



MELFORD

Issue 30 February/March 2026

Matters

A muntjac by Chad Brook at Hall Mill Bridge
Photo: Holly Jones-Warren

Art House

A new business at Robin's Row offers art classes, workshops, pottery painting, art kits and more

Page 16

Men's Shed

Would you like to get involved as Stour Valley Men's Shed moves to Stafford Park? New members and helpers are all welcome

Page 17

Spring is on the way

See the snowdrops or visit the new lambs at Kentwell Hall, and spot the spring birds and flowers throughout the village

Pages 9 and 20



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welcome!

Welcome to issue 30 of your village magazine. We have struggled to fit in everything that is going on in Melford for 2026 and have tried to include something for everyone. There is some fascinating information about the Pillbox Project, and the amazing results of the ground-penetrating radar survey, both on p.19. We are indebted to our parish recorder, Geoff, for his packed round-up of life in Melford in 2025, see p.21. We hope you find the save-the-date list on the noticeboard useful, there seem to be more annual not-to-be-missed events in the village every year.

We would be delighted to receive any images taken in Melford that you have and which we could use for our front cover, maybe something with a spring/summer feel for issue

31? Please do keep sending in your pictures to photos@melfordmatters.org.uk. If you have something which might not be suitable for the cover, we will still try to use it amongst the inside copy.

Don't forget the full magazine – in colour throughout – is available online at longmelfordvillagehall.co.uk/melford-matters (or scan the QR code below).

If you know someone who would like to read the content but is not based in Melford, please let them know about the digital version.



We welcome and value all comments on the magazine and its contents. Please do get in touch at content@melfordmatters.org.uk.



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Community Matters



By the time you read this, some of our WI members will have been on a tour of British Sugar in Bury St Edmunds. There will also be a tour of the Greene King Brewery in March.

Upcoming Events:

- **Thursday 5th February**
A busy evening will commence with a talk by Stuart from The Woolpatch on the history of Lavenham Blue. We will also consider ideas for a charity to which we will donate this year, and vote on the WI Resolutions for 2026.
- **Thursday 5th March**
Our speaker, Jennifer Antill, will talk about the links between the British and Russian royal families.
- **Friday 17th April**
Our annual film night at the *Village Hall* will feature 'Hidden Figures'. Based on a true story and the recipient of multiple awards and nominations, including the Screen Actors Guild

Award for *Outstanding Performance by a Cast in a Motion Picture*, this PG-rated movie tells the story of three female African-American mathematicians who play a pivotal role in NASA whilst dealing with racial and gender discrimination at work.



Tickets will be £7 including a glass of prosecco and ice cream. All are welcome including men. **Doors open at 7.00pm for 7.30pm film start.**

Meetings are held in The Bull Hotel from 7.15pm, come along and try us out. The meetings are fun, friendly and you will be made welcome.

We also have a coffee morning group, two book clubs, a supper club, a craft group, a social pour group and a walking group – lots of ways to meet up with your WI friends.

Considering joining Long Melford WI? Contact amy@melfordestate.co.uk for more information.

Long Melford Walking Group

The group is an informal and sociable walking group exploring the countryside of East Anglia. It operates using a WhatsApp group on which walks (between 4 and 12 miles) are posted when scheduled.

It costs nothing to join and there is no obligation to come along every time. Mike Turner (DBS certified) usually organises the walks and knows the way (most times). Most walks involve a pub somewhere along the route and take place in good weather when possible. The details of each walk are sent out to members of the WhatsApp group and those that want to take part simply reply 'yes' – it's as simple as that.

The group currently has between 60 and 70 members, with each walk averaging between six and 12 people. Nobody is first-aid trained, so you are responsible for your own safety and wellbeing.

Some members of the walking group are attempting the Portuguese Coastal Camino in May 2026. This is a 15 day, 265km pilgrimage from Porto (Portugal) to Santiago (Spain). It's a self-guided walk, with planned accommodation and luggage transfer organised by the booking company. You can walk the whole itinerary and treat it like a pilgrimage challenge or do some or most of it every day, and treat it like a holiday in Portugal with some walking involved. We would like two or three more people to join us.

For more information on the walking group or the Camino, please contact Mike via WhatsApp or by direct message on 07733 102229.

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Community Matters

Long Melford Good Neighbours Scheme

The year to October 2025 was another busy one for Good Neighbours. We saw a big increase in the number of volunteers (to 50), which gave more flexibility to our process of matching volunteers to requests for help, and again supported about 90 local people with transport, domestic tasks or befriending.

In this past year, we:

- made 299 medical-supporting trips (e.g. taking people to appointments).
- completed 281 trips to social activities (e.g. coffee mornings).
- gave 137 hours of face-to-face befriending and made hundreds of telephone calls to those living alone.
- carried out nine shopping trips for people who could not get out.
- helped with eight small DIY tasks and a gardening job.
- held 25 coffee mornings (supported by Friends of Long Melford Library) at the Old School – each with an average attendance of 25 people. A lot of homemade cake was consumed! Our volunteers provided transport to and from these social gatherings for those who would not be able to attend otherwise. Over 40 people enjoyed these Thursday morning socials over the year.

Most of our medical journeys were, unsurprisingly, to appointments at the surgery, to West Suffolk Hospital or to the Sudbury Health Centre. However, our volunteer drivers also took residents to appointments at the dentist or optician, and to medical appointments further afield, such as Ipswich, Colchester and even Addenbrooke's Hospital.

If you would like to join our friendly team, or need help from our volunteers, please call 07504 249179. Just leave your details and someone will get back to you.



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Community Matters

Melford Valley Tandoori

Congratulations to Robbie Malique and the rest of the team at Melford Valley Tandoori, who recently won the Bangladesh Caterers Association 'Restaurant of the year 2025' award in Eastern of England Region 1.



Old School, New Energy

As we take our first steps into 2026, it feels like a good moment to take stock of a year that has quietly but meaningfully reshaped our community centre, and to look forward to the promise of the year ahead.

One of the most significant milestones was the award of Big Lottery funding, which has been transformational, allowing long-planned improvements and giving the hall a more secure footing for the future. The Partridge and Fox Rooms have been refurbished and made more welcoming. Regular users will have noticed the difference immediately; first-time visitors perhaps less so, but that quiet sense of “this feels looked after” is exactly what we were hoping to achieve.

Our booking offer has also broadened considerably, with the building hosting not only established community groups but also a growing number of family celebrations, such as birthday parties, christenings, wedding receptions and wakes, reinforcing the hall’s role as a place where life’s milestones – joyful and solemn alike – can be marked together. We were also delighted to welcome dance classes for children and young people aged 4 to 18, bringing fresh energy into the building.

Much of the year’s work, however, happened out of sight: reviewing and consolidating policies, tidying systems and archiving decades of paperwork. It may not sound glamorous, but this behind-the-scenes effort is essential: it protects the hall, supports volunteers and ensures that what we hand on is organised, compliant and future-ready.



