



A field of Crimson Clover in the village
Photo: Teresa Poole

Melford's Iron Age and Roman Past

Help conduct a geophysical survey around the village

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Changes at the Football Club

Say hello to the new chairman and goodbye to the U23s manager

Pages 28 and 29

T20 Cricket Comes to Melford

LMCC to take part in six-village mini-league

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welcome!

Welcome to issue 26 of your village magazine. It is shaping up to be a busy summer in Melford with a wide range of events and activities throughout the season. Please do make a note in your diary of the village fete on 12th July; there is some information about it on p.5 and further details will be available as the date approaches – it is always a great day out for the whole family. Melford Music is back with a varied programme of delightful Wednesday lunchtime concerts, see p.13. Music on the Green is also available on 13th July from our very own Silver Band.

You can learn all about Project Seven's recent presentation evening on p.6 and discover the range of local good causes they generously

support. There is also a fascinating explanation of the history and purpose of the Almshouse adjacent to Holy Trinity on p.7. We are indebted to Darren for his expert account of local wildlife sightings and commentary on how unusual some of them are, see p.19. We hope all of this will whet your appetite for what promises to be a thoroughly enjoyable summer in the village!

Many thanks to those who have sent in local photos, including our front cover by Teresa Poole, sheep and lambs at Kentwell by Michelle Watts (p.8) and a lovely picture of the church by 10-year-old Charlotte Wills (p.8). Please keep them coming.

We absolutely welcome all comments on what is in or what you would like to see in the magazine. Please do keep getting in touch at content@melfordmatters.org.uk.



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Community Matters



Charity Darts

In April the Working Men's Club hosted a charity darts match in memory of local, Brian Stringer. Thank you to everyone that came and supported us at the weekend; we had another fantastic turnout. The event raised an amazing £2,000 for Brain Tumour Research and St Nicholas Hospice Care.

Congratulations and well done to this year's winner Daniel Fayers, as well as everyone who took part. A massive thank you to everyone who worked really hard preparing for and running the event.

Long Melford Working Men's Club



Stained Glass Fundraiser

Back by popular demand! After the sellout success of the quiz night last April to raise money to conserve Long Melford's medieval stained glass, the fundraising team is staging another quiz on Friday 11th July.

This time the event will be held in Holy Trinity Church itself – always a spectacular venue on a sunny summer's evening. The event starts at 6.30pm and a cold supper will be included in the entry fee of £15 per person. Fear not, there will also be a bar.

This year's quizmaster will be Andrew Prince, the Melford costume jeweller who famously makes the bling for *Downton Abbey*. The committee promises that he won't be allowed to make all (or even any) of the questions about tiaras.

If you'd like to take part, all you need to do is put together a team of minimum four, maximum six people. To reserve your table, call Simon on 07765 898650.

Great Summer Days at Kentwell Hall

This summer Kentwell Hall have a wide range of events on offer, with something for everyone, from a peaceful walk around the house and grounds (Wednesday to Sunday, 11.00am-5.00pm) to stepping back in time 500 years at their acclaimed Tudor Midsummer Living History event, with over 200 people living as they would have in the sixteenth century (Saturday 21st/Sunday 22nd June, and Saturday 28th/Sunday 29th June).

If you want more than history, you can watch *The Pirates of Penzance* on the beautiful Cedar Lawn (Saturday 19th July) or spend an enchanted day at Kentwell's Magic Weekend (26th and 27th July).

This is all happening on your doorstep, come and see what's going on! For more information and details of all our events, including times, prices and to book, visit www.kentwell.co.uk.

Village Hall AGM

Long Melford Village Memorial Hall will be holding its Annual General Meeting on **Wednesday 23rd July** at 6.00pm at the hall.

The meeting is open to all residents of the village and will include reports on the activities at the hall as well as the opportunity to elect members of the management committee. If you'd like to stand for election please email chair.lmvmh@gmail.com.

Community Matters

The Long Melford Village Fete

Following a break in proceedings due to soggy ground, the Long Melford Village Fete is back this year on 12th July, from 12 noon to 4.00pm, in what is now delightfully called the Fete Field – located opposite Melford Hall.

Some of the village's firm favourites are returning: the Dog Show, stocks and 'Chuck a Chicken' to name but two, and there are some new additions with sheep from Portia Brown and a dance act from Beau and Arrows.

The FLuMPS (Long Melford Primary School) will be running a fabulous raffle and, with the Scouts offering their wheelbarrow of booze, the Women's Institute running a cake stall and crafters selling their creations, there really will be something for everyone.

Many thanks go to Cllr Liz Malvisi and Cllr Richard Kemp for their kind generosity in helping me achieve community grants that will ensure that the Long Melford Silver Band will be playing to welcome you as you arrive.

Whilst the fair share of the money is split between Long Melford Primary School and Holy Trinity Church, this event is a superb opportunity for village clubs and groups to showcase their talents and raise money for themselves. If you would like a stall or a charity stand, please do email amy@melfordestate.co.uk.

I look forward to welcoming you all to what is set to be a fabulous event.

Lady Hyde Parker



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Community Matters

Project Seven Presentation Evening

Project Seven raise funds by providing BBQs at a variety of local events and in 2024 we raised a very healthy £15,000, despite not being able to run The Big Night Out. The funds are distributed out to many local charities and community groups.

