall. There will be lots of stalls selling a wide variety of crafts.



Hot and cold refreshments will be available all day. All proceeds will go to SAS. The charity helps many people including some from Melford. Let's hope they get plenty of support. For more information you can email info@successafterstroke.org.uk or phone 07434 931 962.

CLASS ARTS LONG MELFORD ART EXHIBITION

FRIDAY 20TH OCTOBER - SATURDAY 28TH OCTOBER

Friday 20th October 2pm - Spm Saturday 21st Dictiber - Friday 27th October 9.30am - Spm Sindays Berween 12 - 3.15pm Classing day Saturday 28th October 9.30am 4pm

FREE ADMISSION

www.suffolkartsociety.co.uk

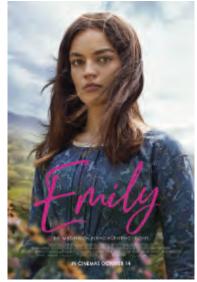


SATURDAY 30TH SEPT— SUNDAY 1ST OCTOBER THE OLD SCHOOL, LONG MELFORD OPEN 10—4

FREE ENTRY

# Community Matters MELFORD MOVIES

On 13th October, we'll be screening 'The Lost King' (12A). It's the story of an amateur historian's quest to find Richard III's remains, forcing the



country's most eminent academics to think again about one of the most controversial kings in England's history.

Our movie on 10th November is 'Emily' (15). This tells the imagined life of one of the world's most famous authors, Emily Bronte, as she writes the literary classic Wuthering Heights.

Screenings are at the Village Hall. Doors open at 7pm and the film starts at 7.30pm, so there's a chance to chat before the film or in the interval.

We have refreshments for every taste – wine, soft drinks, hot drinks, snacks and ice creams. Our raffle is always popular, raising funds for a different local good cause each month. (If you have a suggestion for a cause for us to support, let us know via melfordmovies@icloud.com).

### LONG MELFORD HISTORICAL & ARCHAEOLOGICAL SOCIETY

#### Talks Bringing Local History to Life

The Historical and Archaeological Society's new season started with a talk from Peter Davidson, Ups & Downs: Barnardo's Foster Children in Suffolk 1890–1950. Montgomery House (also known as The Old Rectory), on the left in front of Holy Trinity, was a Barnardo's home in the 1940s and 50s. The talk concluded with some wonderful photos of it provided by the late Valerie Theobald.

#### All Roman Roads Lead to Long Melford

Long Melford Heritage Trust is delighted to present a new talk by lead archaeologist Kenneth Dodd at Holy Trinity on Friday 27th October at 7.30pm.

Kenneth will explain about the Trust's exciting work in Melford, presenting the results of this year's

excavations and research. These lift the lid off our knowledge of Iron Age and Roman Melford.

The discoveries made over the past eight years have totally transformed our knowledge of the history of our village and its ancient importance as a major town. A selection of finds and artefacts will be on display, with Trust members on hand to discuss our work within the village. We're looking forward to hearing Stephen Poulter on the 19th October, with a talk on Supernatural Suffolk. We'll hear stories of headless horsemen and other unexplained phenomena stretching back centuries.

If you love beer, how about an evening with Nigel Smith of CAMRA (Campaign for Real Ale) on the 16th November? You can learn about the story of Beer & Brewing in Suffolk over the last 600 years and we hope Melford will get a mention.

For more information about the Society email Lmhas1969@outlook.com or phone 07586 354414

Tea and coffee will be available. The entry fee is £10, and all proceeds will be split between Holy Trinity and Long Melford Heritage Trust. For more information and to book tickets, please contact Lynda Badger on lyncarvell@hotmail.com.





GOOD

#### Film Club – a New Opportunity for the Lovers of Film

If you're a film fanatic, or just want to find out more about the art and craft of making movies, the Film Club might be for you. Run by local filmmaker Simon Frampton, the Club holds monthly lectures during which Simon explains the work of a particular actor, director or genre, illustrated with clips and stills from relevant films. There's an opportunity to chat with other members whilst enjoying some refreshments, before settling in to watch a full-length movie.



The lectures are held on the fourth Wednesday of each month at the Village Hall starting at 10.30am. In October, Simon will be focusing on the work of French actress Isabelle Huppert, and in November he'll be looking at Italian Cinema from the late 1970s to date. Individual lectures are £17 or sign up for a season of four for £60. Details can be found on the Film Club website at www.filmclublectures.co.uk, or email simonframpton@filmclublectures.co.uk or phone 07568 678498.

#### Being a Good Neighbour Works Both Ways

Not long after Gail Fulbook moved to the village, she saw a leaflet about volunteering LONG MELFORD with Good Neighbours. She'd helped at the Covid vaccination centre and knew she NEIGHBOURS wanted to continue helping in the community, so Good Neighbours seemed the perfect opportunity. SCHEME

Over the last two years, she's driven residents to appointments and helped out at the bi-weekly coffee mornings. She then became a befriender to a local resident and saw at first-hand the difference this can make.

Gail knows that residents using the services of Good Neighbours really appreciate the volunteers. She adds that she gets a lot from helping them and says "It's great because you can do as much or as little as you're able to". Gail recommends it as a great way to get to know the village and its lovely residents.

If you're interested in joining the friendly team, please call 07504 249179 and leave a message. One of the team will get back to you.

#### Scaffolding Didn't Stop Melford Music Play

We've had another good season despite the scaffolding which hampered our performances. In the main we used the north side of the church and had good audiences although not quite as good as last year. Nevertheless, they were all appreciative.

We're now working on the 2024 season, which hopefully will be much better as we'll be able to use the centre of the church again. Our sponsors were fantastic this year as we had one for every concert. Jane Ebejer will be on the lookout for sponsors again for 2024.

#### Pat Davey's Amazing Book Sales Help Ukraine

The books on sale outside 1 Tudor Cottages in Hall Street are a goldmine for local good causes. Over the years, the second-hand bookstall run by Pat Davey and Brian West has raised over £14,000 – that's 28,000 books at 50p each.

The latest beneficiary, to the tune of £800, was Rapid Aid which sends aid to Ukraine. Currently, all proceeds from Pat's book sales are going towards the costs of putting on Festive Long Melford (see page 17).



