MELFORD Matters

Issue 8 – June/July 2022

Photo: Steve Thomson

Join in Melford's Fabulous Jubilee Celebrations: there's lots to see and plenty to enjoy (page 8)

Roll Up, Roll Up: All the Fun of the Summer Fete with 50 Stalls and Events (page 10)

Help for Ukraine: Melford's generosity was "Mind Blowing" says an aid volunteer (page 16)

info@bespokeblindslm.co.uk

Tel: 01787 371387

BESPOKE BLINDS AND CURTAINS

LONG MELFORD

Made to Measure Blinds & Curtains

Roller Blinds | Vertical Blinds | Venetian Blinds | Roman Blinds | Pleated Blinds
Shutters | Curtains | Poles & Tracks | Accessories

Why Choose Bespoke Blinds

We offer a full and bespoke service
No obligation measuring and home consultation
Professional fitting service
Extensive range of curtain and blind samples
Excellent customer service
Child safety compliance to current safety laws
BBSA Members

www.bespokeblindslm.co.uk

Bespoke Blinds & Curtains
1 Brinkleys, Hall Street, Long Melford, Sudbury, Suffolk, CO10 9JR

ROBINS ROW

Insurance Brokers Since 1867

AN INDIVIDUAL SERVICE FOR ALL YOUR COMMERCIAL AND PERSONAL INSURANCE

SPECIALISING IN MID TO HIGH VALUE HOMES, COUNTRY HOUSES AND LISTED PROPERTIES AND ALL COMMERCIAL INSURANCE SOLUTIONS

TEL: (01787) 378205

EMAIL: ADMIN@ROBINSROW.COM

HALL STREET, LONG MELFORD, SUDBURY CO10 9JB

AUTHORISED AND REGULATED BY THE FINANCIAL CONDUCT AUTHORITY

Editorial

Where were you in 1952 when the Queen became monarch? Most of you were probably still glimmers in your parents' eyes. I was a young boy growing up in Blackpool and, by the looks of things, in training for the Tour de France (no, I didn't make the grade).

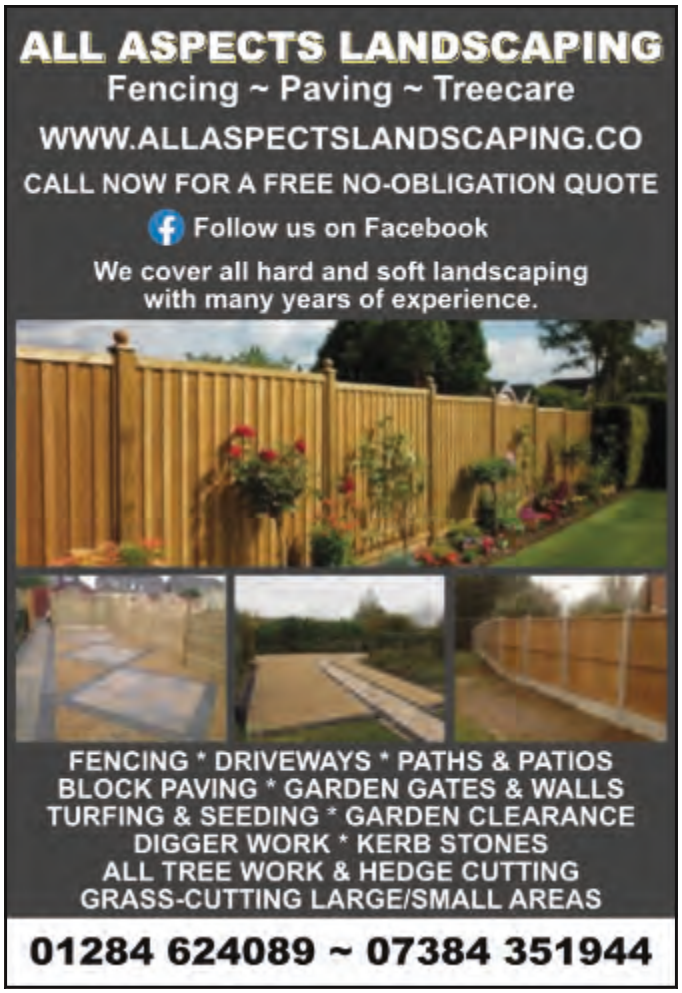
Dave in 1952

I remember vividly seeing pictures of Princess Elizabeth, on Pathé News at the cinema, filmed in an exotic part of the world when she was told of the death of her father, George VI. And I remember going round to my parents' friends to watch her Coronation the next year on one of those new-fangled television sets. But the most I remember about 1953 was that my dad was in the crowd at Wembley when Blackpool won the FA Cup – something that hasn't happened since. I live in hope.

The Melford children we contacted who enjoyed a Coronation fancy dress party didn't remember much about that day but had great fun (page 20).

I'm really looking forward to this summer in Melford. It's wonderful to live in a village where there's so much going on and where so many people volunteer their time to organise events for others to enjoy. The effort that's gone into organising The Big Jubilee Lunch in June (page 8) and the Fete and Produce Show in July (page 10) has been magnificent and they both promise to be hugely enjoyable and memorable days. The same goes for the splendid Open Gardens event on 29 May, with a new team at the helm. A big thank you to all the organisers.

Dave Watts, Editor



Country Park Events Prove Popular

We were so lucky with the weather for our Country Park Open Morning on Easter Monday. It was great to see so many visitors. Families enjoyed following the activity trail, lots of potted plants and second-hand books were bought and many a coffee and traybake were purchased from Kind Heart Coffee. The Park Friends hope to run another Open Day in August.

On the May Day Bank Holiday, we held our first Dawn Chorus Walk of the year. Seventeen bird enthusiasts were taken for a tour around the park, where they listened to and saw many birds. Highlights included a Cuckoo, Mistle and Song Thrushes, a Treecreeper accessing its nest in a tree and, on the main pit, a Little Grebe with chick. The tour ended with a delicious breakfast at Jenny Wren's café.

The Dawn Chorus walk was worth getting up early for

The Country Park remains a popular destination but it's also a Local Nature Reserve and much work lately has gone into the encouragement of wildlife at the park. Our second Breeding Birds Survey is taking place from April till June and it will give us an indication of trends for our resident birds and also the summer visiting birds that come over this time of year.

A Food and Drink Festival Treat

The Taste of Sudbury Festival is moving to Melford for 2022 and will be held in the grounds of Melford Hall on Saturday 18th June from 10am to 5pm. It will be a celebration of local food and drink, with lots of stalls from local producers and retailers and a central stage with demonstrations by top local experts. These include the owner of the Lavenham Butchers and the head chefs from the Rattlesden Arms and the Northgate in Bury St Edmunds

Entry costs £5 and is free for under 18s.

£750K Raised for Local Good Causes

Project Seven celebrated 40 years of fund-raising in April, with a social event at the new football clubhouse. The group started following a meeting of seven like-minded men in the Melford Ex-Serviceman's Club (aka the Working Men's Club). Since then, it has raised £750,000 for around 100 local good causes. It runs events such as The Big Night Out in Melford Hall Park (back this year after a two-year Covid gap). It also runs BBQs and refreshments at other events, such as the LeeStock Music Festival.

At the 40-year celebration, Project Seven's current chair Lisa Blyth presented Amy Hyde Parker with a cheque for £100 towards Melford's Jubilee Street Party/ Lunch on 5th June.

Project Seven needs volunteers to help at the events it raises money at – if you'd like to help, please contact cjblyth@btinternet.com

Project Seven's £100 cheque towards Melford's Jubilee celebrations is accepted by Amy Hyde Parker (left)

Kentwell Time Travel and Magic

From 2nd to 5th June, Kentwell is promising 'The ultimate day of History Time Travel'. You'll encounter pockets of history from a variety of eras from the Stone Age to the 1970s – each in its own individual setting in the grounds and buildings, with costumes and activities appropriate to each era.

One of the many eras portrayed in Kentwell's 'Ultimate Day of History Time Travel'

The Tudor period of nearly 500 years ago will be re-enacted from 25th June to 3rd July. The 'fully interactive experience' spread throughout the estate will include crafts, cooking, music and dancing from the 16th century and a whole community going about its everyday life in that period.

A Magic Weekend of outdoor fun for all the family – from sorcery and trickery to alchemies and fairies – is the attraction on 23rd and 24th July. Why not add to the fun and dress your little witches, wizards, elves, pixies and fairies up for their visit?

For details see www.kentwell.co.uk/events/

There's Still Time to Enter the Produce Show

The first Melford Fete and Produce Show will be held in the grounds of Melford Hall on Saturday 9th July with a 1pm start. With 50 stalls and events, there'll be something for everyone. Entry is free and proceeds from stall fees will be shared between FLUMPS and Holy Trinity Church. See the map and timetable on pages 10 and 11.

The Community Association is running the hugely popular Produce Show from a large marquee. There's a wide range of categories as listed in the entry forms available from Dilly Dally, Breakout and The Long Melford Tearoom. At 50p per entry, it's all a bit of fun, so have a look at the entry form and see which class you want to enter. There are children's sections too. Entry forms must be returned by Tuesday 5th July at the latest.

The marquee will be open at 1pm, so come and see the entries and which have won. At 3.30pm prizes will be awarded for the best individual entry and to the person who has the most winning entries.

For more information contact Rosey at rosey26@me.com.

Good Neighbours and Friends of the Library

These groups hold joint Coffee Mornings on alternate Thursdays (9th and 23rd June, 7th and 21st July) at the Old School. We're there from 10am for an hour or so and would love to see you. We welcome villagers and those from the surrounding area for tea or coffee, homemade cake and a chance to chat with new or existing friends. If you need transport to get to the Old School, just ring 07504 249179 and leave a message. We'll get back to you.

If you're interested in joining either the Good Neighbours or the Friends of the Library group, it's a great way to meet some of the team. There's no charge – all we'd like is a small donation towards costs.