We had our Presentation Evening on 12th March at Nethergate Brewery: it was a great night and very well attended by so many local groups. Cheques to a value of £11,000 were given out – £4,000 had already been given away over the course of the last year. The presentation was undertaken by Graham Hardy (Treasurer), Martin Maxim (Chairman) and Andrew Haggar (President).



We're delighted to be able to make such worthwhile donations but for us to continue to raise money, we really need more people to join the team. We have a variety of events coming up over the year and are looking for people who would be able to help with set up/set down, preparation and cooking or serving to customers. If you're interested in volunteering at any of our events and would like to find out more, please contact Alan Cummins 07973 715732.



We were pleased to be able to make donations to over 30 groups which included Essex & Herts Air Ambulance, St Nicholas Hospice, Success after Stroke, Long Melford Heritage Centre, Kernos Centre, LeeStock in aid of the Willow Foundation, Clare Priory, Long Melford Cricket Club, Long Melford Litter Pickers and Hillside Special School, to list just some of them.



As well as large events such as Clare Priory Craft Fair, LeeStock and Cornard Fireworks, we're also available for any corporate or private events, so if you're looking for a well-run and really good quality BBQ, get in touch with Graham Hardy 07984 138241.

The Project 7 Team

Community Matters

The Almshouse

Have you ever wondered what the building sitting at the top of the Green in front of the church is?

Called the Holy Trinity Hospital, this is the Long Melford Almshouse founded by Sir William Cordell in 1573. Designed in a quadrangle, its original purpose was to house 12 brethren and one warden. The brethren were men over 50 chosen from the poor inhabitants of Melford, who must remain unmarried.

The warden, aged between 50 and 60, ensured that the brethren behaved and took part in their formal duties. Two sisters were also employed to attend to the gentlemen's every need, cooking their meals, serving them in the board room and washing their clothes in the cellars.

To receive their yearly payment, they also had to attend services in church over the Easter period.

In his will, Sir William Cordell bequeathed to the Almshouse the farm known as Hall Farm, Shimpling, and the woods known as Aveley Woods. This was to ensure that the Almshouse could support itself with its own income. In 1836, this was sufficient to maintain a high standard of living, feed and clothe the brethren and pay the warden and the sisters.

In 1960, the building underwent a major transformation: heating was installed and individual flats created, including private bathrooms. The building was listed and became a noted feature of the Green.

Today life is slightly different: there are 11 flats, available to men and women from both Melford and surrounding villages. There is no uniform and residents are not required to attend church. A warden still lives on site, and whilst there is a requirement that all residents have to live independently, more modern facilities such as pull cord systems have been installed to ensure their safety.

The gardens are still the backbone of the building and those working in the garden are allowed to enjoy the fruits of their labour, including from the magnificent strawberry patch.



While the external structure of the building remains the same as in 1573, over the last five years internal works have taken place to modernise the accommodation in accordance with the building's listed status.

Hall Farm in Shimpling is still owned by the Almshouse in line with Sir William Cordell's wishes and provides an income. In 1836, records show that one eighth of the grain produced off the farm was to be sent to the sisters for them to use as they saw fit. Today this might not be missed, but I feel sure that the residents would like to re-instate the provision from that year that the Hare Inn pub was to provide them with free beer as and when they needed it.

The current residents living at the Almshouse are extremely valuable members of our community who have served our village or the surrounding villages in various ways and it is a pleasure to ensure that they are still accommodated within Long Melford.

Lady Hyde Parker
Trustee of the Almshouse

Reflections

Lambs vs Sheep!

I hope that in the last few weeks you have been able to enjoy seeing the lambs at Kentwell. Lambs are always such a delight. They are inquisitive, social, communicative and joyful; indeed, they literally jump for joy. They are also vulnerable – I trust you have been keeping your dogs on leads in their vicinity? In contrast, sheep can appear to be passive and a bit world-weary. They are so consumed with eating grass that there does not seem to be much time left for anything else.

Is there not a lesson for us in this ... How like sheep we can be! There are enormous pressures on many of us at the moment, but have we become so consumed by worries that we have forgotten the wonder and the joy of simply being alive? Indeed, one of my friends who works with children has a theory that babies are born close to heaven, but that the troubles of life harden us up and tend to draw us away from God.

Across the world, Christians have recently celebrated Easter. It is interesting that the imagery of Jesus's sacrifice is of a lamb and not a sheep being slain. Maybe that speaks of the revitalisation God offers through Jesus's death and resurrection? Christ's resurrection is a source of great strength to me; however, I can still find things hard going, so personally I am extremely grateful that God still goes after lost sheep!