#### The Anti-Litter Message is Spreading

In August, some residents from Barleycombe joined the litter pickers. They were also joined by James Cartlidge MP who told us, "As an MP, I feel it's my duty to get involved and do something practical that makes a difference." Melford resident Karen Cunliffe's two grandchildren, 10-year-old Lucas and 6-year-old Ruby, did their own litter picking expeditions in the summer. They enjoyed it and say they're "making the planet happier."

Claire Hargreaves, co-ordinator of the Litter Pickers, says that they're definitely picking up less rubbish these days. An encouraging example of this trend concerns broken glass at the Cordell Road children's playground. The group had been asked by the Parish Clerk if they'd deal with it. But before they could get there, it had already been removed. The Parish Council has approved their 'Bin your Butt' posters and will pay for them – hopefully, smokers will take note.



Please help keep Melford tidy.

#### The WI Annual Garden Party

Melford WI, now known as Melford Poppies, held their Annual Garden Party back in what passed for summer.

Our venue for many years has been the lawns of Melford Hall, but this year we moved to the Village Hall. We decorated it with bunting and members provided a traditional afternoon tea. There was Pimms or tea, chat and laughter, then dancing. Many of us wore pretty floral dresses for the dancing.



Our guest this year was Marina St Leger from Strollercise. This is gentle dancing to wonderful 50s and 60s rock music. We were all up trying out the steps.

Thank you to all our members and especially to the Village Hall for allowing us to still have our party.

#### **Crafts and Charity for Christmas**

You'll be in for a treat if you visit the Christmas Craft and Charity Fair at the Old School on Saturday 18th November from 10am to 3pm. There'll be 28 stalls offering a wide range of goodies. These include wood carvings, cards, soaps and scrubs, pickles and preserves, stained glass gifts and much, much more. What a wonderful opportunity to do some early Christmas shopping. Local charities will be represented by Winston's Wheels Disabled Dog Charity,

SESAW, Danaher Animal Rescue and Bury Stray Cats. Hot and cold food plus coffee and cakes will be served throughout the day.



#### The Remembrance Day Parade

Remembrance Sunday is 12th November. The parade will gather at the Old School and set off at 10.15am, walking towards the church on the path along the Greens and led by a piper.

The Salute will be taken on the Green opposite the Black Lion by the Deputy Lieutenant of Suffolk Tim Bridges, Sir William and Lady Hyde Parker and Audrey Wreford (Chairman of the Long Melford branch of the British Legion).

The service will start at 10.45am – further details will be announced by the church via their social media and newsletter.

Following the service, the parade will return to the Old School.





#### The Big Night Out is Back – And Will Leave You Stirred not Shaken

The 52nd Big Night Out, run by the volunteers of Project Seven, will be held in Kentwell Hall grounds on Friday 10th November. The Firework theme will be 007 James Bond. The gates open at 6pm and the fireworks begin at 8pm. Advance tickets will be available from 10th October from Nethergate Brewery, the Bull Hotel and Cherry Tree Garden Centre. Advance tickets are £6 for adults and £4 for children. If you buy on the night, it's £8 for adults and £6 for children.

Melford Estates has given permission for parking on the Greens. Project Seven would like to thank the Hyde Parker family for allowing Melford Hall Park to be used for the Big Night Out for the past 48 years.

It costs  $\pounds 20,000$  to stage the Big Night Out. The money raised goes to local good courses. Please lend your support.

# The Silver Band Celebrates its 133rd Birthday

In August, the Silver Band gave a summer concert at the Football Club. Under the musical direction of Diane Pannell, the audience was treated to a wide range of music from traditional to modern. The band was formed in 1890 when a local businessman, George Whittle, decided to form a Fyfe and Drum band for the recreation of his workers. Their first public performance was on 6th July 1894 and 133 years after its formation, the Band is still going strong.

Like the Band, the Football Club has a long-standing presence in the village and a proud history. Formed in 1868, it's the tenth oldest club in the football league.

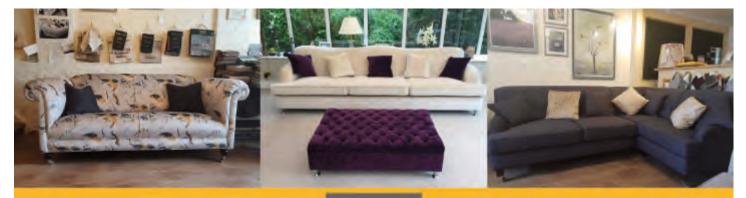


## They Came, They Saw, They Conquered a Little Bit of Italy

By the time you read this Mike Turner and three other Melfordians will have arrived in Italy for the latest expedition for the Walking Group. Up till now, the longest walk they've undertaken is Melford to Bures with Sudbury to Melford tacked on. That 12-mile trek would daunt most of us but Mike and his friends are looking for a fresh challenge in ever so hilly Tuscany. They plan to walk between 5 and 12 unguided miles a day along dusty paths and wine trails sampling the wonderful food, wine and scenery on offer.



Arrivederci and buona fortuna.



Edward Charles Interiors is a family upholstery business and has had a showroom in Ringers Yard, Long Melford for 7 years. The business has been established since 1971 with a workshop in Essex.

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### **Business Matters**

# Enterprising Hands at the LookinGood Salon

The Salon has been smoothly carried on by its new owners, Megan and her mother, Clare, plus their team. As a child, Megan regularly visited the salon with her mother. She wore white like all staff, and she promised herself that one day she'd work there. Now, after working as right-hand assistant to the late owner, Ann Moreton, Megan owns the Salon.



As the new owner she's conscious of carrying on a successful and much-loved legacy, whilst gradually putting her own stamp on the business, initially with carefully sourced new products.

The Salon is open five days a week and offers all hair treatments and services, extensions, balayage and wigs plus Brow and Nail Bars. A brochure with full details can be picked up outside the entrance.

As Megan says, "it wasn't a life plan but I'm loving being both owner and stylist plus the excitement of being responsible for every aspect of the business". Quite an undertaking at 23 years of age.



Lovely old fashioned sweet jars

#### **A Sweet Addition**

Clutterham & Daughters is a new addition to the Ivy & Bond Tearoom owned by Helen Clutterham. It's a separate company but run under the umbrella of and next to the tearoom, whose opening was featured in our spring edition.

This charming little shop is a cross between an old-fashioned sweetshop and an ice-cream parlour. Shelves house lines of traditional glass jars containing childhood favourites such as Flying Saucers, Toffee Bon Bons and Barley Sugar Twists, which can be bought in pre-metric weights – eg 2 oz and  $\frac{1}{4}$  lb. Pick n' Mix is on offer, including packets of Refreshers. Individual mixed sweet cones can be supplied for goody bags both for children and weddings.