FLUMPS' Fantastic Fund-Raising Efforts

The Friends of Long Melford Primary School are having a busy summer. At the LeeStock Music Festival on 3rd and 4th June we're hosting a 'Family Area' with a marquee, facepaints, a glitter station, DIY T-shirts, hair braiding, hair colouring, tattoo transfers and toys for sale.

We're heavily involved in the Fete and Produce Show on 9th July and will be organising the 'Children's Area'. We have a company coming to offer a variety of bouncy castles, we'll have Go Karts and will be offering similar activities to those above for LeeStock.

Our School Summer Fun Day is on 15th July. There'll be lots of fun activities for both children and adults. We'll have an array of inflatables including bouncy castles, assault courses and slides. A children's entertainer will provide music and magic. There'll be a BBQ, ice cream van and licensed bar.

Two Summer Art Exhibitions

Class Arts is delighted to return to the Old School for its Summer Exhibition over the weekend of 11th and 12th June. After a very successful event at Borley Church in March, the art collective from Long Melford and Sudbury will be exhibiting members' latest artworks, prints and greetings cards. The work of ten artists will be on display.

The exhibition will be open from 10am to 4pm each day and entry is free. For further information please contact julieiveson63@gmail.com

Both Art Exhibitions feature the work of talented local artists

Suffolk Art Society will be returning to the Lady Chapel, Holy Trinity Church from 22nd July to 7th August. It will feature work from around 60 of Suffolk's leading artists, including that of several new members. The exhibition promises to be a very enjoyable event, with a wide variety of art on display. Last year's exhibition proved very successful with a continual flow of visitors and 93 artworks sold. This year the Society has decided to support St. Nicholas Hospice, with 20% of the profits going to the charity.

The event is free and will open on Friday 22nd July from 12 noon to 6pm. Each day thereafter the opening hours are 9.30am to 6pm. For further information please contact: admin@suffolkartsociety.co.uk

Neighbourhood Plan – Great News

At last, the Neighbourhood Plan is reaching its final stages. An independent examiner has reviewed the Plan and recommended that it can proceed to a village referendum, subject to some modifications.

Babergh will arrange the referendum. If a majority of those voting are in favour of the Plan, it will sit alongside Babergh's planning rules and must be taken into account when considering any planning applications for building new homes.

We are currently making the necessary changes to the Plan. We are also considering how best to present the Plan to villagers before the vote takes place.

A June Return for Melford Music

Melford Music is delighted to be celebrating 30 years of fine music in a fine church with a 14 week season in 2022. There'll be weekly recitals at Holy Trinity from Wednesday 1st June till Wednesday 31st August starting at 1.10pm.

Admission is free and a voluntary collection is held as you leave to raise money to help towards the costs of maintaining the fabric of the church. Light refreshments are also available.

The season features a fine range of musicians. The full programme will be on noticeboards around the village and in the What's On section of www.visitlongmelford.co.uk

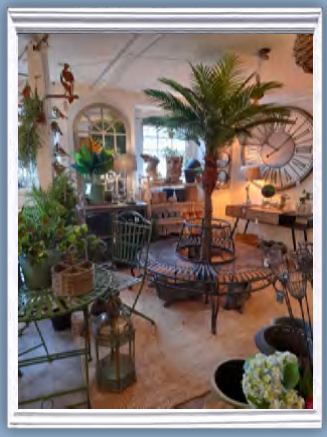
The 2022 programme starts with the East Coast Guitar Trio on 1st June. The following week Lizzie Gutteridge (who wowed our audience last August) is back with her Early Music Banquet. She'll be playing a wide range of ancient instruments such as shawms and bagpipes.

The July programme includes the Rock Choir on the 6th and Tom Cogan on the organ on the 27th.

Lizzie Gutteridge will be playing her wide range of ancient instruments on 8th June

The MELFORD ANTIQUES, INTERIORS & Lifestyle Centre

www.melfordantiquesandinteriors.co.uk Tel: 01787 323626



The largest Antiques, Interiors and Lifestyle retail Centre in the East Anglian region

16,000 sq. feet of display areas over 4 extensive floors

Fine quality Antique Furniture, Art and Collectables from the 17th Century onwards

Vintage, retro and later furniture

Glassware and porcelain

Bronzes, silver, silverplate and other metalware

Lighting, carpets, crafts and artisan gifts

Regular auctions of between 200-400 specially selected entries

Savour your purchases whilst enjoying the fine selection of food and drink in the Pullman Tea Room (closed Tues)

Mon - Sat 10.00am to 5.00pm; Sun 11.00am to 4.00pm
The Old Maltings, Hall Street, Long Melford, CO10 9JA

The Suffolk Art Society

ART EXHIBITION

at

The Holy Trinity Church

Long Melford

FRIDAY 22ND JULY – SUNDAY 7TH AUGUST
Friday 22nd July 12am - 6pm
All other days 9.30am - 6pm

FREE ADMISSION
www.suffolkartsociety.co.uk

Supporting because you matter St Nicholas Hospice Care

suregreen ...delivered in a click

QUALITY LANDSCAPING GOODS FROM A LOCAL, FAMILY-OWNED SUPPLIER IN FINCHINGFIELD

Fencing | Landscaping | Gardening
Ironmongery | Forestry & Viticulture

FREE LOCAL DELIVERY ON ORDERS OVER £50

Opening hours:
Monday - Friday: 07:00-18:00
Saturday: 08:00-17:00
Sunday: 08:00-16:00

Order online at: www.sure-green.com

Visit us at:
Viridis House, Toppesfield Rd, Finchingfield, Essex, CM7 4NZ

Contact us:
sales@sure-green.com
01376 503869

For trade enquiries:
trade@sure-green.com
Or call David on: 01376 653320

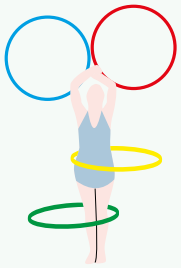
Trade accounts available

FREE Click & Collect **Local HIAB Delivery**

The Big Jubilee Lunch ~ Sunday 5th June

SET UP

From 10 to 11.30am you are invited to set up: Bring your own tables and chairs and choose a spot along Hall Street where you can sit together with friends and family. There will be volunteer marshals ensuring that tables are lined up and appropriate space is left down the middle of the street. Tables to remain in place until 4pm.



LUNCH OPTIONS

You could bring your own food from home, collect your pre-ordered food from Eliza's Pantry, Dilly Dally and The Pullman Vintage Tea Room, or you could book a table at one of our cafés, pubs or restaurants.

COMPETITION TIME!

Prizes will be awarded for

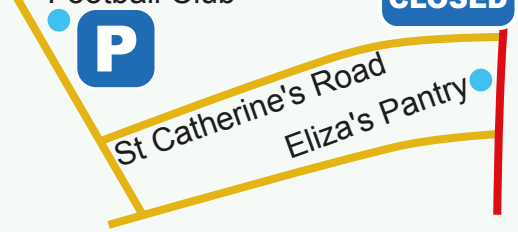
- Best Dressed Table
- Best Dressed Shop
- Best Dressed Person

ENTERTAINMENT

Acrobats, a balloonist, hula-hoopers and a barrel-organ player will be travelling through the street. The Silver Band will be playing and you will have the chance to see fire-eaters and get your faces painted.

ROAD CLOSURE

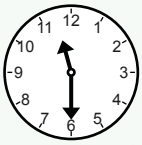
Hall Street will be closed from 10am till 5pm. All vehicles will need to park elsewhere, just for the day. The whole street, including parking areas, needs to be completely clear of vehicles.



PICNICS

If you prefer to have a proper picnic on the grass, you can use Policeman's Green near the Bull Hotel.

WHEN DOES IT ALL KICK OFF?



Make sure you are seated by 11.30am and sit back and enjoy the royal procession and classic vehicles.

Don't forget to bring your Jubilee flags to wave during the procession!

WHAT IS HAPPENING AFTER THE LUNCH?

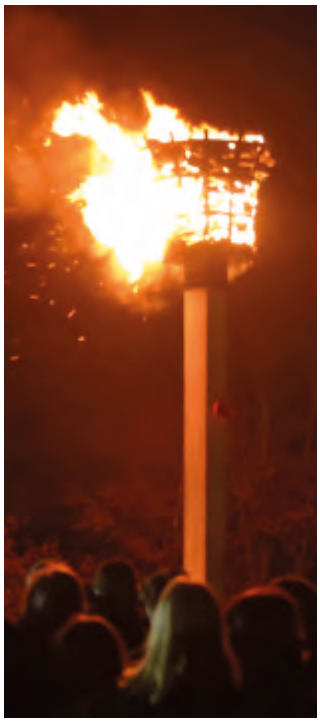
The Jubilee celebrations will continue with live music in Hall Street, including Rockhouse, Route 66, RPM45, Harpers Ferry and Oblivious. Pubs and cafés will be open. Nethergate and Bar Rumba will have pop-up bars. Please leave your tables and chairs but make sure you remove them by 4pm as the road opens again at 5pm.

The Queen's Platinum Jubilee Weekend

Thursday 2nd June

Lighting of the Beacon – 9.15pm for 9.45pm

Along with over 1,500 other Beacons throughout the UK, the Long Melford beacon on the Upper Green will be lit at 9.45pm to celebrate the Queen's 70th year as Monarch. Beacons will also be lit in every Commonwealth country.



A ceremony in front of the beacon, led by Holy Trinity's Rector Matthew Lawson, will start at 9.15pm. It will be opened by a Town Crier, followed by hymns, a bugle call and the National Anthem.

It will culminate in the lighting of the beacon by Jean, Lady Hyde Parker and be followed by a peal of the church bells and the playing of the new 'Song for the Commonwealth'.

It should be a great occasion, so why not go along, join in the fun, and celebrate our Queen's remarkable achievement?