Rev. Matthew Lawson

Specific dates for your diary include:

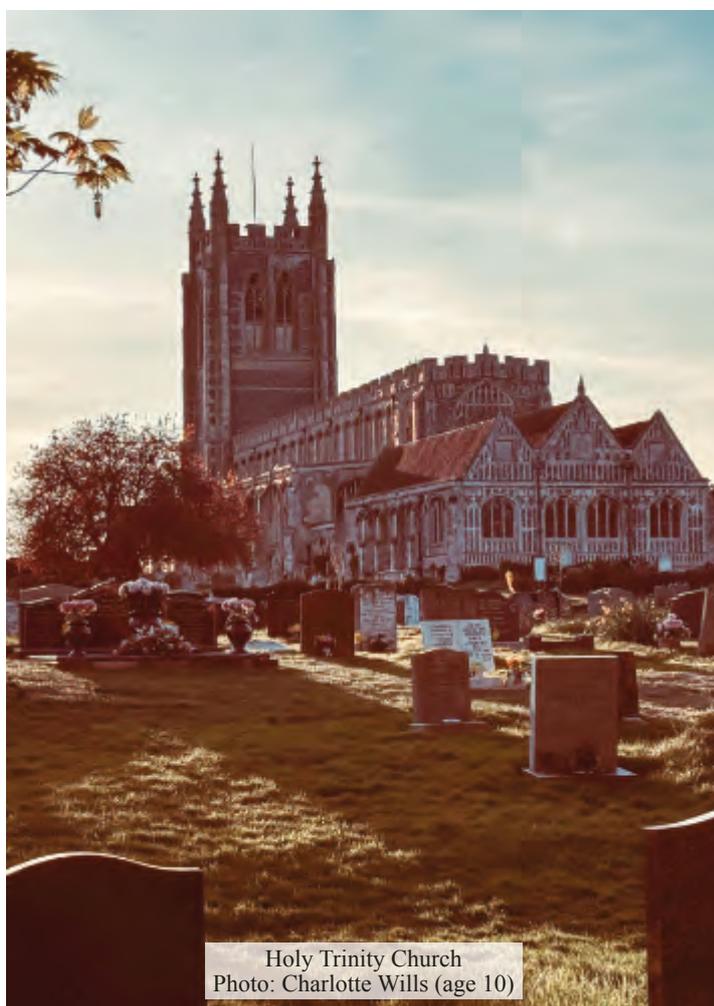
1st June	6.30pm	Choral Evensong
22nd June	4.00pm	'Shine' Informal Worship
29th June	10.30am	Clopton Rose Service
29th June	4.00pm	Messy Church (tbc)
2nd July	10.30am	Pet Service!
2nd July	6.30pm	Choral Evensong
13th July	4.00pm	'Shine' Informal Worship

We have a communion service every Sunday at 10.30am to which all are welcome. (Livestream available on Holy Trinity Long Melford Facebook page.)

For more information about the toddler groups, youth groups, choir, discipleship groups, etc. please email chadbrookoffice@gmail.com or call 07804 558160.



Sheep and Lambs at Kentwell
Photo: Michelle Watts



Holy Trinity Church
Photo: Charlotte Wills (age 10)

MELFORD FORGET-ME-NOTS

A new business in Ringer's Yard



Oldspeak Bookshop, which prides itself on being a haven for free thought, opened its doors in May. Dedicated to offering a variety of ideas, we present a curated selection of conservative or traditional titles alongside classic and contemporary works. Our mission is to foster open dialogue and intellectual curiosity, providing a space where readers can explore perspectives often overlooked.

Beyond books, we'll stock local wines and beers, creating a warm, welcoming atmosphere for book-lovers and thinkers alike. Join us to celebrate the power of words and ideas – whether browsing our shelves or sipping a glass in our cosy space. Oldspeak aims to be more than a shop but a community hub for those who value independent thought.

Joanne May, Owner

Winston's Wheels disabled dog charity are holding a tabletop sale and fun dog show at Newton village hall on **Saturday 28th June** between 10.00am and 3.00pm. Free parking and entry.

WI Fundraiser for the Guides

In April the WI, with support from Melford Movies, put on a movie night to raise funds for the local guiding unit, 1st Chadbrook Guides. The film was Made in Dagenham, a true story of the fight for equal pay at the Ford Motors Dagenham plant in 1968, which triggered the passing of the Equal Pay Act and influenced equal-pay laws in other countries.

The film was well received with over 50 people attending, enjoying a glass of Prosecco on arrival and ice cream in the interval. A raffle was held, with some excellent prizes that contributed towards the final total of £330 being raised for the Guides – an amazing result! Thank you to the representatives of the Guides who informed the audience about what they hope to do with the money raised. Special thanks to Melford Movies, without whom the evening would not have happened.

theWI
INSPIRING WOMEN

Taste of East Anglia

The premier food and drink festival for the east of England returns once more to the Kentwell Estate on **Saturday 14th June**.



This year's festival promises to be a great day out for all the family, with Chefs on Stage, Street Food, Producer and Artisan Stalls, a Wine Area, a BBQ Zone and a Kid's Tent.

The event runs from 10.00am to 5.00pm. See www.tasteofeastanglia.co.uk for more information.

Long Melford Silver Band

will be celebrating their **135th Anniversary** with a concert on the Village Green on **Sunday 13th July** from **2.00pm to 4.00pm**. The event coincides with 'Brass Band Week 2025' and the Band will be joined by players from across East Anglia. Food and drink will be available. Entrance is free.