Mrs Maudie Gridley and Headmaster Mr Partridge cut the cake to celebrate the school’s 100th anniversary in 1960

A small but special project is also underway, sparked by a Christmas discovery during the archive work: a photograph of Mr Partridge, one of the teachers after whom the hall’s rooms are named – a fitting ‘Partridge in a pear tree’ moment. Over the coming year, we hope to uncover and display images of all four teachers – Tolchard, Fox, Chamberlin and Hurst – reconnecting the building with the people who gave it its name.

New bookings already in the 2026 diary, including a baby-and-toddler group that will introduce the hall to a new generation, and further upgrades and refurbishments planned, will build on the progress already made.

If you would like to be part of that next chapter – whether by volunteering some time, hosting a celebration or community event, or sharing photographs or memories of the teachers connected to the building – we would love to hear from you. See longmelfordoldschool.co.uk for details of bookings and the hall’s facilities, and any enquiries or historical material can be sent to Schoolbooking1860@gmail.com.

Community Matters



A Day to Remember

Festive Long Melford 2025 proved to be a truly wonderful day for the whole community and a brilliant start to the Christmas season. Despite the typical late-November weather, spirits were high throughout the village and the rain did nothing to dampen the atmosphere. Families turned out in force, wrapping up warm and enjoying everything the event had to offer.

The new ice rink was without doubt one of the standout highlights of the day. It was busy from start to finish, with children and adults alike taking to the ice and embracing the festive fun. The bouncy snow globe, Santa's Grotto, crafts, music, and food stalls all helped create a lively and welcoming atmosphere across the village.

It was heart-warming to see so many local businesses, volunteers and residents coming together to make the event such a success. Festive Long Melford once again showed the strength of our community and provided a magical day enjoyed by all.

A Message from Father Christmas' team

Well!!! Long Melford, even in the constant rain you came out in your hundreds and cheered and waved to Father Christmas and his loyal supporters around our lovely village. It always is *The Most Wonderful Day of The Year!*

We're super grateful for everyone's support; this is our *eighth* year of doing this and we're blown away every year by the happy faces and squeals as we approach.

Our thanks go to our main man, whom we couldn't do this without – Garry – and to our gorgeous kids. And thanks, as always, to Synt Group Limited, without which the event wouldn't run.

We're thrilled to announce that through GoFundMe and the bucket collection, you wonderful people raised the amazing amount of **£570.17**. (Also: 20 Singapore cents, 70 euro cents and 5 Canadian cents, 21 Czech krona coin and an old ten pence coin!).

This will be going directly to **Number 72**, a brilliant Sudbury charity. We will meet with them in the New Year to pass this along. Thanks again to everyone, we hope that you had the most wonderful Christmas and look forward to seeing you all in 2026!



Love, Bec, Katy and Pip xxx

Melford Court Report

In this issue, our court snippets include the offence of game trespass. This was created in the Game Act 1831 and involved the act of entering or being on land during the daytime in search or pursuit of game, without permission. Game such as woodcock, snipes, and rabbits were included in the legislation and, crucially, the activity had to take place during the daytime, defined as any time between the first hour before sunrise and the first hour after sunset.

If readers have any further information about any of the events or people mentioned in the public records summarised above, we would be pleased to add in any additional details you can supply.

20 February 1891 - despite a temperance sermon being preached at the Congregational Chapel, Ebenezer Rising, mat maker of Long Melford, was charged at the Petty Session with being drunk and disorderly on the highway in Melford. He was fined 15/- including costs.

6 March 1891 at the Petty Session Alfred Whittle, tailor of Melford, and Elijah Drury, mat maker of Melford, were charged with game trespass in the village. Each was fined 2/6d plus 3/6d costs.

24 March 1891 the inquest into the death of John Chinery, aged 65, a rag and bone dealer of Melford who had been found dead in bed in his cottage in Back Lane, Melford, took place. The jury entered a verdict of 'Death was exhaustion due to heart failure'.

Reflections

Perspectives

At the start of January, there was a beautiful photograph on the village Facebook page of a full moon rising over the church tower, in which the tower was only slightly 'wider' than the moon. Of course, in reality this is an illusion – the moon is about 3,500 kilometres wide, and the church tower is only about 10m wide.

Having the right perspective can be really helpful. For example, a wise parent or grandparent can give the perspective of decades on a particular problem, and assure us that we will pull through. Or a 'glass half full' perspective enables us to see the good in life and in other people when so much is conspiring to make us feel gloomy.

Personally, I find it so much easier to enlarge my worries and concerns, and to minimise the possibility of God loving me and wanting to be active in my life. This lack of perspective and faith is as absurd as the difference between the size of the moon and the church tower. Thankfully God is kind, generous and gracious, and He delights in helping us see things afresh from His glorious and eternal perspective – even if we only manage to get a fleeting glimpse of it. Whatever you are looking forward to or fearing in 2026, I pray that you will be able to appreciate the size of the moon!

Rev'd. Matthew



Photo: Holly Jones-Warren

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MELFORD FORGET-ME-NOTS

Kentwell Hall's 2026 season begins with two much-loved events that perfectly capture the magic of late winter and early spring.

From **Saturday 14th to 22nd February**, Kentwell's **Snowdrops Event** offers an invigorating winter walk through gardens that are as enchanting now as in summer. Evergreen planting, mellow brickwork and tranquil moats provide a timeless backdrop, while carpets of snowdrops brighten the woodland like icing on a cake. If you're lucky, you may also spot the last cheerful yellow aconites. Younger visitors can enjoy the maze, yew castle, I-Spy challenges and hidden surprises, before warming up in the tearoom or tea garden.

Starting in **early March**, Kentwell's **house, garden & lambing days** celebrate the arrival of spring. Visitors can see ewes with their newborn lambs in the Tudor Stables and paddocks, enjoy daffodil-filled gardens, spot returning geese, fish in the moats, and even Percy the Peacock roaming the grounds. A joyful start to the season for all ages.

Tickets available on the Kentwell website - www.kentwell.co.uk.

The **Film Club Lectures** continue at the village hall. Upcoming topics include:

February 25th *Female Film Directors*

March 25th *Roman Polanski*

April 22nd *Cinematography*

Further details are on the website
<https://filmclublectures.co.uk/>

All are welcome.

Save the Date!

Here are some key dates for jolly Melford activities during the coming year which could go straight in your diary ...

19th April	Wellness Fair
26th April	St George's Day parade
23-24th May	LeeStock Festival
25th May	Open Gardens
29th-31st May	Fair on the Green
10-14th June	Circus on the Green
11th July	Village Fete
1st August	Music on the Green
15th August	Summer Showcase
28th November	Festive Long Melford

Also keep your diaries free for **Melford Music** which will be back at Holy Trinity church on Wednesday lunchtimes from June to August.

Long Melford Open Gardens

Spring Bank Holiday Monday, May 25th

MORE GARDENS NEEDED

Spring is approaching and we are working hard to prepare the event for this year. But we desperately need more gardens, as some of our regular gardeners are taking a well-earned break this year.