The Melford Poppies, formerly the Long Melford Women's Institute, are hosting their monthly meeting on the night of the Beacon Lighting. They're meeting on Little Green, outside the Old School from 7.15pm. Feel free to bring along a picnic and sit with them before they walk up to the Upper Green for the big event. Everybody is welcome.

The Black Lion is offering a 3-course dinner for the price of 2 courses to celebrate the Lighting of the Beacon. (And it has a special offer from 3pm to 6pm on each of the Jubilee Weekend days: buy one round from the Jubilee Drinks Menu and get the second round free.)

Friday 3rd and Saturday 4th June

LeeStock Music Festival returns to the village for what is sure to be a fantastic two days of live music. Tickets sold out weeks ago.

Saturday 4th June

At the **Royal British Legion Social Club** the Jubilee Raffle will be drawn in the afternoon and the bar will be open. In the evening, there'll be live music from Rockhouse. Doors open at 7pm, music starts at 8pm. All are welcome. £5 entry. Rockabilly attire encouraged and there will be a live demo of Strollercise (a fitness class based on a slow rock 'n roll dance and song from the 1950s) by Marina.

Sunday 5th June

Pre-order Jubilee Lunch Options

How about taking all the hassle out of making your lunch by placing an order ahead of the event and collecting it on the Sunday morning? Couldn't be easier!

- Eliza's Pantry has a choice of delicious salad boxes: eg. chicken, salmon, halloumi or veggie quiche.
- Pullman's Vintage Café (in the Melford Antiques, Interiors & Lifestyle Centre) is offering a take-away high tea with sandwiches, scones and sweet treats.
- Dilly Dally is doing a variety of Celebration Boxes ranging from delightful scones or how about having a savoury wrap and coleslaw and if you want to go the whole hog you can add a large slice of cake to go with it all.

Prices available on enquiry and the cafés will be very much open and looking forward to serving others on the Sunday.

Jubilee Service of Thanksgiving

This will be held at 6.30pm in Holy Trinity Church.

We would like to thank our generous sponsors:

Bespoke Blinds and Curtains ~ Budgens
Bull Hotel ~ Clark and Son ~ Co-op
Cock & Bell ~ David Burr ~ Eliza's Pantry
Ex-Service and Social Club ~ Felix Coaches
George & Dragon ~ Hall Street
Indigo Ross ~ Jessica Muir Gallery
KHA Surveying and Consulting
L.R. Panels ~ Leading Lady
Long Melford Tea Room ~ LookinGood
Mark Turnbull Photography
Nethergate Brewery ~ Parish Council
Project 7 ~ Pullman Vintage Tearoom
Royal British Legion Social Club
Sewing Kabin ~ Tanswell's Bakery
The Crown ~ The Hare Inn
The Mill, Long Melford ~ The Swan
Valeting Supplies Ltd
Village Memorial Hall ~ Woolpatch

Long Melford Village Fete and Produce Show

THE TIMETABLE FOR THE DAY

- 8.30am - 10.30am - Produce items to be dropped off for judging in the Produce Marquee
- 10.30am onwards - Produce Show to be judged
- 11.00am - Small stallholders allowed to set up in Melford Hall Paddocks
- **1.00pm - The Long Melford Village Fete and Produce Show opens**
- 1.00pm - The Produce Show Marquee opens
- 1.00pm - Long Melford Silver Band to perform
- 1.30pm - The Village Tug of War Competition begins: 'Farmers vs Firemen'
- 1.40pm - Gun Dog Display, Seadogs Training
- 2.10pm - Tug of War 2: 'Fitness vs Football'
- 2.15pm - The Dog Show to begin
- 2.55pm - Tug of War 3: 'Construction vs Cricket'
- 3.00pm - Long Melford Silver Band to perform
- 3.30pm - Produce Show Awards
- 3.40pm - FLUMPS Village Raffle Prizes to be drawn
- 3.50pm - Tug of War 4: The Finals
- **4.00pm - The Long Melford Village Fete and Produce Show of 2022 ends**

MAP KEY

North Paddock

Bar Rumba 34
Church Stained Glass Fundraisers 9
Crafts Marquees 2
including Wax Melts, Gift Stalls, Katie Green Weaving, Ceramics, Painted Glass, Wool Items, Children's Memory Boxes, Memory Boards, Cakes & More
Field of Cheese 10
Friends of Holy Trinity Church 36
Good Neighbours 16
Historical & Archaeological Society 6
Human Fruit Machine 32
Kind Heart Coffee 35
Litter Pickers 31
Long Melford Open Spaces 37
Long Melford Library 19
Melford Poppies (Long Melford WI) 15
Owl & Bird of Prey Display 4
Painting Group 5

North Paddock (cont'd)

Plant Stall (Tom Green) 3
Produce Show Marquee 1
RSPB 30
Simply Ice Cream 28
Splat The Rat 13
The Long Melford Museum and Heritage Centre 17
The Poppy Stand Appeal (Royal British Legion) 29
The Village Stocks 18
Tombola Wheelbarrow (Scouts and Beavers) 33
Welly Wanging (Long Melford Country Park) 39

Centre Paddock

BBQ - Clark and Son 23
Chairs and Seating 47
First Aid 46
Main Arena 48
Nethergate Brewery Bar 14
PA & Stage 24
Tug of War Location 49
Wind Up Music Machine 44

South Paddock

Face and Glitter Painting 20
FLUMPS 11, 22
FLUMPS Raffle Stand 12
Go Karts 25
Inflatable Bouncy Castle and Slide 26
Long Melford Community Sports Trust 38
Long Melford Guides 8
Penalty Shootout 21
Sweetie King 7

Melford Hall Front Lawn

National Trust - Teas, Coffees and Cake 50

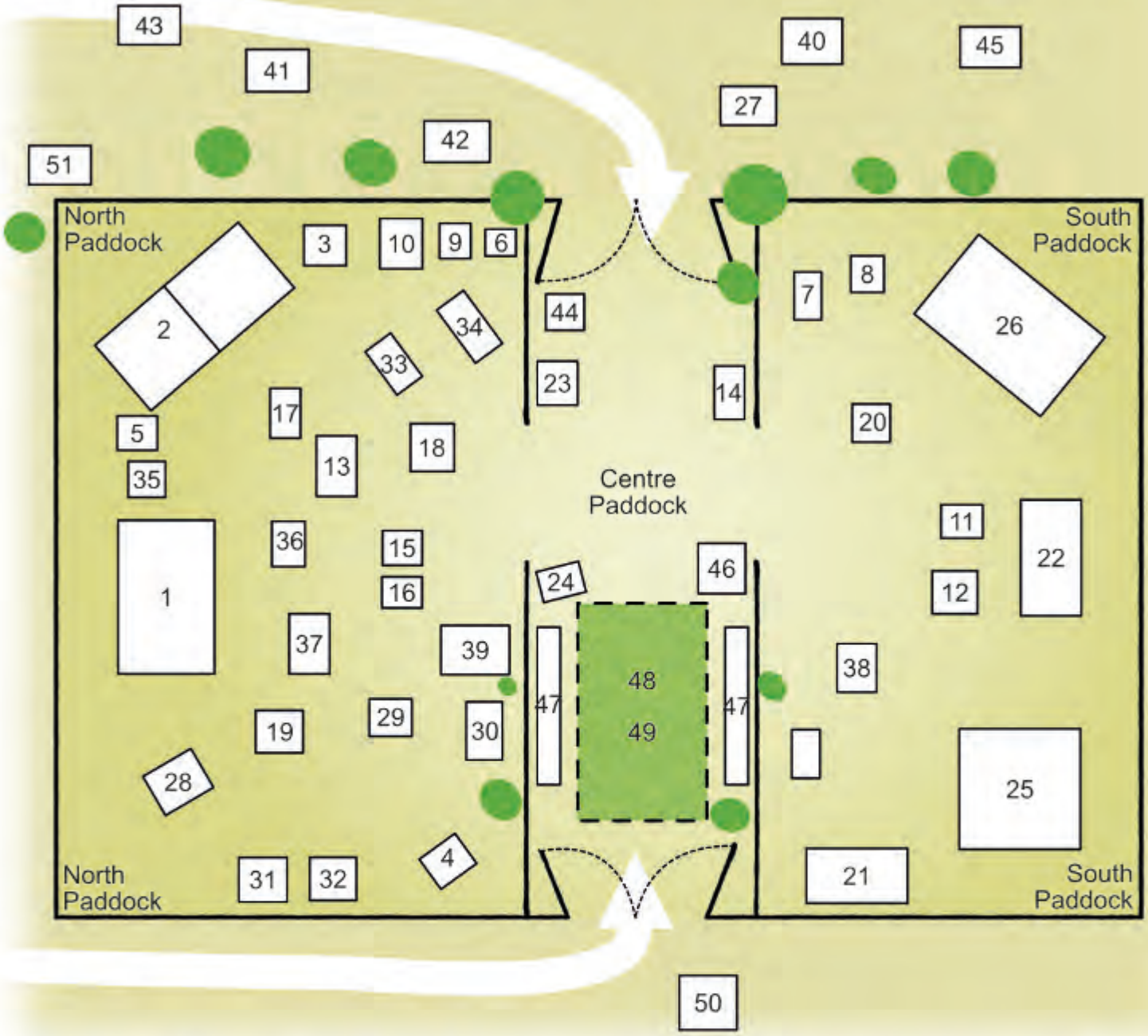
Melford Hall Park

Combine Harvester 43
Guess How many Balloons in the Tractor 41
Long Melford Fire Engine 40
Mr Whippy Ice Cream Van 27
Shetland Ponies 42
Steam Engine 45
WCs 51