Long Melford Community Association

The Association, which runs the Old School Community Centre, held its AGM on Friday 4th April. While enjoying some nibbles, attendees were able to toast a successful 'National Lottery Awards 4 All' grant to refurbish the Partridge and Fox rooms. The grant of £18,500 will pay for a complete refurbishment of the windows and a repair of the walls, where some of the brickwork has degraded. Work is expected to complete midsummer. We will then invite volunteers for a Community Day, to help us freshen up the spaces with a lick of paint and a dollop of community spirit!

Jonathan Grant, LMCA Chair

Diary Matters

JUNE	TIME	EVENT	VENUE
Sunday 1st	8.00am sellers 9.00am buyers	Car Boot – no need to book, £5 car, £10 van, £1 entry	Stoneylands Football Club
Wednesday 4th	9.00am to 3.30pm	Antiques Fair	Village Hall
	1.10 to 2.00pm	Melford Music	Holy Trinity Church
	7.00pm	Full Parish Council Meeting	Village Hall
Thursday 5th	10.00 to 11.30am	Good Neighbours/Friends of LM Library Coffee Morning	Old School
	7.15pm	WI Meeting – Springwood Sun naturist club founded in 1958	Bull Hotel
Saturday 7th	8.00pm	Skinny Boy Alex - Ska & Reggae DJ Night	Working Men's Club
Wednesday 11th	1.10 to 2.00pm	Melford Music	Holy Trinity Church
Friday 13th	6.30pm	Melford Movies – Trailer Night	Village Hall
	8.00pm	Folk & Acoustic Club	Cock & Bell
Saturday 14th	10.00am to 5.00pm	Taste of East Anglia	Kentwell Estate
Wednesday 18th	11.00am to 12 noon	The Arts Society Stour Valley – The Eclectic Victorian Garden	Village Hall
	1.10 to 2.00pm	Melford Music	Holy Trinity Church
Thursday 19th		LM Historical & Archaeological Society – Tour of Guildhall, Bury St Edmunds. Contact lmhas1969@outlook.com for info.	
	10.00 to 11.30am	Good Neighbours/Friends of LM Library Coffee Morning	Old School
Thurs 19th to Sun 22nd		Summer Solstice Beer Festival	Nethergate Brewery
Friday 20th	4.00pm	Fundraiser for Teigan – more details to be announced	Stoneylands Football Club
	Evening	Kwik Cricket Tournament with BBQ and Bar	Cricket Club
Saturday 21st	7.00pm	Drag Night	Stoneylands Football Club
Wednesday 25th	1.10 to 2.00pm	Melford Music	Holy Trinity Church
Thursday 26th	1.45pm	Long Melford Litter Pickers	
Saturday 28th	7.00pm	Live Music – Martin Weavers	Stoneylands Football Club
	8.00pm	Live Music – Just Duo	Working Men's Club
	9.30am to 4.00pm	Antiques & Vintage Fair	Old School
Sunday 29th	9.30am to 4.00pm	Antiques & Vintage Fair	Old School
	10.00am	Long Melford Litter Pickers	
JULY			
Wednesday 2nd	9.00am to 3.30pm	Antiques Fair	Village Hall
	1.10 to 2.00pm	Melford Music	Holy Trinity Church
	7.00pm	Full Parish Council Meeting	Village Hall
Thursday 3rd	10.00 to 11.30am	Good Neighbours/Friends of LM Library Coffee Morning	Old School
	7.15pm	WI Meeting – Beth from The Only Way is Beauty will give a talk on skincare	Bull Hotel
Friday 4th	4.00 to 8.00pm	50th Anniversary Celebration Event	Primary School
Sunday 6th	8.00am sellers 9.00am buyers	Car Boot – no need to book, £5 car, £10 van, £1 entry	Stoneylands Football Club
Wednesday 9th	1.10 to 2.00pm	Melford Music	Holy Trinity Church

Diary Matters

JULY (CONTINUED)

Friday 11th	6.30pm	Stained Glass Fundraiser Quiz – contact Simon 07765 898650 for tickets	Holy Trinity Church
	8.00pm	Folk & Acoustic Club	Cock & Bell
Saturday 12th	12 noon to 4.00pm	Long Melford Fete	Opp. Melford Hall
	8.00pm	Karaoke	Working Men's Club
Sunday 13th	2.00pm	Long Melford Silver Band – Music on the Green	Top Green
Wednesday 16th	1.10 to 2.00pm	Melford Music	Holy Trinity Church
Thursday 17th	10.00 to 11.30am	Good Neighbours/Friends of LM Library Coffee Morning	Old School
Fri 18th July to Sun 3rd Aug		Suffolk Art Society Art Exhibition	Holy Trinity Church
Saturday 19th	10.00am to 3.30pm	Book Fair	Village Hall
	12 noon to 8.00pm	Sawasdee Melford – Thai charity day	Nethergate Brewery
	8.00pm	90s Night	Working Men's Club
Wednesday 23rd	1.10 to 2.00pm	Melford Music	Holy Trinity Church
	6.00pm	Village Hall AGM	Village Hall
Saturday 26th	9.30am to 4.00pm	Antiques & Vintage Fair	Old School
Sunday 27th	9.30am to 4.00pm	Antiques & Vintage Fair	Old School
	10.45am	Long Melford Litter Pickers	
Wednesday 30th	1.10 to 2.00pm	Melford Music	Holy Trinity Church
Thursday 31st	1.45pm	Long Melford Litter Pickers	
	10.00 to 11.30am	Good Neighbours/Friends of LM Library Coffee Morning	Old School