We need another five or six gardens at the least. If you would like to add yours to the map, please get in touch as soon as possible.

We welcome all gardens, big or small. They don't have to be perfect. What matters is that we have a broad selection across the village to justify the ticket price and ensure a good turnout.

All proceeds go to good causes: this year, donations will be divided equally between **Long Melford Almshouses**, **Melford in Bloom** and **Holy Trinity Church**.

Please get on board as this is a community event by the community, for the community. For more details, please call **The Mill** on **01787 378035** or email contact@themill-longmelford.com. The date for last entries is **April 20th**.

Culture Matters



On **13th February** we will be screening **Maria** (12A). Angelina Jolie stars in the life story of the world's greatest opera singer, Maria Callas, during her final days in 1970s Paris. With multiple award nominations for cinematography and costume design, as well as best actress nominations for Jolie's performance, the film promises to be a treat.

In **Freud's Last Session** (12A), our film on **13th March**, Anthony Hopkins stars as psychoanalyst Sigmund Freud alongside Matthew Goode as renowned author and theologian C.S. Lewis. On the eve of the second World War, Freud invites Lewis to a private debate on the existence of God.

Screenings are at **Long Melford Village Memorial Hall**. Doors open

at 7.00pm and the film begins at 7.30pm. **Entrance £5**. If you'd like to reserve seats, please email us. Refreshments are available before the film starts and during a short interval. Each screening includes a raffle in aid of a different local charity or good cause.



The Melford Movies team
melfordmovies@icloud.com



Long Melford Community Choir

We are a vibrant, mixed-age community choir, bringing together singers since September 2025. Our group is made up of wonderfully friendly, warm and welcoming individuals who share a passion for music and singing, using it to foster happiness and promote greater awareness of mental wellbeing. We rehearse every **Monday from 18:45 to 20:00** at **Long Melford Primary School on Cordell Road**, and would love to welcome new members. While a short audition to check for ability to sing in tune is helpful, we encourage anyone with an interest in joining and a love of singing to come along and be part of our musical community.

Matthew Russell, mattiasof2@hotmail.com





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Culture Matters



Long Melford Library will be getting behind the National Year of Reading 2026 campaign 'Go All In' (<https://goallin.org.uk>). The campaign aims to show people of all ages that reading can help you get more out of the things you love. We want to help more people across Suffolk get reading in 2026.

Check out the Suffolk Community Libraries website (<https://suffolkcommunitylibraries.co.uk>) and social media for more information.

Nick's Picks

Mercy by Jussi Adler-Olsen was the inspiration for last spring's popular Netflix series Dept. Q and introduces us to the cynical, surly, but strangely likeable detective Carl Mørck. Handed the task of running a new department for unsolved crimes whilst dealing with some pretty heavy personal problems, Adler-Olsen skilfully takes us between two distinct timelines, gradually weaving them together to drop us into a nail-biting climax.

The new Pablo and Splash book **The Castle Quest** by Sheena Dempsey has landed! This comic book series about a pair of time-travelling penguins has taken us to ancient Rome, the Ice Age and the time of the dinosaurs, but have our plucky penguin heroes finally met their match in medieval England? This series packs lots of science and history into stories full of silly jokes and puns.

Both books are available in print and as eBooks from Suffolk Community Libraries.

Borley Church Art Exhibition

The Borley Church Art Exhibition, alongside the Borley Bakes cake sale, returns on **Saturday 21st and Sunday 22nd March**. This popular event raises funds for the church.

The art exhibition is run by Class Arts, a group of local artists from around Sudbury. Affordable art will be for sale, alongside cards and other art-inspired merchandise. Borley Bakes will be offering refreshments and selling their sumptuous bakes.

Admission is free, and there is parking adjacent to the church. The event will be open on both days from 10.00am to 4.00pm.

Long Melford Silver Band

November and December have been really busy for the Band. We had our weekend away to Ypres in Belgium, with the largest band and the most guests we have ever had, and were privileged to play at the daily Remembrance Service at the Menin Gate in Ypres (see www.lastpost.be for details).



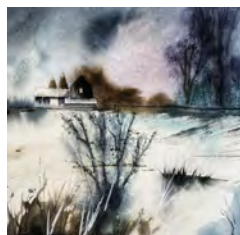
We also attended the Remembrance Service in Holy Trinity on 12th October before holding our Festival of Remembrance in Clare Town Hall later that evening.

Carol playing started early with the Long Melford switching-on of the tree lights and continued with outside carolling at Lavenham, Hadleigh, Sudbury and Long Melford. There were also two Christmas concerts in Glemsford and Long Melford and other events in Clare, Cavendish and Pebmarsh.

Mike Murkin

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Diary Matters

FEBRUARY

Wednesday 4th	9.00am to 3.30pm	Antiques Fair	Village Hall
	7.00pm	Full Parish Council Meeting	Village Hall
Thursday 5th	10.00 to 11.30am	Good Neighbours/Friends of LM Library Coffee Morning	Old School
	12 noon to 2.45pm	The Arts Society Stour Valley – <i>The Brilliance of British Architecture and Design</i>	Village Hall
	7.15pm	Long Melford WI (see page 4)	Bull Hotel
Saturday 7th	10.00am	Public Meeting re: Neighbourhood Plan	Village Hall
	7.00pm	Valentines Drag Quiz – see Eventbrite for booking	Football Club
Friday 13th	7.00pm	Melford Movies – ‘Maria’	Village Hall
	8.00pm	Folk & Acoustic Club	Cock & Bell
Saturday 14th	8.00pm	Live Music – Act TBC	Working Men’s Club
Wednesday 18th	11.00am to 12 noon	The Arts Society Stour Valley – <i>Crowds and Clouds of Angels</i>	Village Hall
Thursday 19th	10.00 to 11.30am	Good Neighbours/Friends of LM Library Coffee Morning	Old School
	7.30pm	LM Historical & Archaeological Society – Members’ Night	Old School
Saturday 21st	9.30am to 4.00pm	Antiques & Vintage Fair	Old School
Sunday 22nd	9.30am to 4.00pm	Antiques & Vintage Fair	Old School
	10.00am	Long Melford Litter Pickers	
Wednesday 25th	10.30am	Film Club Lectures – <i>Female Film Directors</i>	Village Hall
Thursday 26th	1.45pm	Long Melford Litter Pickers	
Saturday 28th	10.00 to 12 noon	Seed Swap	Village Hall
	From 8.00pm	Karaoke	Working Men’s Club

MARCH

Sunday 1st	10.00am to 12 noon	Pre-loved Toy and Clothing Event	Village Hall
Wednesday 4th	9.00am to 3.30pm	Antiques Fair	Village Hall
	7.00pm	Full Parish Council Meeting	Village Hall
Thursday 5th	10.00 to 11.30am	Good Neighbours/Friends of LM Library Coffee Morning	Old School
	7.15pm	Long Melford WI (see page 4)	Bull Hotel
Saturday 7th	8.00pm	Race Night	Working Men’s Club