Timetable, stall-holder details and map kindly provided by Amy Hyde Parker

9th July 2022 • 1pm – 4pm • Melford Hall Park

Free Entry • Proceeds of stall fees to FLUMPS and Holy Trinity Church



Diary Matters

June	Event	Venue/details	Time
Wednesday 1st	Antiques Fair	Village Hall	9.00am to 3.30pm
Thursday 2nd	**Queen's Jubilee Lighting of the Beacon**	**Upper Green near the Cemetery**	**From 9.00pm**
Friday 3rd	Bygones	LM Royal British Legion Social Club	8.00 to 10.30pm
Saturday 4th	Book Fair	Village Hall	10.00am to 4.00pm
Sunday 5th	**Big Jubilee Lunch**	**Hall Street and Policeman's Green**	**From 11.30am**
Sunday 5th	Jubilee Service of Thanksgiving	Holy Trinity Church	6.30pm
Thursday 9th	GN/Friends of LM Library Coffee Morning	Old School	10.00 to 11.30am
Thursday 9th	Parish Council: Planning / Full meeting	Old School	7.00pm / 7.30pm
Thursday 9th	Car Club	LM Royal British Legion Social Club	7.00 to 10.00pm
Friday 10th	Clairvoyant evening (£10, pre-book entertainment.longmelford@gmail.com)	LM Royal British Legion Social Club	7.00 to 10.00pm
Friday 10th	Folk & Acoustic Club upstairs	Cock & Bell poboap123@gmail.com	8.00pm
Saturday 11th	Darts Tournament	LM Royal British Legion Social Club	10.00am to 7.00pm
Sat 11th/Sun 12th	Art Exhibition	Old School. Free entry	10.00am to 5.00pm
Sunday 12th	Clopton Rose Service	Holy Trinity Church	10.30am
Saturday 18th	Taste of Sudbury	Melford Hall	10.00am to 5.00pm
Sunday 19th	Summer Craft Fair	Old School. Free entry	10.00am to 4.00pm
Tuesday 21st	The Arts Society Sudbury & S. Suffolk	Village Hall	11.30am & 2.00pm
Thursday 23rd	Long Melford Litter Pickers	longmelfordlitterpickers@gmail.com	2.00pm
Friday 24th June	Quiz Night (£10 per team, pre-book entertainment.longmelford@gmail.com)	LM Royal British Legion Social Club	7.00 to 10.30pm
Sat 25th/Sun 26th	Antiques & Vintage Fair	Old School	9.30am to 4.00pm
Sunday 26th June	Car boot. £5 per table/car	LM Royal British Legion Social Club	9.00am to 3.00pm
Sunday 26th	Long Melford Litter Pickers	longmelfordlitterpickers@gmail.com	10.00am
Thursday 23rd	GN/Friends of LM Library Coffee Morning	Old School	10.00 to 11.30am
Wednesday 29th	The Arts Society Sudbury: Chinese Imperial Court Costume, David Rosier	Village Hall	12.00pm to 3.00pm
Thursday 30th	My Little Village	Village Hall	9.00am to 1.00pm
July	**Event**	**Venue/details**	**Time**
Friday 1st	Bygones	LM Royal British Legion Social Club	8.00 to 10.30pm
Wednesday 6th	Antiques Fair	Village Hall	9.00am to 3.30pm
Thursday 7th	GN/Friends of LM Library Coffee Morning	Old School	10.00 to 11.30am
Thursday 7th	Parish Council: Planning / Full meeting	Old School	7.00pm / 7.30pm
Friday 8th	Folk & Acoustic Club upstairs	Cock & Bell poboap123@gmail.com	8.00pm
Saturday 9th	**Village Fete & Produce Show**	**Melford Hall**	**1.00 to 4.00pm**
Sunday 10th	Stained Glass Service	Holy Trinity Church	10.30am
Thursday 14th	Car Club	LM Royal British Legion Social Club	7.00 to 10.00pm
Friday 15th	Race night	LM Royal British Legion Social Club	7.00 to 11.00pm
Thursday 21st	GN/Friends of LM Library Coffee Morning	Old School	10.00 to 11.30am
Friday 22nd July to 7th August	Suffolk Art Society Art Exhibition	Holy Trinity Church	10am to 6pm
Thursday 28th	Long Melford Litter Pickers	longmelfordlitterpickers@gmail.com	2.00pm
Saturday 30th	Book Fair	Village Hall	10.00am to 4.00pm
Sat 30th/Sun 31st	Antiques & Vintage Fair	Old School	9.30am to 4.00pm
Sunday 31st	Long Melford Litter Pickers	longmelfordlitterpickers@gmail.com	10.00am

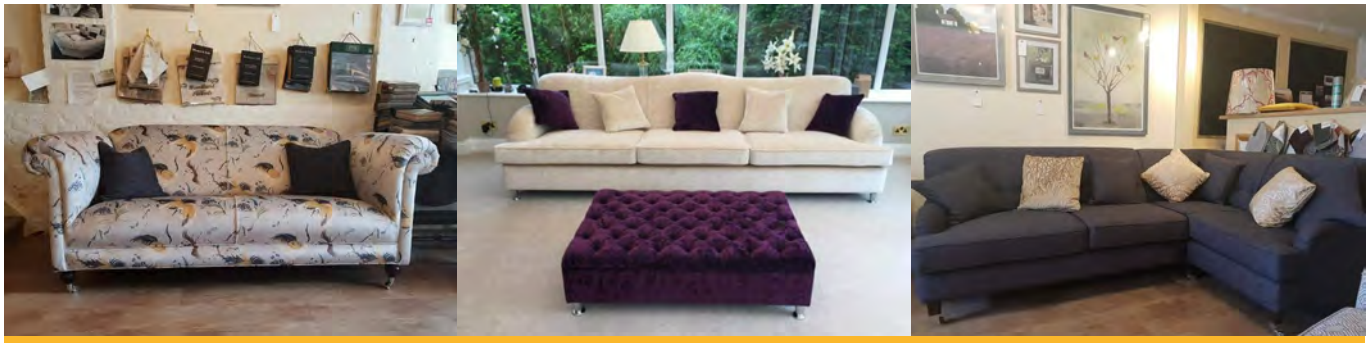
Diary Matters

Regular classes & workshops at Long Melford Village Memorial Hall			
Mondays	Bounce classes – Jules Cooper	www.bookwhen.com/bouncelongmelford	9.30 to 10.30am
Mondays	Strollercise – Marina St Leger	07917 333712 www.strollercise.co.uk	11.30am to 12.30pm
Mondays	Beau Dance for 6 to 10 year olds	Holly Cook 07512 692289	4.00 to 5.00pm
Mondays	Pop Chorus – Yula Andrews	07788 585441	7.30 to 8.30pm
Tuesdays	Pilates – Michelle Cowcher	michellecowcher@gmail.com	10.00 to 11.00am
Tuesdays	Bounce & Bounce Beats – Jules Cooper	www.bookwhen.com/bouncelongmelford	6.00 to 8.00pm
Thursdays	Bounce Barbells & Bounce – Jules Cooper	www.bookwhen.com/bouncelongmelford	6.00 to 8.00pm
Thursdays	Indoor Kurling (1st and 3rd Thurs)	Drop in for a free taster session	2.00 to 4.00pm
Fridays	Baby Ballet	sudbury@babyballet.co.uk 07580 693747	9.30am to 12.00pm
Monthly	Lecture series (4th Tuesday)	Suffolk Family History Society (Sudbury)	2.30 to 4.00pm
Regular classes & workshops at the Old School			
Daily	Yoga Studio – Áine McGovern	www.longmelfordyoga.co.uk 07840 030545	See website
Mondays	Card making – Pauline Andow	01787 228790	12.30 to 2.30pm
Mondays	Archery for Beginners	Terry Chittock 01426 160053	7.00 to 9.30pm
Tuesdays	Upbeat (Heart Support Group)	Hilary Neeves 01359 232678	9.00am to 1.00pm
Tuesdays	U3A Art	Vernon Lever 01787 310511	1.30 to 4.00pm
Tuesdays	Sophia Paper Kite Yoga	Sophia 07968 165185	6.00 to 9.00pm
Tuesdays	Yoga with Clare Turner	clareturneryoga@gmail.com	5.45 to 7.15pm
Wednesdays	Life Drawing	John Garbett 01787 378798	10.00am to 12.30pm
Wednesdays	Keep Fit – Heather Mahony	sheather.mahony@btinternet.com	10.00 to 11.30am
Wednesdays	Friendship Dancers	Robin Hart 01787 269613	3.00 to 5.00pm
Wednesdays	Tudor Archers	Terry Chittock 01426 160053	7.00 to 9.30pm
Wednesdays	Silver Band	Mike Murkin 01787 312605	7.30 to 9.30pm
Thursdays	Zen Yoga - Fiona Dinning-Cole	yoga@nowandzen.guru 07967 706041	10.00 to 11.30am
Monthly	Photography Group (1st Monday)	Derek Challis 01787 373738	mornings
Monthly	LM Poppies (WI) (2nd Thursday)	Jane Ebejer melfordinn@outlook.com	7.30 to 9.30pm
Regular classes & workshops at The Melford at Stoneylands (LMFC clubhouse)			
Mondays	Rock Choir	Adam Abo Henriksen 07840 024591	7.30 to 9.30pm
Tuesdays	Beau Dance for adults	Holly Cook 07512 692289	7.00 to 8.00pm
Wednesdays	Art Class	Edd Terran 01787 370923	2.00pm
Thursdays	Boxercise	Ivan Ambrose 07484 617943	6.30pm
Saturdays	Colts and Fillies Junior Football	Ian Ambrose 07970 384576	Call for details
Sundays	Colts and Fillies Junior Football	Ian Ambrose 07970 384576	Call for details

Diary Matters

Regular classes & workshops at Long Melford Royal British Legion Social Club			
Mondays	Twinkle Tots Ballet	Holly Cook 07512 692289	10.00 to 11.00am
Mondays	Over 60s	Entertainment.longmelford@gmail.com	2.00 to 5.00pm
Mondays	Slimming World	Sam 07377738813	5.30 to 8.30pm
Tuesdays	Tot Rock & Baby Bounce (0 to 5 yrs)	melford.library@suffolklibraries.co.uk	2.30pm
Tuesdays	Bingo	Entertainment.longmelford@gmail.com	7.00 to 10.00pm
Wednesdays	Top Time (for the over 50s but all welcome)	melford.library@suffolklibraries.co.uk	2.30pm
Wednesdays	Crib	Entertainment.longmelford@gmail.com	7.30 to 10.00pm
Thursdays	Yoga	Entertainment.longmelford@gmail.com	9.30 to 11.30am
Thursdays	Tweens Dance Class	Holly Cook 07512 692289	4.00 to 5.00pm
Thursdays	Strollercise	07917 333712 www.strollercise.co.uk	6.00 to 7.00pm
Saturdays	Saturday Craft for children	melford.library@suffolklibraries.co.uk	10.00am to 12.00pm
Saturdays	Live music	Entertainment.longmelford@gmail.com	7.00 to 11.30pm
Regular events and services at Holy Trinity Church			
Wednesdays	Melford Music Lunchtime Recitals	For individual recital information www.visitlongmelford.co.uk	1.10pm
Sundays	Main Service	Holy Trinity Church	10.30am
Monthly	Choral Evensong (1st Sunday)	Holy Trinity Church	6.30pm

If you would like your activity or event listed here, let us know the details by emailing MelfordMattersAdvertising@gmail.com. Details for August/September need to reach us by **1st July**.