Suffolk Meadow ice cream is served in cones or tubs. The favourite flavour for adults is Wild Cherry & Kirsch. There's a Whippy called Bond 27, with a Baby Bond for children, both named after Helen's late husband's love of the 007 films. Autumn opening hours: 11am to 4 pm Thursday to Sunday.

# A Successful Leap from Finance to the Melford Tearoom

After City careers in finance, Richard and Lisa Fenn's dream of working in a local community with a family-run business came true this year. Long Melford Tea Room opened its doors under their ownership in March 2023 and they haven't drawn breath since.

With a staff of two, they're open five days a week 10am to 4 pm (closed Tuesday and Sunday) providing teas, coffees and soft drinks with a mouthwatering array of Lisa's freshly cooked cakes, cheesecakes, scones and sandwiches. Besides old favourites, Lisa sources new recipes from customers' suggestions and the internet. During Saturday afternoon teas, a pianist entertains. Future plans may include Cakes by Candlelight at Christmas.

The Tearoom has a welcoming buzz but a homely feel. Whether you pop in alone, or with a friend, a good dog, or just hop off a bike, you'll feel at ease.



### **Business Matters**

#### **A Triple-Decker of New Treats**

Three new businesses are set to open in Elizabeth House next door to the St Nicholas Hospice shop. All are being run by Melford residents.

#### The Cracked Nut Deli

This and Let's Cook (see below) will be run by Mandy Payne. Mandy says the Deli will sell "tasty and nutritious vegetarian and vegan food and strive to be gluten-free".

It will sell fresh and frozen home-cooked ready meals, priced from £4.99. The range will include Vegetarian Moussaka, Lasagne, Curries, Chilli No Carne and VegTBalls (as opposed to meatballs). Plus there'll be home-made vegan and vegetarian jams, chutneys, mustards, curds, soups, pasta sauces and more.

#### Let's Cook

Mandy Payne, who's running the Cracked Nut Deli and Let's Cook

Based in the same premises as the deli, Let's Cook will offer a wide variety of cooking lessons run by experienced chefs. Courses will be from 9.30am till 4pm with a maximum of six people at a cost of £100 each.

Typical courses will include French provincial, Italian, fish, baking, how to cook the perfect Christmas dinner etc. "These courses make a perfect gift for the partner that has everything," says Mandy.



Opening Brown Sugar fulfills Rachael's childhood dreams

Mandy adds "I've happily lived and worked in and around Long Melford for the last 17+ years and can't think of anywhere I'd rather open my dream business. Hopefully it will encourage more people to visit our lovely village."

#### **Brown Sugar**

Rachael Brown's new coffee shop will be serving fresh coffee, and a variety of cakes, pastries, focaccia and bakes (including her brownies, which have become quite famous, she says). Plus lots more, all made in-house by Rachael and available as take-aways as well as to be enjoyed in the shop.

She'll be serving roasted artisan coffee from Crude, based in Bury St Edmunds. Every bean is sustainably sourced by a direct relationship with the farmer, the flavour delivered is in its purest, crudest form – hence the name.

Rachael says, "A few people may already know me from my years at the Swan, Dilly Dally and the Black Lion. I am so excited to be finally opening my own place; it has been a dream of mine since I was a little girl."

#### **Good Care Brings its Awards**

Harmonize Care moved its office to Melford in February and we featured it in our April/May issue. The past 12 months has been a whirlwind of events which has seen the company reap a harvest of awards for the care services it provides.

- The Care Planner/Assessor Award won by Harmonize's Quality Assurance Manager Nikki Cracknell, presented at the GB Care Awards in November 2022.
- The Head of People Award won by Tanya Ali, Harmonize's HR Manager and presented at the National Stars of Social Care Awards in June 2023.
- The Registered Trainer of the Year Award made by Trainer Courses Ltd – one of the UK largest training companies. It was won in August 2023 by Linda Knock RGN, Harmonize's Deputy Manager.

So, well done Harmonize and long may you continue to serve the people of Melford and the local area.



September	Event	Venue	Time
Friday 29th - Sunday 1st Oct	Oktoberfest 2023 – Nethergate Brewery & Distillery	Nethergate	12.00 to 8.00pm
Saturday 30th	Wellness Fair – holistic treatments and wellbeing stalls	Old School	9.00am to 4.00pm
Saturday 30th & 1st Oct	Class Arts art exhibition	Old School	10.00am to 4.00pm
October	Event	Venue	Time
Wednesday 4th	Antiques Fair	Village Hall	9.00am to 3.30pm
Thursday 5th	Parish Council – Full Meeting including Planning	Old School	7.00pm
Saturday 7th	My Long Melford Farmers & Makers Market	Old School	8.00am to 1.00pm
Saturday 7th	Live Music – Pete George Cockney Night	Stoneylands	7.00pm
Thursday 12th	Good Neighbours/Friends of LM Library Coffee Morning	Old School	10.00 to 11.30am
Thursday 12th	LM Poppies (WI) – Jane Ebejer – melfordinn@aol.com	The Bull Hotel	7.30 to 9.30pm
Friday 13th	Melford Movies – "The Lost King"	Village Hall	7.30pm
Friday 13th	Folk & Acoustic Club	Cock & Bell	8.00pm
Wednesday 18th	The Arts Society Stour Valley - The History of Auctions	Village Hall	11.00am to 12 noor
Thursday 19th	Psychic Night with Ronnie Buckingham	Stoneylands	7.00pm
Thursday 19th	Long Melford Historical & Archaeological Society	Old School	7.30pm
Thursday 26th	Good Neighbours/Friends of LM Library Coffee Morning	Old School	10.00 to 11.30am
Thursday 26th	Long Melford Litter Pickers		1.45pm
Friday 27th	Children's Halloween Party	Stoneylands	6.00pm
Sat 28th /Sun 29th	Antiques & Vintage Fair	Old School	9.30am to 4.00pm
Sunday 29th	Long Melford Litter Pickers		10.00am
November	Event	Venue	Time
Wednesday 1st	Antiques Fair	Village Hall	9.00am to 3.30pm
Thursday 2nd	Parish Council – Full Meeting including Planning	Old School	7.00pm
Saturday 4th	My Long Melford Farmers & Makers Market	Old School	8.00am to 1.00pm
Thursday 9th	Good Neighbours/Friends of LM Library Coffee Morning	Old School	10.00 to 11.30am
Thursday 9th	LM Poppies (WI) – Jane Ebejer – melfordinn@aol.com	The Bull Hotel	7.30 to 9.30pm
Friday 10th	Big Night Out – Fireworks	Kentwell Hall Estate	From 6.00pm
Friday 10th	Melford Movies – "Emily"	Village Hall	7.30pm
Friday 10th	Folk & Acoustic Club	Cock & Bell	8.00pm
Thursday 16th	Long Melford Historical & Archaeological Society	Old School	7.30pm