Diary Matters

MARCH (CONTINUED)

Friday 13th	7.00pm	Melford Movies – ‘Freud’s Last Session’	Village Hall
	8.00pm	Folk & Acoustic Club	Cock & Bell
Saturday 14th	8.00pm	St Patrick’s Day Party – Live Music – ‘Medicine’	
Wednesday 18th	11.00am to 12 noon	The Arts Society Stour Valley – Banksy, Fraud or Genius?	Village Hall
Thursday 19th	10.00 to 11.30am	Good Neighbours/Friends of LM Library Coffee Morning	Old School
	7.30pm	LM Historical & Archaeological Society – It Happened Here in Suffolk – Pip Wright	Old School
Saturday 21st	10.00am to 3.30pm	Book Fair	Village Hall
	8.00pm	Live Music – ‘Suffolk Slappers’	Working Men’s Club
Wednesday 25th	10.30am	Film Club Lectures – Roman Polanski	Village Hall
Thursday 26th	1.45pm	Long Melford Litter Pickers	
Saturday 28th	9.30am to 4.00pm	Antiques & Vintage Fair	Old School
Sunday 29th	9.30am to 4.00pm	Antiques & Vintage Fair	Old School
	10.00am	Long Melford Litter Pickers	

REGULAR EVENTS AT LONG MELFORD OLD SCHOOL COMMUNITY CENTRE

Daily	See website	Yoga Studio – Clare Turner – www.longmelfordyoga.co.uk – 07377 068885
Monday	Mornings	(1st Mon) Photography Group – Derek Challis – 01787 373738
	12.30 to 2.30pm	Card Making – Pauline Andow – 01787 228790
	5.00 to 8.00pm	Slimming World – Vicky Stebbings – vickystebbing@gmail.com
Tuesday	9.00am to 1.00pm	Upbeat (Heart Support Group) – Hilary Neeves – 01359 232678
	11.00am to 12.00pm	Bumblebees Sensory and Messy Play – Jenni Bray – bookwhen.com/bumblebeessuffolk
	1.30 to 2.30pm	(from March) Seated Exercise Class – Jane 07944 919328
	1.30 to 4.00pm	U3A Art – Vernon Lever – 01787 310511
Wednesday	10.00am to 12.30pm	Life Drawing – John Garbett – 01787 378798
	10.00am to 12.30pm	(3rd Wed) Good Grief Bereavement Support – june@ggbereavementsupport.com
	11.00am to 12.00pm	Keep Fit Laban Dance Class (50+) – 07856 080344 – sheather.mahony@btinternet.com
	3.00 to 5.00pm	Friendship Dancers – Robin Hart – 01787 269613
	4.45 to 6.30pm	Elizabeth School of Dance – classes for 4-10 yrs – info@elizabethschoolofdance.com
	7.30 to 9.30pm	Silver Band – Mike Murkin – 01787 312605
Thursday	7.30 to 9.00pm	(3rd Thurs) LM Historical and Archaeological Society

PTO for Regular Events at the Village Hall, Stoneylands and the Library →

Diary Matters

REGULAR EVENTS AT LONG MELFORD VILLAGE MEMORIAL HALL

Monday	9.30 to 10.30am	Strollercise – Marina St Leger – www.strollercise.co.uk – 07917 333712
	11.15am to 12.45pm	Song Circle Choir for Women – Anna – 07957 484812
Tuesday	10.00 to 11.00am	Pilates – Michelle Cowcher – michellecowcher@gmail.com
	11.30am to 12.30pm	Move It or Lose It! Fitness class for over 60s – amanda.anderson@moveitorloseit.co.uk – 07921 913 398
	2.30 to 4.00pm	(4th Tues) Lecture Series – Suffolk Family History Society (Sudbury)
	6.00 to 8.00pm	Bounce – Jules Cooper – www.bookwhen.com/bouncelongmelford
Wednesday	7.00pm	(1st Wed) Long Melford Parish Council – Full meeting
	2.00 to 4.00pm	(2nd Wed) Digital Workshop – Communities Together East Anglia – 01449 707030
	10.30am to 12.30pm	(3rd Wed) Lecture Series – Arts Society Stour Valley
	10.30am	(4th Wed) Film Club Lectures – www.filmclublectures.co.uk
Thursday	9.45 to 11.30am	Pre and Postnatal Fitness (child friendly) – JTD_fitness – jo.h.thornley@gmail.com
	2.00 to 4.00pm	(1st and 3rd Thurs) Indoor Kurling – Drop in for a free taster session
	6.00 to 6.45pm	Bounce – Jules Cooper – www.bookwhen.com/bouncelongmelford
Friday	9.30am to 12.00 noon	Baby Ballet – sudbury@babyballet.co.uk – 07580 693747

REGULAR EVENTS AT STONEYLANDS (LONG MELFORD COMMUNITY SPORTS TRUST)

Tuesday	1.30 to 2.30pm	(to end February) Seated Exercise Class – Jane 07944 919328
	6.00 to 7.00pm	Hula Hooping Class – Toyah 07917 610231
	7.00 to 8.00pm	
Wednesday	7.45pm	Football Kick-off
Friday	7.30 to 10.30pm	(First Friday) Bygones – Beverley Walker – beverleyjdring1@gmail.com
Saturday	3.00pm	Football Kick-off

REGULAR EVENTS AT THE LIBRARY AT ST CATHERINE'S CHURCH

Tuesdays	2.30 to 3.00pm	Wordplay (Tot Rock and Baby Bounce)
Wednesdays	2.30 to 4.00pm	Top Time
Saturdays	9.30am to 12.30pm	Family Crafts and Lego Club

If you would like your activity or event listed here, let us know the details by emailing content@melfordmatters.org.uk. Details for April/May need to reach us by **1st March**.



Melford Matters is a not-for-profit community initiative funded through advertising and donations. It is produced and distributed by volunteers. Accounting and other support is provided by the Village Hall Committee, but editorial decisions and any opinions expressed are independent of the Committee. The magazine welcomes contributions from everyone in the village. For further information please refer to the Long Melford Village Hall website, longmelfordvillagehall.co.uk/melford-matters, or email us at content@melfordmatters.org.uk, or the advertising team, advertising@melfordmatters.org.uk. Printed by Indigo Ross Design and Print Ltd.



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Business Matters



Phillippa Gunn

Do What You Love and Love What You Do!

No better description of Phillippa Gunn's motivation springs to mind as the doors opened on her Art House in early January. Situated in the old Railway Ticket office in Robins Row, Hall Street, it provides two light, airy floors to delight the eye and envelop you in a seductively creative atmosphere, designed to provide a community Arts Centre for all ages. The studio



The first-floor painting studio is light and airy

is open Mon–Fri 10.00am–6.00pm, weekends 10.00am–4.00pm. It offers Inspiring Art Classes; Natter & Splatter Painting Parties; Pottery Painting; Table Hire by the hour or day for workshops/group bookings as well as the provision of space for the sale of beautiful artwork, crafts, jewellery, cards and even coasters. Canvases and brushes can be brought in or purchased. A very welcome addition to Long Melford's galleries.