Edward Charles Interiors is a family upholstery business and has had a showroom in Ringers Yard, Long Melford for 7 years. The business has been established since 1971 with a workshop in Essex.

www.edwardcharlesinteriors.co.uk
01787 377705
edwardcharlesinteriors@btconnect.com

EDWARD CHARLES INTERIORS

Bespoke Handmade Furniture

We make bespoke handmade upholstered furniture such as made to measure sofas and chairs, as well as headboards, ottomans etc.

We also offer a full reupholstery service including furniture in the home, as well as pubs, hotels and also vintage cars, boats, horseboxes and caravans.

Youth Matters

Melford's Squirrels outside their Drey

The Squirrels Are Up and Running

The Squirrels are Melford's newest and youngest scouting group. The four to six-year-old Squirrels are pictured wearing their smart red tops at their official launch in April. Squirrels will meet weekly in term time on Fridays from 4.30pm-5.30pm and will be led by Squirrel Nutkin (Carlene Hare) and Red Squirrel (Rachel Terry).

Like the Beavers, who are aged six to eight years, the Squirrels are having a busy time. They carried out a litter pick in the build-up to the Queen's Platinum Jubilee. Both groups are also involved in lots of outdoor activities. These include learning fire lighting and cookery skills and taking part in a joint activities day at the Country Park. Other projects are 'mini beasts' (which involves spotting insects such as ladybirds, shield bugs and beetles) and 'water rockets' (fun and games with water flying through the air).

The Beavers enjoyed tackling the climbing wall at Great Cornard Sports Centre. It's hoped that there will be boating at Lackford Lakes and archery sessions for the Beavers and older scouts.

Older scouting groups include the Cubs (aged eight to 10½), Scouts (10½ to 14) and Explorers (up to 18).

The Beavers Climb Every Mountain in Great Cornard

Fragrance by Candlelight

Tel: 07968 577247

Nestled in the heart of Long Melford's Hall Street, we offer a good selection of gifts for all occasions

We stock Yankee, WoodWick, AromaWorks, Woodbridge Soy Candles and much more

Open 10.30 until 4 Wednesday - Saturday
11 until 3 on Sunday

Fragrance by Candlelight
Waterloo House, Hall Street, Long Melford, Suffolk CO10 9JL

Message or call 07968 577247 for any enquiries

Carolyn Spraggons, now Assistant District Commissioner for Squirrel Scouts, tells us that they're always looking for more leaders, particularly for the Beavers. If you're interested in helping, please email Carolyn.spraggons@suffolkscouts.org.uk

Melford's Beavers in their Lodge

Heritage Matters

Preserving Melford's National Treasure

Everyone in Melford knows our medieval church is impressive. But how many realise its stained glass is a treasure of national importance?

Nine-tenths of English medieval stained glass was smashed in the Reformation and the Civil War. Our church, built with the wealth of the wool trade, wasn't immune. However, the sheer number of windows in our vast building made it hard to destroy all the glass.

A small image of God the Father looks down on the secular figures in the window to the right of the north door, which is currently being conserved in Canterbury

The windows that survive, in eight bays of the north aisle, are unique in England. They mainly depict family and friends of the principal funder of the church, John Clopton of Kentwell Hall. The windows show the great and good of the day, providing an unparalleled record of costumes and hairstyles.

The team from Cathedral Studi
bay of conserved stained glass

After centuries of corrosion and microbial growth, this magnificent piece of heritage is in peril. We need to clean and protect the glass, not just to restore its brightness but to ensure it survives for future generations. This will cost around £800,000.

Thanks to a generous donation from a US descendant of Clopton, received via the Friends of Long Melford

Nick Stearn (right) handing ambulance keys to one of the drivers

Ukraine Matters

"Blown away by the generosity of the people of Long Melford"

"When we saw the humanitarian crisis in Ukraine unfolding, we decided we needed to do something", says 36-year-old Nick Stearn from Diss, a locksmith and ex-soldier with three combat tours under his belt.

Fundraising and generous donations allowed him and his team to deliver three ambulances (and a support vehicle) filled up with much-needed medical supplies and baby and female hygiene products directly to where the help was needed. "We were blown away by the generosity of the people of Long Melford," said Nick.

Driving through a warzone

Eight volunteers drove from Suffolk to Poland. Five of them – wearing body-armour and helmets – crossed the border from Poland into Ukraine, 1,200 miles in total. Driving through a war zone they knew that being attacked was a possibility, but still "every single one of us was prepared to do it. The scenes along the road into Ukraine were harrowing," says Nick.

Fire engines ha
Ukraine too, in
used to be stati

os in Canterbury return the first
to its position in the north aisle

Church Building Trust, and another donation in memory of a Melford resident, we've now restored one of the eight bays (above the north door) and the glass from two more is being conserved at specialist studios at Canterbury Cathedral. These two windows will be back in place this autumn.

We still need donations large and small for the rest of the project. We'll be announcing various activities in the months ahead. In the meantime, look out for us at the fete on 9th July where we'll unveil our merchandise range: mugs, badges and fridge magnets – plus our unique stained-glass cupcakes.

Simon Edge

St Dominic, patron saint of astrologers, is one of the figures in the newly restored window above the north door. Note the difference in facial corrosion in the 'before' and 'after' pictures

They encountered mothers and children walking towards the Polish border in sub-zero temperatures, including a mother holding her one-day-old baby.

Among the donations were 150 metres of special fabric which they delivered to the head seamstress of the opera house in Lviv. She and her team were going to turn this into blankets that will protect children from shrapnel.

ve been sent to
cluding one that
oned in Melford

Four collection points

Councillor John Nunn helped organise the fundraising by setting up three collection points in Long Melford (at Budgens, the Co-op and The Woolpatch) and one in Acton. Nick was impressed: "We thought we would collect a couple of boxes here, but ended up filling up an entire ambulance and a van with all the donations collected in just one week."

Ambulance Aid is now waiting to become a registered charity and is hoping to deliver many more ambulances to Ukraine soon. The fundraising continues.
For donations please visit:
www.ambulanceaid.co.uk

Scutchers
LONG MELFORD
Celebrating 30 years
(And still going strong)

Opening times
Thursday, Friday and Saturday
12noon to 2pm (last orders)
6.30pm to 9pm (last orders)

Westgate St
Long Melford
Tel: 01787 310200

Handmade Rugs
Runners &
Large Carpets

Experts in Restoration
& Cleaning

THE
RUG
&
CARPET
STUDIO

The Old White Hart,
Long Melford, Sudbury
Suffolk CO10 9HX

Open Monday to Saturday
10:00am – 5:30pm

01787 882214

Order Online
Free Delivery

www.rugandcarpetstudio.co.uk

THE SWAN
LONG MELFORD

DELICIOUS FOOD | BEAUTIFUL GARDEN | LUXURY ROOMS

HALL STREET, LONG MELFORD, SUDBURY, CO10 9JQ

01787 468653

LIFECHECK

THERAPY COACHING TRAINING SELF

Katrina Love

Trauma Therapist and Positive Mindset Coach

is now practising from Long Melford

07747 345384

WWW.LIFECHECK.LOVE

VALETING SUPPLIES LTD

1C SMALLEY LANE LONG MELFORD CO10 9JH
(OPPOSITE RINGERS YARD)

- CAR CARE PRODUCTS
- SEALEY TOOLS
- CAR LUBRICANTS
- HOUSEHOLD ECO FRIENDLY

PLUS MUCH MORE

WWW.VALETINGSUPPLIES.ONLINE

FAMILY RUN BUSINESS

Library Matters

Update from the Library

We moved to the Royal British Legion in Cordell Road and opened on 23rd April. If you haven't visited us at our new location yet, we'd love to see you. Our opening hours and all our regular activities continue as before.

We were honoured that Suffolk Libraries won an award for 'Supporting the Isolated' as part of the High Sheriff's Awards 2022. This was in recognition of all the hard work our staff and volunteers put in across the county during the toughest parts of the pandemic.

The Summer Reading Challenge will be launched in July with the theme of science and innovation. Sign your children up for free from 16th July to help keep them reading over the summer holidays. If they read six books over the six weeks, they'll win six prizes and a certificate recognising their hard work. We're planning an award ceremony and party for August/September.

You can reserve any of millions of titles from all over Suffolk by logging onto our website. Or pop into the library and our staff can order for you. If a title doesn't appear in our catalogue, it's worth asking as our stock team will always consider recommendations.

www.suffolklibraries.co.uk
melford.library@suffolklibraries.co.uk
www.facebook.com/longmelfordlibrary
Open: Tuesdays, Wednesdays and Fridays
10am-1pm & 2pm-5pm, Saturdays 9am-1pm

Library Manager Nick Castell (centre) with Friends of Long Melford Library on the opening day at the Royal British Legion

Those Were The Days, Or Were They?