Melford Matters is a not-for-profit community initiative funded through advertising and donations. It is produced and distributed by volunteers. Accounting and other support is provided by the Village Hall Committee, but editorial decisions and any opinions expressed are independent of the Committee. The magazine welcomes contributions from everyone in the village. For further information please refer to the Long Melford Village Hall website, longmelfordvillagehall.co.uk/melford-matters, or email the editor, melfordmatterseditor@gmail.com, or advertising team, melfordmattersadvertising@gmail.com. Printed by Indigo Ross Design and Print Ltd.

Diary Matters			
November (cont.)			
Saturday 18th	<b>Long Melford Book Fair</b> – Quality 2nd hand/out of print books	Village Hall	10.00am to 3.30pm
Saturday 18th	Christmas Craft and Winston's Wheels Charity Fair	Old School	10.00am to 3.00pm
Wednesday 20th	The Arts Society Stour Valley - The Sun King and Court of Versailles	Village Hall	11.00am to 12 noon
Thursday 23rd	Good Neighbours/Friends of LM Library Coffee Morning	Old School	10.00 to 11.30am
Thursday 23rd	Long Melford Litter Pickers		1.45pm
Saturday 25th	Festive Long Melford - throughout the village		10.30am to 3.30pm
Saturday 25th	Christmas Tree Light Up and Carols	Little Green	4.00pm
Sat 25th/Sun 26th	Antiques & Vintage Fair	Old School	9.30am to 4.00pm
Sunday 26th	Long Melford Litter Pickers		10.00am

Regular classes of	& workshops at Long Melford Village Memorial Hall	
Mondays	Strollercise – Marina St Leger – www.strollercise.co.uk 07917 333712	9.30 to 10.30am
Mondays	<b>Song Circle, Choir for Women</b> – first session free, £7 thereafter – Anna 07957 484812	11.15am to 12.45pm
Tuesdays	Pilates – Michelle Cowcher – michellecowcher@gmail.com	10.00 to 11.00am
Tuesdays	Bounce – Jules Cooper – www.bookwhen.com/bouncelongmelford	6.00 to 8.00pm
Wednesdays	Martial Arts - James 07539 601603 jamese080@aol.com	7.00 to 8.00pm
Thursdays	Mum & Tot Fitness – JTD_fitness – jo.h.thornley@gmail.com	9.30 to 11.00am
Thursdays	Indoor Kurling (1st and 3rd Thurs) – Drop in for a free taster session	2.00 to 4.00pm
Thursdays	Bounce – Jules Cooper – www.bookwhen.com/bouncelongmelford	6.00 to 8.00pm
Fridays	Baby Ballet – sudbury@babyballet.co.uk 07580 693747	9.30am to 12.00 noon
Monthly	Lecture series (4th Tuesday) – Suffolk Family History Society (Sudbury)	2.30 to 4.00pm
Monthly	Tea & Tech (2nd Wednesday) – Communities Together East Anglia – 01449 707030	2.00 to 4.00pm
Monthly	Lecture series (3rd Wednesday) – Arts Society of Stour Valley	10.30am to 12.30pm
Monthly	Lecture series (4th Wednesday) – Film Club Lectures – www.filmclublectures.co.uk	10.30am
Regular classes	& workshops at the Football Club	
Mondays	Bingo age 18+ all welcome, no need to book	7.00 to 10.00pm
Wednesdays	Men's Shed – Colin – sudburymensshed@gmail.com 07772870052	10.00am
Thursdays	Strictly Swing – Swing Jive/Lindy Bop Sarah Buldock 07956614824	7.00 to 9.00pm
Sat/Sun	Colts and Fillies Junior Football – Ian Ambrose – 07970 384576	Call for details
Sundays	LM Veterans Football – Dan Bull – 07925 867247	Call for details
Sundays	Strictly Swing – Balboa/Collegiate Shag Sarah Buldock 07956614824	7.30 to 9.30pm
Monthly	Pete the Feet – an evening of 50's music, free jive and stroll tuition (last Friday, not Sept) Pete 07974201878	7.30 to 10.30pm
Regular sessions	at The Library (St Catherine's Church)	
Tuesdays	Wordplay	2.00 to 2.30pm
Wednesdays	Top Time	2.30 to 4.00pm
Saturdays	Family Crafts and Lego Club	9.30am to 12.30pm

PTO for Regular classes and workshops at the Old School  $\rightarrow$ 

	Diary Matters		
Regular classes & workshops at the Old School			
Daily	Yoga Studio – Áine McGovern – www.longmelfordyoga.co.uk 07840 030545	See website	
Mondays	Card making – Pauline Andow – 01787 228790	12.30 to 2.30pm	
Mondays	Slimming World – Dean Cox dean.cox1@sky.com	5.30 and 7.30pm	
Tuesdays	Upbeat (Heart Support Group) – Hilary Neeves – 01359 232678	9.00am to 1.00pm	
Tuesdays	<b>U3AArt</b> – Vernon Lever – 01787 310511	1.30 to 4.00pm	
Tuesdays	Sophia Paper Kite Yoga – Sophia – 07968 165185	6.00 to 9.00pm	
Tuesdays	Yoga with Clare Turner – clareturneryoga@gmail.com	5.45 to 7.15pm	
Wednesdays	Life Drawing – John Garbett – 01787 378798	10.00am to 12.30pm	
Wednesdays	Keep Fit – Heather Mahony – sheather.mahony@btinternet.com	11.15am to 12.15pm	
Wednesdays	Friendship Dancers – Robin Hart – 01787 269613	3.00 to 5.00pm	
Wednesdays	<b>Silver Band</b> – Mike Murkin – 01787 312605	7.30 to 9.30pm	
Monthly	Photography Group (1st Monday) – Derek Challis – 01787 373738	Mornings	
Monthly	Good Grief Bereavement Support (3rd Wed) – june@ggbereavementsupport.com	10.00am to 12.30pm	
Monthly	Bead Club – (1st Thursday) Victoria Power - 07866 996124	10.00am to 12.30pm	

If you would like your activity or event listed here, let us know the details by emailing MelfordMattersAdvertising@gmail.com. Details for December/January need to reach us by **1st November**.