Suffolk born and bred, Phillippa was drawn first to hairdressing as she loved the creativity and difference made by colour. However, a surprise stroke at the age of 28, due to undiagnosed congenital heart disease, left her unable to walk and blind in one eye. Following open-heart and keyhole surgery and the fitting of a pacemaker, some 15 years later she is a powerhouse of vision and energy.



Art became the therapy she needed to recover, and the illness gave her the time and impetus to experiment. A childhood fascination with the brightly coloured figures in Beano comics led to the discovery of acrylics, her preferred medium. She explains that acrylic captures depth and contrast, whilst adding a splatter technique encourages movement.

Phillippa started teaching the use of acrylics at after-school and holiday clubs (something she still does today), and things snowballed from there. Alongside her dream of creating a hub where like-minded people can use the facilities, dream, instruct and showcase their creativity, Phillippa created 'Art in a Box' acrylic art kits. Tailored to beginners and beyond, these contain everything needed from palettes and brushes to 10ml pots of non-toxic paint, as well as two pre-drawn canvas boards, a reference picture and a password for the online



The pottery painting area

tutorial. The aim is to make art accessible to all regardless of age or ability, including people who are unable or prefer not to leave their homes.

Phillippa is passionate about inclusivity and taking art back to basics whilst having fun. The studios are for everyone. Dear Melfordian, if anyone can help expand your creativity, Phillippa can!

See phillippagunnart.co.uk for further information.



May and Jacob Salisbury enjoying a painting session

Men's Shed Matters



A Men's Shed is a friendly, practical community space where men can come together, have a chat, learn new skills (or share the ones they already have) and feel part of something. Some people join because they miss the social side of work, some because they've retired, some because they're going through a tough time, and others simply because they enjoy making and mending.

"It's given me purpose again - and a reason to get out of the house."

What matters most is that everyone is welcome, whatever their background or ability. It's not about being an expert – it's about companionship, confidence, and doing things together. A cuppa and conversation are just as important as anything built on a workbench.

Making a difference beyond the Shed

As well as supporting our members, the Shed also gives men the chance to contribute to the wider community. Working together on practical projects – such as making planters for schools, repairing items for local groups, or creating things that benefit community spaces – gives real purpose and pride.

Many members enjoy knowing that what they're making doesn't just stay in the workshop, but goes on to support schools, charities and local organisations. It's a simple but powerful way of giving back, while building friendships along the way.

"You feel useful, but without pressure."



Renovation work in progress



Some of the Men's Shed members outside their former base at the football club

Our move to Stafford Park

We're excited to be moving to a new home at Stafford Park, which will allow us to grow and develop these activities even further. Once we are fully established in the new space, we hope to open more days, including some evenings and weekends, so we can welcome more members and be accessible to those with different commitments.

We're also keen to hear from people who would like to be involved in our relocation and renovation project. Whether you enjoy practical hands-on work, planning, organising, or simply want to be part of building something from the ground up, there are lots of ways to get involved.

"It's as much about helping others as helping yourself."

How to join

If you're interested in joining the Shed – or would like to help shape its next chapter – we'd love to hear from you. The best first step is to get in touch for an informal visit, have a look around, and see if it's right for you. We are open Mondays and Wednesdays 10.00am-2.00pm.

If you would like more information, please contact Dom Hoare on 07949 411133 or email stourvalleymensshed@gmail.com.

Support and donations

As a charity, we are incredibly grateful for community support. Donations of funds, materials, tools, or practical help all make a real difference as we set up our new home and continue our work in the community.

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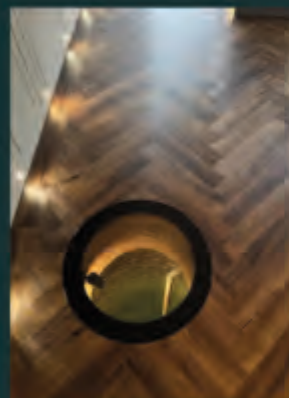
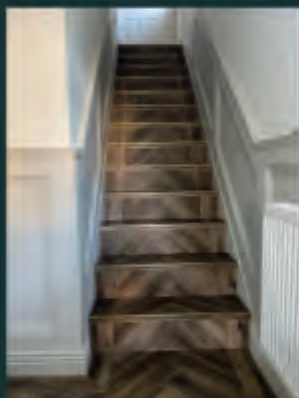
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Silent Witness: War and Landscape in the Melford Area

Long Melford Heritage Trust has plans for a major new volunteer project due to start this spring. The focus will be the network of pillboxes in the countryside surrounding Melford. These formed part of the Corps Line, one of the most important 'Stop Lines' in the eastern region, which passed through Cornard, Sudbury and Melford. Four major river crossings of the Stour marked this area out as important in strategic terms.

Hastily built during the summer of 1940 as the Battle of Britain raged in the skies overhead, pillboxes reflect a time of immense national vulnerability following Dunkirk, the fall of France and the imminent threat of a German invasion.

Although people are aware of individual 'pill boxes' in the landscape, the function of these structures as a defensive system in case of invasion is not understood. They remain an enigma. This project will raise awareness and record their present condition to support heritage protection.



One of Michael Cant's 'pill box' images

The project will include a public exhibition featuring work by local photographer Michael Cant. Cant's evocative images provide a powerful contemporary perspective and capture the drama and haunting beauty of these concrete structures resisting the ravages of time.

If you are interested in participating in or learning more about this project, have historic photographs or personal memories, join our Instagram @melfordheritage.



An artist's impression of Roman Long Melford by Kenneth Dodd

Thank you so much to all those who took part in our archaeological ground-penetrating radar survey this summer, the results of which have been truly amazing. The artist's impression left shows how the northern suburbs of Roman Long Melford may have looked 1,800 years ago. The image depicts the cricket field in the foreground and the Stoneylands football pitches in the distance looking west as a bird's eye view, from over the Spinney in Hall Street.

We have completed processing the thousands of images gathered from around Long Melford and are looking forward to making the results public by way of a presentation in the spring. Details will be published in due course.

Nature Matters

Depending on the current weather, it may not feel as if we are heading towards the end of winter. Nonetheless, huge amounts of change will be occurring in the natural world. Our resident birds will be busy establishing (or strengthening) their breeding territories and over-wintering insects will become active on warmer, sunnier days.

Butterflies, such as Brimstone, Small Tortoiseshell and Peacock will be worth looking for as they emerge



and seek out early flowering plants for their nectar. The flowers of sallow trees (goat and grey willows) are especially important at this time and can often be alive with bees, hoverflies and the first butterflies. These flowers are just as important at night for the early emerging moths that flock to them for their sugar-rich food.

Regarding flowers, many woodland species will already be in flower now (the first dog's mercury was already flowering back in December). Species such as wood anemone, primrose and early dog-violet will be in flower by early March and these will be followed by many more species in April. These plants are adapted to take advantage of the higher light levels available in early spring woodlands, before the trees come into leaf and shade them out.