During the 70 years of the Queen's reign, the sheer scale and pace of change has been amazing. Her reign is a living history.

The Queen has seen 18 General Elections during her reign and 13 American Presidents come and go (for how many Prime Ministers, do the Quiz on page 23). Astonishingly, at the beginning of Elizabeth II's reign, Joseph Stalin still ruled the roost in the Soviet Union as did Chairman Mao in China. Pause for thought – perhaps some things aren't that different in today's world.

The Britain of today is very different from the Britain of 1952. In the early 1950s, the UK population was around 50.6 million; it's now over 67 million. For those born in the early 1950s, life expectancy was 66 years for men and 71 for women; for babies born in 2022, it's 88 for men and 90 for women.

All fit young men, aged from 17, had to do two years national service. The school leaving age was just 15. Capital punishment, in the form of hanging, could still be imposed. Abortion was illegal. Homosexuality wasn't decriminalised until the late 1960s. Green issues were but a distant dream. City winter peasoupers were frequent. The Great Smog of London in December 1952 is estimated to have caused 4,000 deaths.

Home ownership is now around 65%; back in the early 50s it was half that. The average price of a house was £1,890, that's £60,000 in today's money… if only. The average house price is now £261,000.

Coronation Day Party 1953

We contacted two of the children, who still live in Melford, pictured in fancy dress in this photo at the party outside the 'old green hut' – the original British Legion. Colin Woodhouse, sixth from the right, and still rocking with Route 66, can only remember being dressed as Fu Manchu. Audrey Wreford (née Reeve), fourth from the right and wearing a crown, remembers she had a lovely time and that the children were excited and overjoyed. She also remembers that the weather was good but admits that children never remember rainy days.

Heritage Matters

Melford children enjoy a Coronation party at what was the Scutchers Arms

Back in the early 1950s, there were no motorways; no breathalysers; no compulsory wearing of seat belts and no sat-nav. Around 4 million cars were registered – it's now approaching 33 million. In 1952, a gallon of petrol cost 4s 3d (21p); it would now cost £7.27.

It wasn't until 1954 that the rationing of all foodstuffs ended.

Home computers, the internet and social media were decades away. In the early 1950s, the BBC was the only TV channel. Not everything has changed – Sooty made his TV debut in 1952 and is still going strong. The televising of the Coronation in 1953 increased TV ownership from around 1.4 million in 1952 to 2.1 million a year later.

Those are some of the national changes since the 1950s but what of Long Melford? The children pictured at the two Coronation parties here grew up in a very different village to the Melford of today. Back then there were more pubs, more independent shops and fewer houses. Imagine Melford without not just recent developments, but others including Harefield, Roman Way, Southgate Gardens and Sampson Drive.

What will life and Melford be like in another 70 years?

NEED A PLUMBER?

A P PLUMBING

Professional service with over 40 years' experience

All plumbing work undertaken

Suffolk and all surrounding areas

Free estimates - call today

01787 282826 07940 516199

poultonplumbing123@gmail.com

3, The Old Orchard, Glemsford, Sudbury, CO10 7SX

The Long Melford Tea Room

The Long Melford TEA ROOM

A wide selection of loose leaf teas
Homemade Cakes and Scones
Light Lunches
Traditional Afternoon Tea *(pre-book only)*

The small Tearoom with a big Welcome.
We look forward to seeing you.

Open 10-5pm
Closed Tuesdays and Sundays
1 Dudley House, Hall Street
01787 881361

This Month's Column is about People

At its Annual Meeting in May, Liz Malvisi was re-elected to be Chair of the Council and John Nunn was elected Vice Chair for the year to May 2023. On 4 May 2023 there will be an election to select the next Parish Council. Some current members are considering standing down, so please seriously consider whether you want to stand and help keep Melford such a great place to live.

Civic Awards

At a special meeting in March, the Council agreed to give Civic Awards to Jayne Lines and Rob Simpson for making exceptional contributions to the Long Melford Community. Jayne served for many years on the Parish Council, including a spell as Chair. She also did lots of other things for the village; most recently, she was one of the founders of the Covid Support Group, formed to help residents cope during the first lockdown. Rob was a founder member of Long Melford Open Spaces and worked tirelessly to bring the Country Park up to scratch. He and John Nunn were also instrumental in bringing a television company to Melford which filmed an episode of the Archaeological series 'The Great British Story' – and followed that up by founding the Heritage Centre at the Village Hall.

New Councillor Co-opted

Also in March, the Council co-opted Ben Joyce to be a councillor until the next elections. We asked him to give readers a bit of background about himself. Ben says: "I moved to Long Melford in 2017 with my wife. We absolutely love the village and have recently upped the population by one with the arrival of our little baby boy.

Since moving here I've been involved in village projects, such as the Save Our Skylark Fields campaign and the petition to get cycling permitted along the old railway line.

I applied to join the Parish Council because I am passionate about maintaining and promoting the beauty and profile of Long Melford for both residents and visitors. My areas of interest include environmentally friendly transport, promoting local businesses, facilities for young people, and village events."

THE ARTS SOCIETY SOUTH SUFFOLK

"SUMER IS I-CUMEN IN, LHUDE SING CUCCU"

Medieval Rota: Summer Canon

SO WHY NOT JOIN US - THE ARTS SOCIETY SOUTH SUFFOLK - FOR THE LAST LECTURE OF THE SEASON

The Arts Society offer a series of 10 illustrated hourly talks given by experts in all aspects of the Arts in the **Village Hall**. The new season's programme commences in September. Watch this space for full details. In the meantime, **TRY US FOR FREE before planning your autumn diary!** Contact: Carole Ashton Membership Secretary by tel/email, quoting code **MM6**:

07766 107880 / creevesashton@gmail.com

TUESDAY 21 JUNE at 2 p.m

FROM PEASANTS TO CZARS: A PORTRAIT OF 19th CENTURY RUSSIA

From the snowy enigmatic landscapes of painters Isaac Levitan and the majestic forests of Ivan Shiskin to the moving portraits & epic panoramas of Ukranian born Ilya Repin (1844-1930) only hardened cynics will fail to be unmoved by the power of Russian realism art.

HALL STREET OF LONG MELFORD

Hall Street, Long Melford, Suffolk CO10 9JL 01787 464828

@hallstreetsuffolk www.hall-street.co.uk

GANT • RODD & GUNN • HACKETT

FYNCH HATTON • EDEN PARK • LOAKE

WATSONS
PLANTS

Watsons Plants is bursting with a beautiful array of perennial plants. The quality of our plants is second to none and we are confident they will be thriving in your garden for years to come. We have a substantial choice of quality shrubs and garden plants at hugely competitive prices. For the discerning gardener or enthusiastic beginner, we have something for everyone.

Louise Watson 07952 638016
Chris Watson 07941 640560

Watsons Plants Ltd, Bury Road
Depden, Bury St Edmunds
Suffolk, IP29 4BU
enquiries@watsonsplants.co.uk
watsonsplants.co.uk

Spitfire Mowers

Sales – Service – Repairs

ASPEN – long-life fuel for small engines

From strimmers to chainsaws, hedge-cutters to mowers, industrial to domestic, we have it covered.

We have access to 1000s of parts.

www.spitfiremowers.co.uk
Find us at Unit 4B Clockhouse Farm, Cavendish Lane, Glemsford, CO10 7PZ
Phone us on 01787 736618

OREGON ASPEN FUEL FOR PROFESSIONALS

Brain Matters

A Jubilee Quiz

In this issue, it just had to be a quiz about the Queen.

1. In which country was the Queen when she learned that she had succeeded to the throne?
2. Which royal residence was severely damaged by fire in the early 90s?
3. Which actress has played both Elizabeth I and Elizabeth II in films, Glenda Jackson or Judi Dench or Helen Mirren?
4. How many Prime Ministers have served during the Queen's reign, 12 or 14 or 16?
5. Where did the Queen's coronation take place?
6. How much did the coronation crown weigh, 1.2kg or 1.7kg or 2.2kg?
7. What instrument features on the Royal Standard, a drum or a harp or a horn?
8. When was the Queen's 'annus horribilis'?
9. In which month is the Queen's official birthday usually celebrated?
10. What colour is the Jubilee Line on maps of the London Underground, Brown or Grey or Purple?

Answers on page 28.

Winston Churchill was the first of how many Prime Ministers who have served in the Queen's reign?

Save Our Swifts

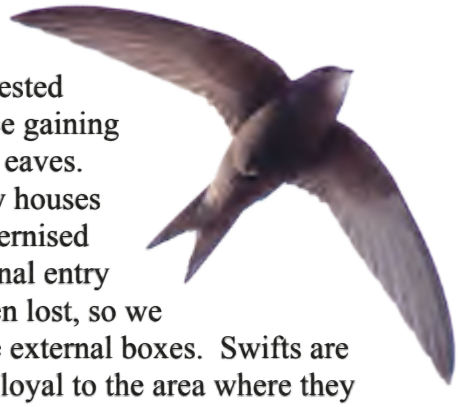
The sound of swifts is one of the highlights of summer. But not for much longer unless we do something to stop their rapid decline. Numbers have fallen by 50% in the last 25 years. There are two main reasons for this; lack of food and lack of breeding sites, and we can do something about both – so this is a call to **SAVE OUR SWIFTS!**

These remarkable birds spend most of their life on the wing, only coming to land to rear their young. They travel over 4,000 miles from Africa to breed, spending 12 to 15 weeks of summer with us.

Swifts are insect eaters, so everyone can help them by encouraging insects. Planting more insect-friendly plants, leaving areas of long grass, having a pond and log piles and a less tidy garden are easy ways to increase insect life.