Thank you!

Thank you for all of your support over the past 4 years...

It is now time for us to sail onto a new adventure!

For the foreseeable future, we will be closed on Monday's & Tuesday's!

www.longmelfordswan.co.uk

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## Holy Trinity Matters

#### Holy Trinity Fundraiser Reaches New Heights

As the repairs to Holy Trinity's upper windows (the 'clerestory') progress, over £570 has been raised from guided tours to the top of the internal scaffolding to see the repair works at close hand. The window glass is being painstakingly cleaned inside and out, and loose masonry is being cut out and replaced. In the process, workers discovered an image of a mediaeval lady scratched into the stone (it's unclear when this 'graffiti' was added).



Organiser Judi Moss tells us, "32 brave and hardy souls climbed heavenward over four separate tours. We had lots of interest for this special tour – far more than spaces available – so we're running further tours on Thursday 26th October." Tickets (including tea and cake) are £15. Booking is essential – contact Judi on 07748 038074 or email: bjmo@btinternet.com.

The tours form part of "Does God Matter: The Answer Lies in the Scaffolding", a programme of exhibitions, events and activities to promote the work of the church throughout (and despite) the disruption of the repair works.





**A New Guide to our Stained Glass** We're part way through our £1 million project to restore and conserve the nationally important collection of medieval stained glass at Holy Trinity. As part of this, the fundraising team has made it its business to improve the visitor experience and better explain the significance of this great treasure.

We've already significantly improved the signage in the church, printed leaflets and produced a colouring book and greetings cards which each include text on the history of the glass. Our latest offering is a 24page pocket guide to the windows.

Fully illustrated in colour, it explains why most English stained glass was destroyed in the Reformation. It also includes pen portraits of some of the high-ranking 15thcentury figures depicted in our surviving windows. We hope it will be of as much interest to Melford residents as to visitors.

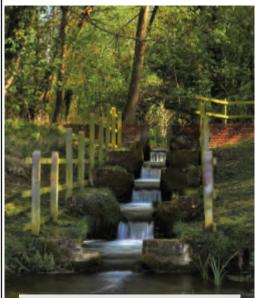
The booklet will be available in the church shop from October, price £4.50.

Simon Edge



## **Photography Matters**

For the past 15 issues, all but one of our covers – and many of the images inside the magazine – have been provided by Steve Thomson, who has kindly waded through his extensive catalogue (over 100,000 photos!) or taken on specific commissions to get us the image we're after. Steve has decided it's time to pass on the mantle, so we'd love to hear from any budding photographers in the village who'd like to



I like the Fish Ladder because of the stir it caused when it was published in Melford Magazine. Several readers complained, claiming it had not been taken in Long Melford (the magazine's policy at the time)! [Ed: It's the Chad Brook, behind Old Court]

provide images, either one-off or on an ongoing basis. If you're interested, please email melfordmattersdesign@gmail.com.

We extend our sincere thanks to Steve for his contribution to Melford Matters (and indeed to our predecessor, Melford Magazine, and many other good causes in the village). We offered Steve a chance to show some of his favourite images from his collection, unshackled from our idiosyncratic specifications. Here are three of his suggestions with his commentary on them.

Steve says, "I've enjoyed being the photographer in residence for the last few years, but now we've moved from the village it's time to hand over to some new blood. There's a plethora of excellent photographers in Melford so you'll have no problem there."



Portraiture is not really my strongest tried to bring some humour to the ge this photo of fishmonger Adam Turn brings his van to Melford every Th



Animals are among the most popular of p subjects. I titled this "The Boldest Ewe i

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### Harvest circa 1890

Harvest was drawing to a close whilst we were preparing this issue so we couldn't resist including this photo showing harv at Bull Lane Farm around 1890.

Many thanks to John Nunn who added the colour to the origi black and white image provided by Sue Brown.

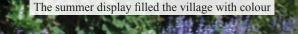


## Long Melford in Bloom

#### Long Melford in Bloom

After a drought during 2022 we decided to focus on three varieties of drought resistant geraniums for 2023, plus salvias on our bridge displays, the aim being to save on watering. We should have realised that this would lead to one of the wettest summers in recent history. For summer 2024 we're planning on much more variety with an anticipated focus on begonias plus lots of other plants.



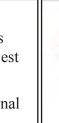






Our winter displays should be in place by the end of October. The most colourful and hardiest winter plants tend to be violas/pansies so we'll use those. Once again we're going for yellow and blue, to show support for Ukraine. These will show a little colour over the darkest months, but should be at their brightest in the spring.

As ever thanks to our sponsors who in 2023 included the Parish Council, the Fire Station, Open Gardens, the Village Hall, Bespoke Blinds and Pure Elements. Also grateful thanks to our band of volunteers.



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Saturday 25th of November 10.30am -3.30pm

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## Youth Matters

#### **Action Stations for the Scout Groups**

Membership in the Squirrels, Beavers and Cubs is thriving. This is a busy time of year for the scouts. With so much to plan and organise, we're delighted to have welcomed some new leaders.

Our scouts enjoyed their 4-day trip to Thriftwood campsite in Brentwood, where they took part in activities such as a vertical assault course, climbing and abseiling. But the highlight was a day trip to London to tackle the O2 Arena glass floor walkway. This is 52 meters above ground, at a 30° angle in parts and with views through the floor of the Thames.

In September, the Beavers enjoyed a fabulous day out to Bewilderwood, a Norfolk adventure park. This was largely funded by the £630 we raised from the Wheelbarrow Raffle at the Melford fete. In October, the Squirrels and Beavers have a visit planned to Sudbury Police Station. Also in October, the Beavers will be visited by one or two rescued barn owls and will learn about their habitat, threats they face and so on.

Readers will expect scouts to be prepared. So, it's no surprise that they've already written to Santa, who will visit the Squirrels and Beavers in December.