REGULAR EVENTS AT LONG MELFORD OLD SCHOOL COMMUNITY CENTRE

Daily	See website	Yoga Studio – Clare Turner – www.longmelfordyoga.co.uk – 07377 068885
Monday	Mornings	(1st Mon) Photography Group – Derek Challis – 01787 373738
	12.30 to 2.30pm	Card making – Pauline Andow – 01787 228790
	5.00 to 8.00pm	Slimming World – Vicky Stebbings - vickystebbing@gmail.com
Tuesday	9.00am to 1.00pm	Upbeat (Heart Support Group) – Hilary Neeves – 01359 232678
	1.30 to 4.00pm	U3A Art – Vernon Lever – 01787 310511
Wednesday	10.00am to 12.30pm	Life Drawing – John Garbett – 01787 378798
	10.00am to 12.30pm	(3rd Wed) Good Grief Bereavement Support – june@ggbereavementsupport.com
	11.15am to 12.15am	Keep Fit Laban Dance Class (50+) – 07856 080344 – sheather.mahony@btinternet.com
	3.00 to 5.00pm	Friendship Dancers – Robin Hart – 01787 269613
	7.30 to 9.30pm	Silver Band – Mike Murkin – 01787 312605
Thursday	7.30 to 9.00pm	(3rd Thurs) LM Historical and Archaeological Society

PTO for Regular Events at the Village Hall, Stoneylands and the Library →

If you would like your activity or event listed here, let us know the details by emailing content@melfordmatters.org.uk. Details for August/September need to reach us by **1st July**.

Diary Matters

REGULAR EVENTS AT LONG MELFORD VILLAGE MEMORIAL HALL

Monday	9.30 to 10.30am	Strollercise – Marina St Leger – www.strollercise.co.uk – 07917 333712
	11.15am to 12.45pm	Song Circle Choir for Women – Anna – 07957 484812
	1.15pm	Health in Motion – Yoga with Paul – info@health-in-motion.co.uk – 07930 332120
Tuesday	10.00 to 11.00am	Pilates – Michelle Cowcher – michellecowcher@gmail.com
	2.30 to 4.00pm	(4th Tues) Lecture Series – Suffolk Family History Society (Sudbury)
	6.00 to 8.00pm	Bounce – Jules Cooper – www.bookwhen.com/bouncelongmelford
Wednesday	7.00pm	(1st Wed) Long Melford Parish Council – Full meeting
	2.00 to 4.00pm	(2nd Wed) Digital Workshop – Communities Together East Anglia – 01449 707030
	10.30am to 12.30pm	(3rd Wed) Lecture series – Arts Society Stour Valley
	10.30am	(4th Wed) Film Club Lectures – www.filmclublectures.co.uk
Thursday	9.45 to 11.30am	Pre and postnatal Fitness (child friendly) – JTD_fitness – jo.h.thornley@gmail.com
	2.00 to 4.00pm	(1st and 3rd Thurs) Indoor Kurling – Drop in for a free taster session
	6.00 to 8.00pm	Bounce – Jules Cooper – www.bookwhen.com/bouncelongmelford

Friday	9.30am to 12.00 noon	Baby Ballet – sudbury@babyballet.co.uk – 07580 693747
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REGULAR EVENTS AT STONEYLANDS (LONG MELFORD COMMUNITY SPORTS TRUST)

Monday	10.00am to 2.00pm	Stour Valley Men's Shed
	7.00 to 10.00pm	Bingo – age 18+ all welcome, no need to book
Tuesday	1.30 to 2.30pm	Seated Exercise - contact Jane 07944 919328
	6.00 to 7.00pm	Hula Hooping Class - contact Toyah 07917 610231
	7.00 to 8.00pm	
Wednesday	10.00am to 2.00pm	Stour Valley Men's Shed
Thursday	7.00 to 7.50pm	Swing Jive – Complete Beginners – Strictly Swing – Sarah Buldock 07956 614824
	8.00 to 8.50pm	Swing Jive – Improvers
	9.00 to 9.45pm	Lindy Bop – Improvers
Friday	9.30 to 11.30am	Muddy Bears Stay & Play – https://bookwhen.com/muddybearsstayandplay
	8.00 for 8.30pm	(First Friday) Bygones – Beverley Walker – beverleyjdring1@gmail.com
Sunday	7.00 to 7.50pm	Balboa Swing – Strictly Swing – Sarah Buldock 07956 614824
	8.10 to 9.00pm	Collegiate Shag

REGULAR EVENTS AT THE LIBRARY AT ST CATHERINE'S CHURCH

Tuesdays	2.30 to 3.00pm	Wordplay (Tot Rock and Baby Bounce)
Wednesdays	2.30 to 4.00pm	Top Time
Saturdays	9.30am to 12.30pm	Family Crafts and Lego Club



Melford Matters is a not-for-profit community initiative funded through advertising and donations. It is produced and distributed by volunteers. Accounting and other support is provided by the Village Hall Committee, but editorial decisions and any opinions expressed are independent of the Committee. The magazine welcomes contributions from everyone in the village. For further information please refer to the Long Melford Village Hall website, longmelfordvillagehall.co.uk/melford-matters, or email us at content@melfordmatters.org.uk, or the advertising team, advertising@melfordmatters.org.uk. Printed by Indigo Ross Design and Print Ltd.