Newts, toads and frogs will also be stirring and will start heading back to their breeding ponds on any milder nights. They can be found walking through dewy grass by torchlight and can be quite active on nights that they deem suitable for leaving their winter hibernation sites. Regardless of today's weather, we are heading towards spring.

Darren Underwood

Melford Country Park and Melford Walk

We're so lucky living in Melford, to be surrounded by countryside and to have two local nature reserves – the Country Park and Melford Walk – is a treat. Both reserves are leased to the Parish Council and, in the main, looked after by volunteers. There's a group of volunteers that help with litter picking, clearing fallen trees, creating and maintaining wildflower areas, mowing the park and cutting back footpaths – and even rescuing errant swans. It's great to have some keen birders who look after the nest boxes, keep records of breeding birds and lead the birdsong walks.

As we head towards spring and the warmer weather, it's all change in the park. Our winter visitors will start heading home soon but you should still look out for redwings and fieldfares foraging for berries. Both are members of the thrush family. From mid-March the chiffchaffs, small ground-nesting warblers, will be coming from abroad followed by the swallows and blackcaps from April.

Our resident birds will be busy pairing up for the breeding season: look out for blue and great tits checking out our many nest boxes around the park and male robins fighting for territorial rights. Now is also the best time of year to increase your knowledge of birdsong before all the summer migrants arrive to confuse you. To learn more, why not join us in early May for our Dawn Chorus Walk?

To keep you refreshed on your visit to the park, you could call at the wonderful Bug Stop Café, which serves delicious home-made cakes, breakfast rolls, lunches and hot drinks, or indulge in an ice cream from Mr Whippy.

We want everyone to be able to enjoy the nature reserves, so please remember to keep dogs under close control, and that fishing is only allowed in the river (not the pits) and with a valid permit, and please make sure you take home all your fishing tackle.

If you're interested in helping out on the Melford Walk or at the Country Park, please contact Lisa at lisatipper72@hotmail.com.

Parish Recorder Matters

I read something the other day that stated, "Life isn't a line but a circle, the ending of each year brings with it a new beginning". This struck me as being a perfect summary to describe living in Long Melford and especially my role as the village recorder.

One of the most exciting things for me has been the wave of fresh retail ventures that opened in 2025, adding vibrant new options for villagers and locals alike. Thriving independent, niche businesses will hopefully ensure that Melford continues to be the destination of choice for a diverse range of visitors. In the last 12 months, Long Melford has become home to the country's first 'conservative' bookshop (Oldspeak Books), a specialist tobacconist (Tanswell Tobacconist) selling fine cigars, and a new wine bar (Gather Bottleshop & Bar) that offers a great selection of wines from around the world (try the Passimiento, a lovely Italian red).

Looking ahead, Nethergate Brewery & Distillery is preparing for their major expansion, with plans for a new shop, café and taproom. The development promises to offer visitors an immersive experience in craft brewing and distilling and will bring additional employment opportunities to Melford and the surrounding



area. 2025 also witnessed Nethergate's first small batch whisky (Stix) going on sale.

On a sporting front, 2025 has seen much needed revival for the fortunes of Long Melford FC (LMFC), sitting (in December) just outside the play-offs and occupying seventh place in the Thurlow Nunn North First Division. Fingers crossed that by the end of the 2025/2026 season, LMFC will have secured promotion. The local village

cricket season witnessed the introduction of the inaugural LeeStock Festival Essex & Suffolk T20 competition. Long Melford Cricket Club were joined by Bures CC, Cavendish CC, Leavenheath CC, Gestingthorpe CC and High Street Rangers CC, all competing against each other with the aim of securing the inaugural trophy. Cavendish Cricket Club took on Gestingthorpe Cricket Club on the finals night, which was hosted at Long Melford Cricket Club. A healthy crowd bathed in late evening sunshine witnessed Cavendish reign supreme – they won by 9 wickets.

Finally, a special mention to the newly formed Long Melford Community Choir, who practise Monday evenings under the listening ear of choir master Matthew Russell.

Who said village life was boring!?

Geoff Randall, Parish Recorder

Parish Council Matters



Music on the Green 2026 is back! Please do save the date, **Saturday 1st August**. Although timing of the event is yet to be confirmed, I have already secured some new local bands along with at least one firm favourite from

last year, so watch out for the line up nearer to the event. As with previous years, we will also be supported by some fantastic food and drink vendors, and the Parish Council will be funding the children's entertainment again. All we will have to do is pray for the perfect weather.

Graffiti

At the back end of last year, the village was targeted by a graffiti artist. Please do stay vigilant and if you

happen to see anyone carrying out such an act, please do not tackle them but report it to the police immediately. You never know, a police car maybe nearby ...

Future projects

With this new year now upon us, the Parish Council are considering future projects that could benefit the parish. At this stage nothing is off the table so, big or small, please do drop me an email at clerk@longmelford-pc.gov.uk or speak to one of your parish councillors if you happen to bump into them in the village. We want to hear your ideas.

Clare Lee, Parish Clerk

Scouts

What a year we have had at 1st Long Melford! As well as having our first group camp, we have been working hard across the sections at giving our young people excitement, adventure, building skills and opportunities. Our young sections closed off the year with a trip to the Quay Theatre to enjoy some panto too!

Now the new year is upon us, and while the Christmas break was a well-deserved one for our leadership team at 1st Long Melford Scout group, they were very busy behind the scenes getting ready for the new year and new adventures!

The evenings are beginning to grow longer and the energy levels will grow with them.

Our youngest section, the Squirrels, will be getting sporty with netball and bounce fitness fun, and unleashing their inner artist with a visit to Gainsborough's House and a session creating their own comic strips with two local artists.

Beavers are looking forward to working on their *Animal Friend* badge and taking a visit to one of our Scouting partners 'Pets at Home', and we have been told to look out for an alien invasion!

Cubs and Scouts have been working hard on their programme building and skills, with some focus going into the practical side of camping, making stoves and preparing for a wonderfully adventurous term as we head into spring.

There is some exciting news of Scouts getting busy in our community – this is in the organising stage and a

challenge to look forward to, that we will share with you in the next Melford Matters.

If you would like to join us please get in contact with our section leaders (Details are on the contacts pages).

Why not start the new year with a new adventure and come along as one of our helpers? We are always here to welcome you whatever your skills and experience. Whether you are able to help us lead the children, or whether you prefer to help with some of the work behind the scenes, there is a place for everyone. A moment of your time can change the lives of our young people as they learn and develop skills for life.

Please get in touch:

lynda.badger@suffolkscouts.org.uk.



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Festive Long Melford at the Village Hall

This event was a wonderful success and a true celebration of community spirit.

The children's entrepreneur tables were a real highlight, showcasing creativity and confidence. Santa's Grotto added festive magic, Messy Church provided delightful craft activities, while the raffle and refreshments were extremely popular. We are very grateful to the local businesses who kindly donated raffle prizes.