#### Guiding Principles and Play

Sisters Isla and Verity told us why they love being Guides:

We do lots of fun activities. We play games and make things. We're always learning new skills such as whittling and building a fire hot enough to cook on. Guide Camp is great fun too but it also makes you feel more grown up as you're away from your family. You also learn more about yourself and your own capabilities and limits. You learn who you can work with as a team and who are not team players and what can you do to make it work (or not). We discuss all sorts of things such as first aid, well-being, how to grow as an individual etc. We can talk to our guide leaders in confidence. You make lots of new friends at guides.

Anwen, a young Guide Leader told us:

I've been a part of guiding for as long as I can remember. Chadbrook Guides always made me feel welcome. People have the idea that guiding is just for girls who want to knit and natter. But we also go out and have adventures. We rock climb, do archery and air rifle shooting. Whatever we do we give it our best shot and have great fun. I love guiding, only have good things to say about everyone that I've met and couldn't recommend it more.

## **Parish Council Matters**

#### **Improving Melford's Infrastructure**

The new housing estates that have been built recently are boosting the PC's coffers. That's because the developers are required to pay a Community Infrastructure Levy (CIL) to Babergh on all new homes built. It's intended to help pay for infrastructure improvements needed because of the increased population.

The Parish Councils get 15% of the amount that Babergh receives. In future, our Parish Council will receive 25% because we now have an adopted Neighbourhood Plan.

We currently have around £130K of CIL money in the PC coffers and have set it aside for specific infrastructure improvement projects, including:

- Highways improvements, including a possible additional traffic island on Hall Street
- Much stronger and better-looking pavement parking bollards in Hall Street and Little St Mary's
- Repairs to the Old School car park surface
- Part-funding of the Cordell Place Play Area expansion (including a new toddler play area) and improvements

On top of this, the PC intends to apply to Babergh for almost £80,000 of Babergh's CIL money to go towards the costs of the Cordell Place play area project (the expected cost of which is in the region of £130,000). It also intends to renovate the toilets at the Country Park.

#### No fly-tipping please

Sadly, some people are still fly-tipping at the recycling area in the Old School car park. Recent

examples include metal piping, a set of hubcaps and a pet carrier.

Fly-tipping is illegal and punishable by a substantial fine or even imprisonment. Please don't do it. Please take your unwanted items that don't suit the containers in the car park to the recycling centre in Sudbury.





## **Royal British Legion Matters**

#### What's Next for the RBL Site?

The concrete bollards are up and there'll be no further action at the RBL until it's valued and sold.

The property is listed as an Asset of Community Value by Babergh (BDC). This expires on 7th January 2025. If the RBL puts the property on the market, it has to advise BDC of its intention. BDC would then write to the Parish Council giving any eligible community group six weeks to lodge an Expression of Interest in buying it. Such an Expression would extend the six-week period to six months, during which time the property couldn't be sold to anyone else, allowing bids to be put together and funds raised.

The Community Association, represented by Graham and Rosey Eade, has joined forces with Amy Hyde Parker, David Martin and Farley Boxall to see if the site can be purchased for the community.

Melford is well served for event hirings at the Old School, Village Hall and Football Club, so one option is to create a Community Hub where people can meet, get advice or help as well as events hirings. The group has met twice to investigate options which benefit the community and has already contacted the Library and Surgery to gauge their interest in using parts of the building.

We want to know your ideas, so please email them to communitylmrbl@gmail.com.

We're looking at funding options but can't move forward with these until we know the valuation and whether a purchase is viable. We don't underestimate the task of raising a very substantial sum of money.

#### RBL Site Steering Group





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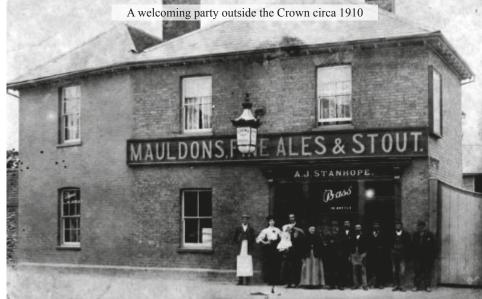
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## **Heritage Matters**

#### That Must Have Been Some Pub Crawl

Try to imagine Melford with double the number of pubs we have today -12 of them on a two-mile stretch. Well, that was Melford in the 1890s and early 20th century. Over the years, the village has lost the Perseverance, White Horse, White Hart, Cross Keys, King William and Scutchers Arms.

Why so many pubs? Melford was an important route to and from points east, and travellers needed rest and refreshments in the village coaching inns. But Ernest Ambrose, in his book 'Melford Memories', cites another reason. Many of the village cottages were overcrowded. some men would 'escape to the warm little pubs – a comfortable bolt hole'. The earth floors were covered with sand or sawdust, there were spittoons and a 'prevailing smell of stale beer and tobacco' not much to attract many of today's pub-goers.



Of course, another reason for the popularity of pubs was the price of beer. Pubs brewed their own beer. The quality varied but the cheapest was 1d (in old money) a pint – 42p in today's prices. Ernest Ambrose says that it wasn't unusual 'to see a man or even a woman, rolling about the street, quite incapable'. Indeed, Ernest was all of seven-years-old when he was first intoxicated.

Animals weren't exempt from the delights of beer either. Ernest remembers that his father gave his pigs a mixture of bran and beer on which they thrived. He also remembered an old man with his donkey cart regularly visiting the Black Lion. He'd have his drink but the donkey wouldn't budge till he had a pint of stout too.

With that, it's last orders please. Cheers.



## **Heritage Matters**





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## **Nature Matters**

#### Welcoming nature into Long Melford

Nature isn't always pretty or tidy. If you're a butterfly or bee you're hailed as a hero – but a villain if you're a caterpillar chewing through prized plants. Remember it's not possible to have butterflies without caterpillars! Caterpillars are also an essential food for many young birds, so destroying them endangers the birds we try to encourage.

#### Why we should love pests

Flies, wasps and slugs are generally regarded as pests and are universally unpopular. But each creature has a role to play. Flies and wasps are important pollinators – comparable to bees. The common large slugs munch through tons of detritus and even eat other slugs. Numerous flies and beetles consume dead animals and poo. Without them the world would be a very unpleasant place. So, how about championing these underdogs?



Equally, unmown and untidy areas in the public domain or our gardens are not to everyone's liking. Our trials with unmown areas in the village this summer raised a few complaints, but we needed to assess the areas to see what we need to do in future to make them richer in biodiversity and more attractive. By the time you read this, these areas, and our wildflower areas on the two Nature Reserves (Melford Walk and the Country Park) will be cut and managed to weaken the grasses, leaving more space for flowers to thrive.