Free nest boxes available

The other thing we can do is to provide swift nest boxes. The historic houses in Long Melford were once widely used by swifts, which nested in the roof space gaining entry under the eaves. However, many houses have been modernised and the traditional entry points have been lost, so we need to provide external boxes. Swifts are gregarious and loyal to the area where they were born. Young swifts that are ready to breed will search for a suitable nest site near others. Playing recordings of swift calls near newly installed boxes greatly increases the chances of them being used. Unlike swallows and house martins, that can be very messy, swifts make good house guests and it's possible you can have them in your roof without even knowing they are there.



If you have space 4 to 5m above ground, preferably north or east facing and would be willing to have one or more swift boxes, please get in touch with me. We'll arrange to get the boxes put up for you and can lend you a sound box to play the calls. Take a look at www.suffolkwildlifetrust.org/swifts to learn more about these remarkable birds and the Save our Suffolk Swifts campaign.

Look out for more news and events on the Long Melford Facebook Page.

long melford biodiversity group

Jane Burch
jane_burch@yahoo.co.uk

the Café at Willow Tree Farm
WILLOW TREE FARM SHOP
Rosehip HAIR DESIGN
Farm Shop, Cafe & Salon open 6 days a week
Cafe booking recommended
Salon by appointment
Closed Mondays
www.willowtreefarmshop.co.uk 01787 280341
Willow Tree Farm Shop & Cafe | Lower Road | Glemsford | CO10 7QU

Gardening Matters – Notes from the potting shed

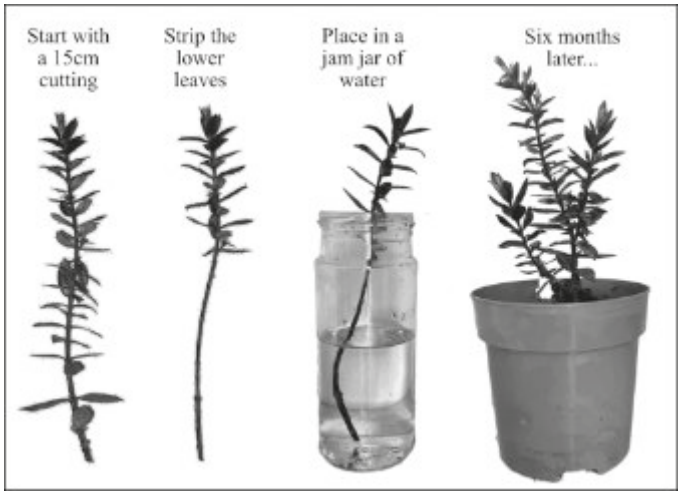
Taking cuttings made easy...

Have you ever thought that taking cuttings might be tricky and only for experienced gardeners? Are you tempted by the prospect of free plants that will be just as beautiful as the one you have already? Well, here's a suggestion for how to take the easiest cuttings possible and increase your plant stock at absolutely no cost. All you'll need is sharp knife or secateurs and a jam jar.

Simply cut a piece from your plant about 15cm long and strip away with your fingers all the leaves except those on the top 4-5 cm. Place the cutting in a jam jar about one third full of water and watch as roots form on the cut end. Once a decent group of roots is visible, just transfer the cutting to a pot of damp compost or even garden soil and watch as it produces new leaves.

This works very reliably with herbs such as mint and basil (so that one supermarket pot can be made to last all summer), as well as with many perennials such as hebes, hydrangea, fuchsia and helichrysum. If you haven't seen roots within three weeks, just change the water and keep watching. With the perennials, avoid taking a piece with a flower or flower bud on it and choose one that has some signs of new growth between spring through to autumn.

We find virtually all cuttings treated this way produce roots. If you try this out and have success with it, do let us know and perhaps send in a photograph of your triumphs. Imagine how



popular you'll be with your neighbours if you can offer them cuttings of the plants they've been admiring in your garden. There are, of course, several other techniques for creating new plants from your existing stock but we find that this method is a great way to start out on the propagation adventure.

We hope the sweet pea challenge is giving you great pleasure and forming a beautiful display throughout the village. They'll go on producing blooms for months if you keep cutting the flowers.

Meanwhile, we're very much looking forward to seeing your marvellous entries in the Produce Show at the Village Fete on 9th July.

Please keep sending your queries and tips in to Melfordmatterslifestyle@gmail.com

Happy Gardening!

Long Melford Village Memorial Hall

Situated in our beautiful village, the hall is the perfect venue for your event, however large or small. It offers a large function room with a stage area and a fully equipped kitchen. Tables and chairs are available free of charge if you need them and there is a large car park for the use of your guests. Whether your event is a family party, a wedding reception, a fundraising evening, an exercise class, a regular community event or a simple meeting we are sure the Memorial Hall will suit your needs.

	Monday - Thursday	Friday - Sunday
Commercial rate	£16 per hour	£19 per hour
Standard rate	£13 per hour	£16 per hour
Melford resident rate	£10 per hour	£13 per hour

Audio visual equipment available @ £25 per session

To book Long Melford Village Memorial Hall for you event visit our website
https://www.longmelfordvillagehall.co.uk/how-to-book/
or call 07379 894325

Pause For Thought

Respect!

We rightly give respect to people who start life in a difficult place but go on to live good lives. But how do you gain respect if you're born rich, famous, and privileged? Queen Elizabeth has somehow achieved this.

Whatever your views of the TV series 'The Crown', I think it captured the sense of faith, duty and humility with which the Queen approached her coronation and subsequent reign. Year on year, through sorrow and joy, she sought to serve God and country and to love her family. Whether we're born high or low, it's consistent hard work and faithful service of others which gain respect.

But it's not easy! One way to keep going is to refresh our souls regularly – just like Her Majesty does. Indeed, you're welcome to join Sunday worship at 10.30am every week at Holy Trinity Church, and our Jubilee Service of Thanksgiving at 6.30pm on Sunday 5th June.

In a world when we are often disappointed by leaders, let's give thanks for the Queen's good example.

Rev Lawson

Coach House
Leather Workshop
Long Melford

As an experienced, qualified Saddler I specialise in various leather repairs.

All horse tack/saddle repairs, dog leads, collars and training aids. Belts, bags, iPad and phone covers, etc. Also the above items can be made up new.

(I do not repair shoes and boots.)

Call or text: Susie Negus
Tel: 07543321492

Richard Kemp
County and Parish Councillor
01787 378149
richard.kemp@suffolk.gov.uk

Adam Kemp
Independent Financial Adviser
BA Hons, Dip PFS, Cert CII (MP & ER)
Pension, investment, mortgage, protection and equity release advice.
Please contact for free initial consultation:
01284 724013 (option 7) or 07988 961240
adam.kemp@amas.co.uk
AMAS Investments Limited

DO YOU NEED HELP AT HOME?

I am local and have excellent references as a housekeeper and carer/companion.

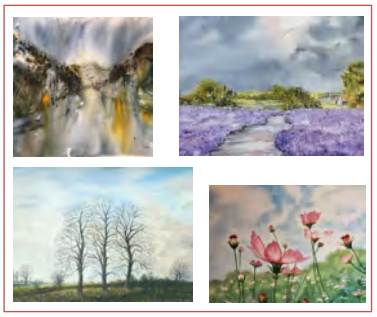
I am able to cook

clean and shop

and have always worked in private houses.

Contact Emma on
07557 367445

ART EXHIBITION
JUNE 11TH & 12TH



LONG MELFORD
OLD SCHOOL
SAT & SUN 10 – 4
FREE ENTRY

Class Arts

An Update on Our GP Surgery

All GP surgeries must have a Patient Participation Group (PPG). Their function is to discuss practice issues and the patient experience with a view to improving the service. The group should include patients, carers and GP practice staff. Our PPG was recently re-formed under the chairmanship of Anne Hinds. We've since had two meetings with GP staff.

One big issue is having to phone in. The process of 'phone first' for all contacts was introduced at the start of the pandemic. This doesn't suit everyone – but the NHS has recently issued new guidance that GP surgeries are no longer required to operate on a 'phone first' basis.

Why don't they answer the phone?

The PPG has pointed out that many patients have tried to phone the surgery and spent hours hanging on. The practice is aware of the problem and is working with its system supplier to resolve it.

In the meantime, it suggests that when patients phone and are told there are several people in front of them in a queue, they should hang up and call back later. This isn't ideal, but we'll continue to press for the matter to be resolved as quickly as possible.

Our practice has started to issue (via Facebook) updates on the number of weekly appointments undertaken. In the last week in April (the latest figures available when we went to press) the figures were: Telephone appointments 543; Face to face appointments 398; E-consults responded to 296; Missed appointments by patients 33.

These figures are for all appointments including nurses and other healthcare professionals as well as GPs. We've suggested that it would be helpful if the numbers could be split between the different groups. We've also asked how these figures compare with pre-pandemic appointments and were told that those figures were not available.

It's early days but the PPG hopes that, with the co-operation of the practice, we can work towards a better experience for the patients of Long Melford and Lavenham surgeries.

We asked the practice for input into this magazine article but received no response. You can contact Anne Hinds in writing c/o the surgery.