Culture Matters

Melford Music

Once again, we have prepared a wonderful season of music to suit all tastes, for you to enjoy in the magnificent surroundings of Holy Trinity Church.

The season starts on 4th June with a duo of guitars, followed on 11th June by the Bella Voce girls' choir, continuing on 18th June with a marimba and violin duo before finishing the month with the Rock Choir.

July opens with a sparkling foot-tapping programme, continues over the following weeks with a 1920s-1930s programme, a piano recital, then on 23rd July poems and a concert of original music. The month ends with music by a Baroque quartet.

In August, we finish our 33rd season with over the weeks a piano recital, a flute, violin and cello trio, a saxophone ensemble and finally a musical feast by Anglia Baroque.

Most recitals are supported by Long Melford businesses, for which we are very grateful.

We look forward to welcoming you all to enjoy a "lite bite" at a small cost and spend a happy hour listening to some lovely music. Wednesdays in June, July and August, 1.10pm, free admission. All funds from the retiring collection go to the restoration and preservation of our historic building.

Jilly Cooper



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workshops in our creative centre

Culture Matters

MELFORD MOVIES

In early 2016, a small team began planning the establishment of a community cinema in the Village Hall. Melford Movies was born and its first screening was in October that year – so 2025-26 will be our **terrific 10th season!**

There have been some great movies released in the last year, so we have a fantastic shortlist of films for the season. On **Friday 13th June** we will be holding our usual **Trailer Night**, where we screen the trailers for our shortlist. Please do come along, enjoy a glass of wine and some snacks, and vote for the

films you would most like to see included in our programme. The event is free and open to all. Doors open at 6.30pm and the first trailer will begin at 7.00pm.

If you have a film you'd like included on our shortlist, an organisation you'd like to nominate to receive the proceeds from one of our raffles, or you'd like to join the team, please do get in touch by emailing melfordmovies@icloud.com.

The season will begin on **Friday 15th August** and will then revert to our usual schedule on the **second Friday of every month from September through to March**.

SUFFOLK LIBRARIES

The Reading Quest 2025

Get ready for another reading adventure, with the return of our summer reading programme for children! **The Reading Quest** starts from 19th July 2025. You can sign up and take part at any library in Suffolk and at any point during the holidays. Open to all ages and all reading abilities, Reading Quest is an exciting opportunity to get the whole family involved in reading and making memories this summer.

What's On at the Library

Join our **Family Craft** sessions and **Lego Club** every Saturday, 9.30am-12.30pm, and look out for our

special **Lego Inventors Club** over the summer holidays. You'll have your chance to use our Lego Education sets to build challenging engineering projects or try your hand at computer programming.

Our **Top Time** social group for adults meets every Wednesday from 2.30pm, with board games, craft and friendly conversation. And don't forget our **Wordplay** song sessions for children aged 0-5 years, every Tuesday 2.30pm-3.00pm.

Nick's Picks

Bob Mortimer's *Hotel Avocado* is an intriguing and quirky read where Gary, a legal worker in Peckham, has to make a difficult decision between staying in his comfort zone or beginning a new life in Brighton with his girlfriend who has just started running a hotel. Full of Mortimer's trademark wit with relatable characters in unlikely scenarios, this book keeps you guessing without stretching your credulity. The audiobook available through the Libby app or on CD features the voices of Paul Whitehouse, Sally Phillips and Mortimer himself and will have you chuckling along with glee. Also available in print.

If you want to explore or already enjoy the seaside with your children or grandchildren, we wholeheartedly recommend *Go Wild at the Seaside* by **Goldie Hawk and Rachael Saunders**. It has suggestions of games to play, wildlife to spot, and even what to do in a seaside emergency. If you'd like to know what to pack for a day at the seaside, how to catch a fish, and what you can do to help protect the coastline, this book is for you. Available in print from Suffolk Libraries.



Culture Matters

Art Exhibitions

Suffolk Art Society are delighted to return for their Spring and Summer Exhibitions for 2025.



Around 60 artists from the county will be exhibiting and selling their latest artworks. Any art purchased can be taken on the day of purchase. There is also an opportunity to vote for your favourite painting. As last year, Suffolk Art Society is once again supporting St Nicholas Hospice. The dates are:

Lavenham Church

Saturday 24th May to Sunday 8th June

Holy Trinity Church, Long Melford

Friday 18th July to Sunday 3rd August.

Entry is free of charge.

The **Suffolk Open Studios** event sees members opening to visitors at weekends in June between 11.00am and 5.00pm. In Melford two studios, both based in Little St. Mary's, are taking part: Kate Bowen (7/8th) and Natural West (7/8th and 21/22nd).

For details see www.suffolkopenstudios.org.