#### Help the birds and hedgehogs

Feeding birds in the garden during the winter can be a lifesaver, as the supply of natural berries and seeds reduces. Lots of creatures rely on our gardens for shelter in winter. Birds use nest boxes overnight and our hedgehogs need places to hibernate. Give them log piles or a hedgehog box in a quiet corner. Please don't tidy up seed heads and dead stems as these provide shelter for insects.

The Biodiversity Group continues to do what it can to encourage and improve biodiversity and will again be holding regular working parties to improve the environment. Nature needs us all to do our bit – both at home and in the wider area. We desperately need more

people to get involved. For details, please contact me or Lisa Tipper (tipperl@longmelford-pc.gov.uk)

Jane Burch, jane\_burch@yahoo.co.uk

## **Health Matters**

#### **Flu Vaccinations Planned for October**

We've started contacting eligible patients to book their Flu vaccination, which we anticipate will happen at the very beginning of October. Confirmed dates will be published in the practice and on the practice website. Please wait to be contacted by us as NHS England has stipulated the order in which patients are to be vaccinated.

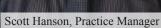
We're working to ensure that the last few points raised by the Care Quality Commission in its June report are corrected in preparation for its next visit, which should see the practice moving from a Requires Improvement to a Good rating. We continue to recruit for reception staff and should any readers wish to apply please send your CV to the practice marked for the attention of the Practice

long melford

Manager. We're pleased to say we're now interviewing for a Paramedic. If any of the candidates are successful, this will enhance

the clinical team and the level of services we offer.

We're also looking for new members of our Patient Participation Group (PPG). If you're interested, please email Longmelford.reception@nhs.net and your details will be passed on to the PPG chair.

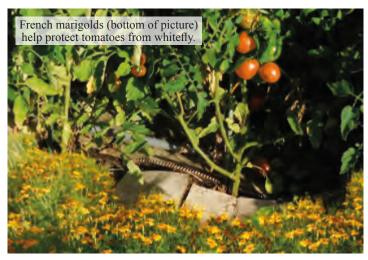


## Gardening Matters – Notes from the potting shed

#### **Companion Planting Ideas**

We've received so many queries recently about companion planting that we're devoting all our space in this issue to that topic. For anyone not familiar with this concept, it's essentially using one plant to help another. This could be by encouraging pollinators for example, or by attracting pests away from the more precious plant. Its roots are in prechemical horticulture, but it's regaining popularity as more gardeners try to avoid spraying and treating their plants with non-organic materials.

The range of possible productive pairings is extensive, so we're focusing on our top four suggestions. First, the humble nasturtium is a true garden hero. If you plant it next to brassicas (such as cabbage, cauliflower, sprouts and kale), it attracts caterpillars which would otherwise munch through precious brassica leaves, which means they'll be largely untouched - despite the best efforts of cabbage white butterflies. The brassicas will, of course, still need



protection from pigeons. The second great use of nasturtiums is to protect roses from aphids. They achieve this by attracting hoverflies which will feast on the aphids leaving your blooms intact.

#### **Protecting Tomatoes, Carrots and Leeks**

Our third suggestion is to use French marigolds (Tagetes) to protect your tomatoes, whether in a greenhouse or outside. The marigolds have a strong, distinctive smell which is unappealing to whitefly and will deter these aphids from attacking any crop which might otherwise succumb to it. It's worth remembering however, that the fragrance from marigolds can be counterproductive for growing beans and cabbages, so careful planning and planting is required.

Our fourth tip is to interplant alliums, particularly leeks, with carrots. Those of us who regularly try to outwit the persistent carrot fly will know how much damage they can do, but the powerful smell from alliums such as leeks can mask the carrot smell so effectively that the crop is spared. The delightful bonus is that both the onion fly and leek moth are also deterred by the smell from the carrot foliage. This is truly a situation where both plants benefit from being grown near one another and neither suffers at all from the arrangement.

We hope some of these suggestions help for next season. Meanwhile, don't forget to keep saving seed for next February's seed swap.

Please keep sending your queries and tips in to Melfordmatterslifestyle@gmail.com

#### **Happy Gardening!**

#### Long Melford Village Memorial Hall

Situated in our beautiful village, the hall is the perfect venue for your event, however large or small. It offers a large function room with a stage area and a fully equipped kitchen. Tables and chairs are available free of charge if you need them and there is a large car park for the use of your quests. Whether your event is a family party, a wedding reception, a fundraising evening, an exercise class, a regular community event or a simple meeting we are sure the Memorial Hall will suit your needs.

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## **Library Matters**

#### A Fantastic Turnout for the Reading Challenge

We had a very busy summer at the Library. Our Wednesday social group for adults has been popular. Over 60 children aged 3-14 took part in our annual Summer Reading Challenge. We've also had great fun creating crafts and Lego building as our Saturday activities returned. We hope to continue our Saturday openings through the Autumn.

In November, we'll be hosting a get-together to thank all local area volunteers. At Melford, we benefit from hundreds of



volunteer hours each year. If you're interested in helping us, as a fundraising Friend, or as one of our Home Library Service volunteers, please get in touch with Nick Castell, the Library Manager, by popping into the library or dropping him an email: melford.library@suffolklibraries.co.uk

Our weekly events (Wordplay – songs and rhymes for 0-5 year-olds; Top Time – our social club for adults; and Family Crafts and Lego Club) are free to attend but donations are welcome. See Diary Matters for dates/times.

Thank you to St. Catherine's for making us feel so welcome and to our customers and supporters.

### **Pause for Thought**

#### The Dreaded Flash of White Light

I came out of the service station at 2am to an open motorway. As I accelerated, the world went white as the speed camera logged me ... at 59mph as the letter before me informs me. Alas I was unaware that I was in a 50mph zone. It remains to be seen whether Thames Valley Police will accept this explanation of my 'speeding' but I suspect I will soon find myself on a course.

However, their letter reveals something about our nature. Like a head teacher addressing naughty pupils, it lists things that are not excuses for speeding such as "I was late" and "I didn't know that cameras operated in the area (!)". My observation is that we're the same when it comes to God. So often, my temptation is to pathetically try to justify my thoughts and actions, when my conscience informs me otherwise. I'm so thankful that God loves me, invites me towards a place of freedom where I can be honest about my muddled motives, and offers forgiveness and a better way forward. I pray that you can know that place ... and get there quickly but without speeding!