The generosity of donations for our pre-loved toy table was outstanding, thank you. A fantastic number of toys found new homes, with an amazing £200 received in donations!

A huge thank you goes to everyone who came along to support the school and FLuMPS, whether by donating, volunteering or attending. We raised an impressive £1,200 profit, which will be put towards new resources for the school. As a Christmas gift, we were delighted to give each year group a £25 voucher to spend on classroom resources of their choice.

Fundraising Focus

We would also like to extend special thanks to **Pat Davey**, who very kindly raised £300 through her village book sales. This provided a fantastic fundraising boost, and we hope to partner with Pat again later this year.

Our coin collection fundraiser continues. If you have any old British / any current or old foreign coins or notes, please get in touch.

Gardening

We will soon be back to our school gardening projects including further work on the 'Bug & Bloom Nature Classroom'. If you have any suitable tools or plants you would like to donate, please do get in touch.

Here's to a great 2026!

The FLuMPS Team

FLUMPS@longmelfordprimaryschool.co.uk

Facebook: Friends of Long Melford Primary School



The 1st Chadbrook Guides would like to extend a big thank you to The Long

Melford WI for their dedication and support last year in fundraising for us.

The 2026 Charity Model Railway Show is scheduled for Sunday, May 10th, from 10.00am to 4.00pm: 1st Chadbrook Guides are collecting funds for their upcoming trip to Belgium in 2027. This year's event promises to be larger and more exciting than ever before, taking place at The Old School in Long Melford. For the first time, Scalextric and Lego will join a wide array of model railway gauges. As usual, children can enjoy free activities and there will be a fantastic assortment of refreshments available.

1st Long Melford Brownies and 1st Chadbrook Guides will be participating in Thinking Day on February 22nd, an important occasion in the Guiding calendar that is observed by members worldwide. This year's celebration holds particular significance as it marks the centenary of the event. On this notable day, in recognition of this milestone, several leaders will be travelling to Ness Point, the easternmost location in the country, to observe the sunrise.



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Gardening Matters – Notes from the Potting Shed

We are delighted to confirm that Melford's own seed swap will be back for another jolly session on **Saturday 28th February, 10.00am-12.00pm**, in the village hall. We are grateful to the Melford in Bloom team, who will be at the swap and will be pleased to talk about their activities in the village and see whether you might be tempted to join in with any of them. The seed swap is a lovely opportunity to catch up with fellow local gardeners or just come in for a cuppa and cake. Back by popular demand, we also have the gardening-themed tombola, not to be missed! If you don't have any saved or spare seeds, please don't let that prevent you from coming; we have several hundred packets of seeds available and plenty more will arrive on the day. You are very welcome to help yourself to whatever you fancy from our huge selection and make a small donation. We have an extensive choice of herb seeds, practically every type of vegetable seed you can think of, as well as an enormous range of ornamentals.

If you're itching to start direct sowing something in February, it makes a real difference to germination prospects if you can raise the soil temperature with a cloche or some other covering, to maximise the effects of that late winter sunshine before you sow.

Indoors, there's plenty to get started with, particularly aubergines, chillies and sweet peppers, which need a long growing season to get the fruits to mature in late summer. A windowsill above a radiator may work but a heated propagator will boost your chances of success.

Meanwhile, let's look forward to a wonderful display of spring bulbs, heralding another great year of colour and beauty in our lovely village.

Please do keep sending your queries and tips in to gardening@melfordmatters.org.uk. **Happy Gardening!**



The Great Melford Seed Swap

Saturday 28th February 2026
10.00am to 12.00 noon
Long Melford Village Memorial Hall

Coffee and Cake
Gardening Tombola

Acton Garden Club are continuing with their programme of talks at Acton Village Hall, at 7.30pm on the second Thursday of each month: in February, scientist and complementary medicine practitioner, Dr. Gwenda Kyd, will look at some *'Incredible Edible (and Drinkable) Plants and their properties'* and in March, Catherine McMillan from Bridge Farm Plants will be giving a talk entitled *'Gardening for Beginners and Perennially Perplexed'*. Visitors are always welcome.

Long Melford Village Memorial Hall

Situated in our beautiful village, the hall is the perfect venue for your event, however large or small. It offers a large function room with a stage area and a fully equipped kitchen. Tables and chairs are available free of charge if you need them and there is a large car park for the use of your guests. Whether your event is a family party, a wedding reception, a fundraising evening, an exercise class, a regular community event or a simple meeting we are sure the Memorial Hall will suit your needs.

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Standard rate	£13 per hour	£16 per hour
Melford resident rate	£10 per hour	£13 per hour

Audio visual equipment available @ £25 per session

To book Long Melford Village Memorial Hall for you event visit our website
<https://www.longmelfordvillagehall.co.uk/how-to-book/>
 or call 07379 894325

Health Matters



Unity Healthcare, which manages the Clements (Haverhill), Long Melford and Lavenham surgeries has also recently merged with Glemsford Surgery.

All the surgeries will remain open and will provide in person appointments and are supported by the Triage and Operations Hub based in Haverhill.

Patients should continue to contact the practice via eConsult (or telephone if unable) but will now have a greater range of locations and clinicians on offer, as we share our resources across the organisation.



This is an exciting development for us all, and we are pleased to combine the expertise of the many new colleagues from Glemsford with the Unity operating model which allows us to provide a responsive service. There has been a lot of change over the past year, and I hope the people of Haverhill, Long Melford and Lavenham have noticed the improvements in the service we provide.

We are always seeking to improve further and welcome feedback. You can access our patient survey via this QR code, or email Sgpfed.feedback@nhs.net.

Dr David Brandon, Clinical Director

Long Melford and Lavenham PPG (Patient Participation Group) News

There have been a few changes since the latest news update. I am now chair of the PPG taking over from Anne Hinds. Our thanks go to Anne for all her past hard work. The good news is that she will continue to be a committee member.

As reported above, Unity Healthcare have now taken over the Glemsford Practice. As the Long Melford and Lavenham PPG is still a relatively small group, patients from the Glemsford practice are welcome to join us until such time they form their own PPG.

At the annual combined PPG meeting in October, it was agreed that the individual PPGs would meet three times a year. We know that daytime meetings can be difficult for those who work, so we aim to hold the summer meetings in the evenings. That way, we hope

that we will encourage new members to join us so that our committee is more diverse and representative of the population. Please contact me if you would like to find out more.

The PPG is your representative at Unity Healthcare. If you wish to give us any feedback, we would be happy to receive it.