The Suffolk Art Society ART EXHIBITION

at
The Lady Chapel, Holy Trinity Church
LONG MELFORD



FRIDAY 18TH JULY – SUNDAY 3RD AUGUST
OPEN DAILY 10AM - 5.30PM EXCEPT
Friday 18th July 1pm - 5.30pm
Sunday 3rd Aug 10am - 4pm

FREE ADMISSION



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WEDNESDAY 18 JUNE 2025

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quoting **MM24** or simply scan the
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Saturday & Sunday
14th & 15th June 2025
10AM - 4PM

FREE ADMISSION

Refreshments provided by
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Culture Matters

Indian Block Printing Workshops – Saturday 7th June

Discover the joy of making something by hand at the ‘Introduction to Indian Block Printing’ workshops, coming to Long Melford Village Memorial Hall on Saturday 7th June. Led by Jenny Rampling, this hands-on session is perfect for beginners and anyone looking for a creative, mindful experience.

Block printing is a centuries-old craft from India that uses hand-carved wooden blocks to create striking designs on fabric. During this two-hour workshop, participants will learn the basics of the technique, experiment with colour and pattern, and design their own hand-printed textiles to take home.

The workshop includes a full demonstration, access to a wide selection of beautiful printing blocks, and all materials. Attendees can choose to print items such as tea towels, aprons, table runners or cushion covers – making each piece unique and personal.



Two sessions will take place at Long Melford Memorial Hall on Saturday 7th June, at 10.30am-12.30pm and 2.00pm-4.00pm. To book or learn more, visit www.emeraldandembers.com or follow @emeraldandembers on Instagram. Tel: 07817 418007.



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Three QR codes for social media links (Facebook, Instagram, and a globe icon).

Business Matters

VE Day – A Window Perspective

In the welcome May sunshine, jolly bunting knitted and crocheted by willing local fingers framed another Woolpatch window, in celebration of VE Day. Run for several years by Stuart Race, the knitting shop in Hall Street has delighted shoppers, tourists and walkers alike with window displays of current and past events. Occasions from Royal events to the Paris Olympics have been faithfully, skilfully and wittily represented in yarn.

The commemoration of the 80th Anniversary of VE Day that took place on 8th May was showcased through one man's story, mirroring hundreds of others.

Sketchy stories remained just that without elaboration by those returning home – but a family's memorabilia and medals, tucked away in a box, led to online research and unlocked Stuart's Italian grandfather's war, where he served and in which regiments. Experiences that, by and large, he never shared with his family.

"So when it became time for my call up, I had no hesitation in fighting for King and Country"

Tony Alasia (1915-2009) served as a gunner; fought against Mussolini with the 7th Armoured Division which later became the famed Desert Rats (having first been asked if he minded fighting against his fellow countrymen! No, he didn't), travelling over 2,500 gruelling miles in 196 days, after the battles of El Alamein, to Tunis before going into France and Germany. An extraordinary story ... and yet a story like so many others. We Will Remember Them.

The Woolpatch, 01787 313452, is open Wednesday to Saturday, 10.00am-4.00pm.



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Nature Matters

Country Park Dawn Chorus Walk

The annual Dawn Chorus Walk this year was attended by 14 residents hoping to hear, and perhaps see, a variety of bird species in the Country Park. With our two birding experts Jonathan and Cliff on hand to guide them on a thankfully dry but slightly chilly morning, we managed to record a decent number of species including blackcap, chiffchaff, green woodpecker, whitethroat, Cettis warbler, song thrush, reed warbler, little grebe, grey wagtail – and a very vocal cuckoo that also performed a brief flyover.



A Chiffchaff
Photo: Ron Smith



A Common Whitethroat
Photo: Ron Smith

The Park is blessed with a variety of habitats and, with careful management and the introduction of nearly 50 nest boxes, not only do we attract a diverse number of bird species but in many cases the numbers are increasing year on year.

Cliff Dark



The advertisement features a dark blue background. At the top, there is a silhouette of an industrial factory with several chimneys. Below this, two silhouettes of chimney sweeps carrying buckets are positioned on either side of the text "CLEMENTS CHIMNEY SWEEP AND STOVE INSTALLER". The contact information "ClementsChimneySweeps@outlook.com" and the phone number "07810616837" are prominently displayed. The services offered include Chimney Sweeping, Stoves Installed, Chimney Pots, and Bird guards. The ad also lists several affiliations and certifications: the Guild of Master Sweepers (with its logo), HETAS (with its logo), the Federation of British Chimney Sweeps (with its logo), and Checkatrade.com (with the tagline "Proud members of Checkatrade.com Where reputation matters"). The logo for "burnright" is also present at the bottom right.

Birds and Moths Thrive around Melford

By the time you read this, spring will be well advanced and all the summer migrant bird species should be back from their winter quarters. Much has changed over the last few weeks: the first resident bird species have started to nest while wintering species prepared to depart for their breeding grounds further north.

An exceptional highlight of the Long Melford winter has been a flock of 42 white-fronted geese that arrived in December 2024 and remained on fields between Long Melford and Liston until 22nd February 2025. These birds breed high up in northern Russia, moving south to winter in milder climes, mostly around the southern North Sea. Small flocks are regular visitors at traditional sites around the East Anglian coast, but such a sizeable flock inland is quite a rare sight.



Equally scarce – for Long Melford – was a merlin seen near Bridge Street on 18th January. This small falcon may have been attracted by the flocks of finches and buntings that have been present in good numbers around the north end of the village, feasting in the ‘birdseed plots’ and on the supplementary feed that has been provided for them under various agri-environment schemes. These are aimed at helping such birds when the seeds that would normally sustain them are limited and certainly appear to work, with some peak counts involving flocks of 190 chaffinches, 260 goldfinches, 320 linnets and 140 yellowhammers!