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## **Brain Matters**

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#### A Quiz on War and Peace Matters

November sees Remembrance Sunday. This issue's quiz theme is war and peace - far wider than the book.

- 1. In which 11th century battle was the Anglo-Saxon King Harold killed and defeated by the Normans?
- 2. Who wrote and recorded 'Give Peace a Chance'?
- 3. Which war was ended by the Treaty of Versailles?
- 4. A dove is one of the two most common symbols of peace. What is the other one?
- 5. In August 1945, the US detonated atomic bombs on two Japanese cities. One was Hiroshima, what was the other?
- 6. Which Suffolk born composer wrote the 'War Requiem' in 1962?
- 7. Which 1998 epic war film was directed by Steven Spielberg and starred Tom Hanks?
- 8. Which British Prime Minister returned from Munich with a document he mistakenly described as 'Peace in Our Time'?
- 9. According to mythology, who was the Roman God of War?
- 10. Who wrote 'War and Peace'?

Answers on page 30.



King Harold was famously killed by an arrow in the eye, as portrayed in the Bayeux Tapestry, but in which battle?



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## **Sport Matters**

#### The Cricket Season's Over – Good News, Bad News and Sad News

The Saturday 1st XI had some excellent wins in Division 3 of the Two Counties league and finished 6th – a very respectable mid-table position. There were some fantastic individual performances, especially from Phillip King. He scored his maiden League century with 114 against Frinton and followed this up with a 98 against Lakenheath. Unfortunately,



the 2nd XI was relegated from Division 8 after a narrow defeat in the last match of the season.

Our academy section has had a fruitful summer with our



U13 side finishing 2nd in their League. The Thursday night academy sessions again proved popular. Over 60 children enjoyed the training sessions and the academy presentation and trophy ceremony and BBQ was well attended by the juniors and parents.

On a sadder note, the club lost one its great stalwarts with the passing of Eddie Sawyer, a former captain, chairman and groundsman. We held a minute's silence before our game against Lakenheath. A guard of honour made up of former team mates from the past 50 years was at Eddie's funeral at Holy Trinity.

A big thank you to our friends and local businesses for their support over the season.

#### There's Great Excitement at Long Melford Youth FC

This season, an incredible ten teams will be playing in the Ipswich Suffolk league and the Colchester District league. The club prides itself on being inclusive no matter the young person's age, sex or ability. We're just happy they're playing football. Katie Dodd, our Club Secretary, thanks all the sponsors who've helped with the purchase of kits. And a big thank you to parents who have continued to support the club.



It's been a challenging time for the senior club who have struggled during the early part of the season. Manager Dave Hennessey is determined to put things right hoping to bring in some extra fire power. The Under 23's team under the new management of Lee Greenwood has made a more encouraging start.

Equally encouraging is the increase in match attendances which is greatly appreciated by the club.

A big thank you to Skyline Networks for their investment in the club.

	Richard Kemp
Co	unty and Parish Councillor
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#### Adam Kemp

Independent Financial Adviser BA Hons, Dip PFS, Cert CII (MP & ER)

Pension, investment, mortgage, protection and equity release advice. Please contact for free initial consultation: 01284 724013 (option 7) or 07988 961240

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## **Directory of Clubs and Societies**

Group	Contact	Phone/email
Beading (Suffex Bead Club)	Victoria Power	07866 996124
Beaver Scouts	Carolyn Spraggons	carolyn.spraggons@suffolkscouts.org.uk
Chadbrook Guides	Rebecca Cox	chadbrookguides@gmail.com
Coffee & Cake @ St Catherine's	Margaret Taylor	01787 880875
Connect Toddler Group	Pam Tonks	07890 880976
Cricket Club	Ivan Newman	07944 893167
Folk & Acoustic Club	Pauline O'Brien	poboap123@gmail.com
Football Club	Richard Kemp	01787 378149
Friends of LM Church Building Fund	Richard Michette	01787 377164
Friends of Long Melford Library		help@suffolklibraries.co.uk
Good Neighbours' Scheme	Helen Eaton	07504 249179
Historical and Archaeological Society	Ian Sandham	07586 354414 Lmhas1969@outlook.com
Holy Trinity & St Catherine's Church	Rev. Matthew Lawson	01787 310845
Keep Fit	Heather Mahony	01449 736662
Long Melford Community Sports Trust	Peter Turner	01787 468536
Long Melford Cub Scouts	David Lawrance	melford.cubs@suffolkscouts.org.uk
Long Melford Group Scout Leader	Stephen Spraggons	melfordgsl@aol.com
Long Melford Museum and Heritage Centre	John Nunn	01787 313496
Long Melford Litter Pickers	Claire Hargreaves	07899 696491
Long Melford Photographic Group	Derek Challis	01787 373738
Long Melford CE Primary School	Mrs Woolmer	01787 379929
Long Melford Scouts	Graham Souch	1stlmscouts@gmail.com
Long Melford Squirrel Scouts	Carlene Hare	carlene.hare@suffolkscouts.org.uk
Long Melford Walking Group	Mike Turner	07733 102229
Long Melford Women's Institute	Jane Ebejer	01787 375862
Melford Music	John Watts	01787 310373
Neighbourhood Watch	Stuart Finch	07967 472488
Over Sixties Club	Mrs Albon & Mrs Woodgate	371413/376711
Old School bookings	Rosey Eade	schoolbooking1860@gmail.com
Parish Recorder	Geoff Randall	Melfordparishrecorder@hotmail.com 07519 626842
Project Seven	Andrew Hagger	07980 526067
Royal British Legion	John Nunn	nunnjohn@btinternet.com
Scout & Guide HQ bookings	Vicki Ramdhanie	lmsglettings@gmail.com
Silver Band	Mike Murkin	01787 312605
The Arts Society Stour Valley	John Ashton	07899 872222
Upbeat Heart Support	Hilary Neeves	01359 232678
Village Hall bookings	lettings.longmelfordvillagehall@hotmail.com	07379 894325

Please notify us of any additions or changes by emailing MelfordMattersAdvertising@gmail.com. Amendments must be received by **1st November** to be included in Issue 17 – December/January.

#### **Quiz Answers**

- 1. Battle of Hastings
- 2. John Lennon
- 3. World War I
- 4. An olive branch

- 5. Nagasaki
- 6. Benjamin Britten
- 7. Saving Private Ryan
- 8. Neville Chamberlain
- 9. Mars 10. Leo Tolstoy



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