Liz Brunwin, lizbrunwin@hotmail.co.uk
Long Melford and Lavenham PPG Chair



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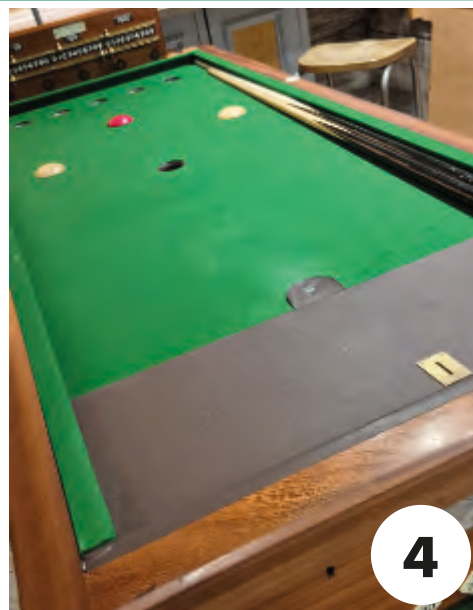
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Quiz Matters

A Pub Crawl

The Melford Matters team have been on a tour of the local hostelries. Can you work out from the photographic evidence below, what route they took?

See Answers on Page 30.



Sport Matters



Long Melford Cricket Club

LMCC are pleased to welcome our new main club sponsor, The Black Lion Hotel, which is a part of the Chestnut Group. This is an amazing three-year sponsorship agreement, for which we are hugely grateful. The Black Lion logo will feature on the front of all the new Adidas playing kit, including the shirts and jumpers worn by our Saturday and Sunday league sides. We are extremely thankful to them for this deal, which is appreciated by all our club members.

Our winter nets sessions are now fully underway at Great Cornard Leisure Centre, from 3.00 to 4.30pm every Sunday. They are open to members old and new, aged 13 years and over, with one junior net and two adult nets available to every ability. As Saturday 18th April – the season starting date – draws closer, we are always looking for new blood to come into the club: winter nets are a fantastic opportunity if you are looking to start cricket or get back in the swing of things. Beyond this, our academy training starts on Thursday 23rd April 2026: we would love to welcome new kids of all abilities, aged between five and 15 years. If your child is looking for a new sport, come and see if cricket is the one.

On another note, after his second five-year stint as LMCC groundsman, Bill Byford leaves his role, handing over to Neil Sawyer for 2026. A huge thank-you goes to Bill for his amazing dedication to the club and ground over the past five years, and to Neil Sawyer for taking the reins for 2026. This change of role sees Neil Sawyer step down from his role as secretary, which he has fulfilled for the past 13 years, and which nows passes on to Emily McLaren. We would also like to thank Neil for his amazing work over that period, and Emily McLaren for taking on the role in his place. We hope to keep you updated in the coming months about events happening in and around the club. Please keep your eyes peeled across our social media accounts so you don't miss out on what we're up to!



Long Melford Football Club

It has been a great start to the New Year for Long Melford Football Club. A run of five unbeaten games on the field, and the introduction of a great main sponsor to the Club: KBS Groundworks. Based in Bury St Edmunds, they are an international contracting group carrying out works all over Europe and also own the Bella Pubs Group with currently four pubs in the local area.

Richard Kemp, honorary president of LMFC, has said how delighted he was to have landlords Rebecca and Keven Swales on board at LMFC and that he looked forward to a great and fulfilling partnership in the future.

In this extremely generous sponsorship deal, KBS Groundworks will sponsor the ground and the Bella Pubs Group the kit and club. Stoneylands is now known as 'The KBS Groundworks Stadium' and work has already begun by Keven's men resurfacing areas of the stadium and re-levelling of the unmade section of New Road.

Bella Pubs Group own and operate 4 pubs, as well as an inn, in Suffolk: the Linden Tree in Bury St Edmunds, opposite the train station; The Bunbury Arms in Great Barton; The Three Kings Inn in Fornham All Saints, Bury St Edmunds; and The Cock Horse in Lavenham.

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Please contact for free initial consultation:
01284 724013 (option 7) or 07988 961240
adam.kemp@amas.co.uk



Directory of Clubs and Societies

Group	Contact	Phone/email
Beading (Suffex Bead Club)	Victoria Power	07866 996124
Chadbrook Guides	Rebecca Cox	chadbrookguides@gmail.com
Connect Toddler Group	Pam Tonks	07890 880976
Cricket Club	Ivan Newman	07944 893167
Folk and Acoustic Club	Pauline O'Brien	poboap123@gmail.com
Football Club	Richard Kemp	01787 378149
Friends of LM Church Building Fund	Richard Michette	01787 377164
Friends of Long Melford Library	Nick Castell	help@suffolklibraries.co.uk
Good Neighbours' Scheme	Helen Eaton	07504 249179
Historical and Archaeological Society	Ian Sandham	Lmhas1969@outlook.com / 07586 354414
Holy Trinity and St Catherine's Church	Rev. Matthew Lawson	01787 310845
Keep Fit	Heather Mahony	01449 736662
Long Melford Community Sports Trust	Laura Murton	events.lmcst@gmail.com
Long Melford Beaver Scouts (Age 6-8)	Jen O'Reilly-Turner	jen.oreilly-turner@suffolkscouts.org.uk
Long Melford Cub Scouts (Age 8-10)	Lynda Badger	lynda.badger@suffolkscouts.org.uk / 07540 889754
Long Melford Scouts (Age 10-14)	Graham Souch	1stlmscouts@gmail.com
Long Melford Scout Group (general enq.)	Lynda Badger	lynda.badger@suffolkscouts.org.uk / 07540 889754
Long Melford Squirrel Scouts (Age 4-6)	Jody Vickery	jody.vickery@suffolkscouts.org.uk
Long Melford in Bloom	Jonathan Ewbank	jonathanewbank145@gmail.com / 07931 925420
Long Melford Museum and Heritage Centre	John Nunn	01787 313496
Long Melford Litter Pickers	Claire Hargreaves	07899 696491
Long Melford Photographic Group	Derek Challis	01787 373738
Long Melford CE Primary School	Mrs Woolmer	01787 379929
Long Melford Walking Group	Mike Turner	07733 102229
Long Melford Women's Institute	Amy Hyde Parker	amy@melfordestate.co.uk
Melford Music	John Watts	01787 310373
Neighbourhood Watch	Stuart Finch	07967 472488
Over Sixties Club	Sandra Halls and Mary Cook	07722 028753
Old School bookings		schoolbooking1860@gmail.com
Parish Recorder	Geoff Randall	07519 626842 Melfordparishrecorder@hotmail.com
Project Seven	Sandra Basham	07900 614417
Royal British Legion	Amy Hyde Parker	amy@melfordestate.co.uk
Silver Band	Mike Murkin	01787 312605
The Arts Society Stour Valley	John Ashton	07899 872222
Upbeat Heart Support	Hilary Neeves	01359 232678
Village Hall bookings	lettings.longmelfordvillagehall@hotmail.com	07379 894325

Please notify us of any additions or changes by emailing content@melfordmatters.org.uk. Amendments must be received by **1st March** to be included in Issue 31 – April/May.

Quiz Answers

1. The Cock and Bell
2. Gather
3. The Hare Inn
4. The Swan
5. The George and Dragon
6. The Ex-Service and District Working Men's Club

7. The Bull Hotel
8. The Black Lion
9. Nethergate
10. The Crown

So much for 'Dry January'!

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