Steve White
Electrical Services
Part P Domestic Installer
Fully qualified, insured and guaranteed
• Extra sockets/lights
• Fuse board changes
• Electric Showers
• Fault finding/repairs
• Outside power to garden/garage
• Immersion Heaters
FREE ESTIMATES
01787 281254 or 07920 841041

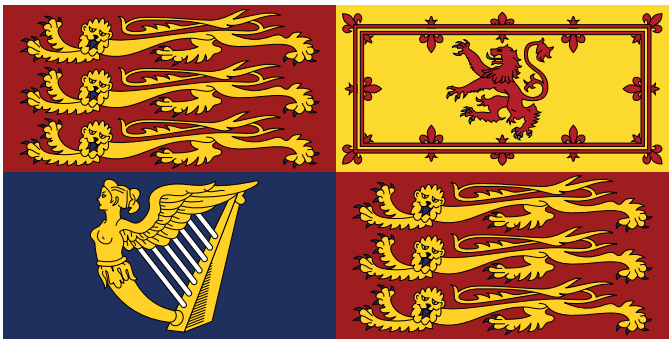
Tony Read
Carpentry
MDF Furniture maker,
2nd fix carpentry,
Wood-turner & kitchen fitter
Tel: 07970 559227

Over 20 years experience
Boiler Servicing and Installations
Landlord Gas Safety Checks
Full heating system power flushing
BB Plumbing and Heating
Ben Boxall
Mobile: 07894 856366
Based in Long Melford

50 DISHES • AWARD WINNING • CHILDREN EAT FREE*
100% FRESH LOCAL BRITISH MEAT • GLUTEN FREE NANS
100% NUT FREE • DAIRY FREE • VEGAN • 50 DISHES
The Melford Valley
Sunday Buffet
12pm - 4pm
£9.95
The Melford Valley, Hall Street, Long Melford, Suffolk CO10 9JT
01787 311519 / 310079
www.melfordvalley.com
50 DISHES • AWARD WINNING • CHILDREN EAT FREE*

Quiz Answers

1. Kenya
2. Windsor Castle
3. Helen Mirren
4. 14. They were Winston Churchill, Anthony Eden, Harold Macmillan, Alec Douglas-Home, Harold Wilson, Edward Heath, James Callaghan, Margaret Thatcher, John Major, Tony Blair, Gordon Brown, David Cameron, Teresa May and Boris Johnson.
5. Westminster Abbey. All but two monarchs have been crowned there since William the Conqueror in 1066. The first was Edward V, the boy king, who was murdered in 1483 before he could be crowned. The second was Edward VIII who abdicated in 1936 before he too could be crowned.
6. 2.2kg (4lbs 14oz)
7. A harp
8. 1992. During the year, there was a terrible fire at Windsor Castle and announcements were made that Charles and Diana were to separate, as were Andrew and Sarah Ferguson.
9. June
10. Grey



The Royal Standard (Wikimedia Commons)

Sport Matters – Cricket

A Brilliant Start for the Sunday 1st team

The season got off to a great start with fine sunny weather and Matt Hoadley and Kieran Pettitt both scoring big centuries in the opening game of the season for the Sunday 1st XI against Twinstead. Melford won by 120 runs.

Justin Bishop, our qualified coach, is running sessions for adults every Tuesday evening from 5.30pm. Please feel free to come down and take part and join our well-run friendly club.

Kieran Pettitt (left) and Matt Hoadley both scored centuries in the first Sunday 1st XI match of the season

The youth set up is very important to LMCC and we have training sessions every Thursday evening at 6pm for children aged up to 16. This will run until the schools break up in July and there will be matches at the weekends. On Friday evenings, there's Kwik Cricket for the younger members throughout the season. For more information contact Phil King 07773 083360 – phillipwking97@gmail.com.

We have the honour of playing host to Suffolk Over 50s v Kent Over 50s on Thursday 28th July. We hope to have Melford players in the Suffolk team and a big crowd watching. Why not come down and support Suffolk?

In the close season, the club completed a project to enclose old containers used for storing equipment in a barn-type structure, which looks a lot more attractive to our neighbours and visitors. Many thanks to Pyne Building and Landscapes for doing a first-class professional job.

Sport Matters – Football

Relief for The Villagers

The first team finished second from bottom of the Thurlow Nunn Premier League and would normally have been relegated. But because of a nationwide restructuring of the leagues next season, Melford was one of the teams saved and will still be in the Premier League next season. We're determined to stay there.

The Under-15s side lifted our spirits. They won the Ipswich and Suffolk Youth League Cup. Our opponents, Stowupland, had been unbeaten for three years and had pipped us to the League title. But Melford made up for that disappointment with a thoroughly deserved 2-0 win. Melford's youth section offers eight to eighteen-year-olds the chance to train and play in a friendly, family environment. For information about joining, please email Rob Bowden – robert.bowden@the-sun.co.uk.

Reserves Team Manager Dave Hennessey organised a Charity Football Match in May which raised over £3,000 for the Children with Cancer Charity. A big thank you to all who supported this event.

The club said a sad goodbye to two stalwarts at the end of the season. First team manager Jamie Bradbury has decided to take a well-earned break after five years' service to the club. He has invested so much of his time to The Villagers both on and off the pitch. Debbie Rowe, our friendly face at the refreshment hatch, is retiring. A welcome cuppa for spectators on those cold winter days and hospitality for players and officials has earned her a great reputation.

First team manager Jamie Bradbury has stepped down after five years at the club

Directory of Clubs and Societies

Group	Contact	Phone/email
Beading (Suffex Bead Club)	Victoria Power	07866 996124
Beavers	Carolyn Spraggons	01787 370686
Business Association	Jane Ebejer	01787 375862
Coffee & Cake @ St Catherine's	Margaret Taylor	01787 880875
Connect Toddler Group	Pam Tonks	07890 880976
Cricket Club	Ivan Newman	07944 893167
Explorers	Thomas Tracey	bovineesu123@gmail.com
Folk & Acoustic Club	Pauline O'Brien	poboap123@gmail.com
Football Club	Richard Kemp	01787 378149
Friends of LM Church Building Fund	Richard Michette	01787 377164
Friends of Long Melford Library		help@suffolklibraries.co.uk
Good Neighbours' Scheme	Helen Eaton	07504 249179
Historical and Archaeological Society	Julie Thomson	01787 375329
Holy Trinity & St Catherine's Church	Rev. Matthew Lawson	01787 310845
Keep Fit	Heather Mahony	01449 736662
Long Melford Community Sports Trust	Peter Turner	01787 468536
Long Melford Cubs	Stacey Cole	07368 519981
Long Melford Group Scout Leader	Stephen Spraggons	melfordgsl@aol.com
Long Melford Museum and Heritage Centre	John Nunn	01787 313496
Long Melford Litter Pickers	Julie Thomson	01787 375329
Long Melford Open Spaces	Graham Eade	01787 319120
Long Melford Parish Recorder	Julie Thomson	01787 375329
Long Melford Photographic Group	Derek Challis	01787 373738
Long Melford CE Primary School	Mrs Woolmer	01787 379929
Long Melford Scouts	Graham Souch	1stlmscouts@gmail.com
Long Melford Women's Institute	Jane Ebejer	01787 375862
Melford Music	John Watts	01787 310373
Neighbourhood Watch	Stuart Finch	07867 371564
Over Sixties Club	Mrs Albon & Mrs Woodgate	371413/376711
Old School bookings	Rosey Eade	01787 319120
Project Seven	Andrew Hagger	07980 526067
Royal British Legion	Martin Richards	01787 377567
Scout & Guide HQ bookings	Vicki Ramdhanie	lmsglettings@gmail.com
Silver Band	Mike Murkin	01787 312605
The Arts Society South Suffolk	John Ashton	07899 872222
The Arts Society Sudbury	Jan Spencer	07747 692377
Trinity Singers	Sue Roberts	01787 319850
Upbeat Heart Support	Hilary Neeves	01359 232678
Village Hall bookings	lettings.longmelfordvillagehall@hotmail.com	07379 894325

Please notify us of any additions or changes by emailing MelfordMattersAdvertising@gmail.com. Amendments must be received by **1st July** to be included in Issue 09 – August/September 2022.

Melford Matters is a not-for-profit community initiative funded through advertising and donations. It is produced and distributed by volunteers and printed by Indigo Ross Design & Print Ltd. The magazine welcomes contributions from everyone in the village. For further information please refer to the Long Melford Village Hall website, https://www.longmelfordvillagehall.co.uk/melford-matters, or email the editor, melfordmatterseditor@gmail.com, or advertising team, melfordmattersadvertising@gmail.com.

What's on at KENTWELL Jun to Aug 2022

Stunning, family-friendly country house, gardens, woodland and farm

June to Sept– House & Gardens Open
2 to 5 June – History Festival Special Event
25/26 June and 1/2 July – Tudor Kentwell 1549
Sun 17 July – launch of 50 Years Photo Exhibition

50 YEARS KENTWELL OF PROGRESS

Sat 23/Sun 24 July – Magic Weekend – Family Event
Sat 6/Sun 7 Aug – War and Peace Weekend
Sat 13 - Sun 21 Aug – Tudor Hands-On History Week
Sat 27 - Mon 29 Aug – History Festival Special Event

pre-book tickets on-line at www.kentwell.co.uk/events for £2 discount per ticket

house & gardens open • tearoom • family events • living history • weddings • filming • tours • schools

Offer for local residents
2 for the price of 1 for a visit to our Gardens
pre-book one Gardens ticket and bring this ad with you, along with proof of address to claim your second ticket (excludes special events)

www.kentwell.co.uk/events

indigo ross

Spectrum House
Woodhall Business Park
Sudbury Suffolk CO10 1WH

01787 880 260
hello@indigoross.co.uk

indigoross.co.uk

Find us on:

design

print

web

The George Dragon

Hotel

15 stylish and comfortable bedrooms, all with TV and tea/coffee making facilities

Wheelchair access throughout

Disabled help paging system

Free wireless internet access

Weddings

Approved marriage and civil partnership venue

Large gardens ideal for photographs and welcome drinks

Beautiful marquee with seating for up to 120 guests

Bespoke menus designed to your taste and budget

Buffet or full table service

Evening reception for up to 250 guests

Preferential rates for accommodation

Events

Private rooms for 30 to 90 guests, ideal for birthdays, engagements, anniversaries, wakes and other events or business meetings

Restaurant and Bar

Freshly cooked food

Sunday carvery

Bar meals

Join our local free loyalty club and get up to 25% off your food and drinks.

The George and Dragon Hotel RECOMMENDED

Hall Street, Long Melford, CO10 9JA

www.thegeorgeanddragonhotel.com

Telephone: 01787 371285

FOOD HYGIENE RATING 5

Another reason to choose us.