It’s not just bird populations that are constantly changing. Regular recording of moths in the woods around Long Melford reveals a pattern of continuous transition: new species emerge weekly as others ‘go over’. Many people are surprised to hear that moths can be spotted during every month of the year. The winter moth is appropriately named as the adults typically fly between November and January, although in the case of this species, ‘fly’ only applies to the males. The females have evolved to become flightless. What drivers see in car headlights are the males, which flutter around roadside hedges on winter evenings, sometimes in good numbers. This species is critical to the breeding success of many small woodland birds. The bright green caterpillars that blue tits take to feed their young often belong to this species – an example of how what happens in one season can have knock-on effects later.



The importance of moths is often overlooked, perhaps because they are mainly, though not exclusively, nocturnal. In fact, there are more species of day-flying moths than there are butterflies! Roughly over 700 moth species have been recorded within Long Melford parish – with many more doubtless awaiting discovery. These insects form an extremely important part of the food chain(s) and some species are more efficient pollinators than bees. They are also very impressive creatures, although, admittedly, the male winter moth (pictured) sports rather drab-looking camouflage (sorry, winter moth).

Darren Underwood



Celebrate 50 Years of Long Melford Primary School

Get ready to celebrate a fantastic milestone! Our wonderful Long Melford Primary School's new building is turning 50, and to mark this special occasion, FLuMPS are organising a celebratory event for the whole community.

Join us at the school on Friday 4th July, from 4.00pm to 8.00pm for an evening of fun for all ages. There will be a selection of tasty food available and a bar for the grown-ups. Children can be kept entertained with a disco, bouncy castle, inflatables, a scavenger hunt, and craft activities. There will also be tours of the school.

We'll also officially open the school's new Wildlife Garden with a special guest cutting the ribbon – a lovely addition to the school grounds for the next 50 years and beyond. Plus, there's much more in store!

Are you a former student? We'd love to see your old school photos from the past five decades. Please email them to FLUMPS@longmelfordprimaryschool.co.uk so we can share them during the evening.

Look out on social media for more information, and please come along and help us celebrate this special anniversary!



We often hear about all the amazing things leaders organise with the Brownies and Guides – all the activities, meetings, and sleepovers ... This term, we enjoyed a leaders' day for all the Rainbow, Brownie, and Guide Leaders in Suffolk. It was an amazing occasion when we were able to try new activities like wet-felting, relax with a massage or be more adventurous with a blind trail – a low-level obstacle course undertaken while completely blindfolded. This year we also have had the great opportunity to celebrate one of our Leaders' long service awards: Marie Rampling was awarded her 40-year long-service award at a special ceremony during our Guide Leaders' Day, and we are all very proud.

Long Melford Brownies are going from strength to strength. We now have 17 girls who are all enjoying the games, crafts and singing as well as sleepovers, and a fantastic young leader working towards her leadership qualification. She is enthusiastic and willing to try new things and a great help for both the Brownies and Leaders.

The end of July sees our amazing trip to Switzerland finally arrive! There will be 22 girls from Chadbrook and Keddington Guides and six Leaders. We have worked tirelessly fundraising for our trip and have planned some amazing excursions. Read our next article to find out about our trip ...



Rebecca Cox

Scouts

On Thursday 8th May, representatives from 1st Long Melford Scout, Cub and Beaver sections attended the service commemorating VE day and the lighting of the beacon on the village green.

They had with them a bomb casing that was presented to 1st Long Melford Boy Scouts for the work they carried out assisting at the airfield during the war. Our young group was immensely proud to support the event, honouring the work and memory of those who worked tirelessly during the war both at home and overseas.

As the months get warmer, our sections are hoping for more adventures outdoors and in the water, including an orienteering challenge for our Beavers and paddleboarding with our Cubs, while Scouts are looking forward getting their first experience of scuba diving with a try-dive.



Our littlest sections, Squirrels and Beavers, are excited to be going to 'Africa Alive' and meeting up with lots of other sections from around the county. Our Squirrel leader Jonathan wishes to send his thanks for all the help and support you gave with the raffle that helped raise the funds for this trip.

If you want to help our young people with their scouting adventures and to help them develop new skills, we would love to hear from you. Whether you want to roll up your sleeves and get stuck in with some of our adventurous activities, or you feel your skills are better suited to helping with the planning and preparation, there is sure to be a place for you.

Please contact the Group Scout Leader, lynda.badger@suffolkscouts.org.uk, for more information or just to have a chat.

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Parish Council Matters

Litter Bins

All bins in Melford are emptied once a week, usually on a Friday, with several high-traffic areas receiving a further collection on a Tuesday. Please do let me know if you believe a bin collection has been missed and I will follow it up. Did you know that dog waste bags can also be placed in the litter bins in Melford? If a dog bin is full, please dispose of any dog bag in a litter bin or take it home with you.



Fly-tipping

We have seen an increase in fly tipping in the village, which has included a bathroom cabinet and a flat-screen television. Booking a slot at the recycle centre can be made online by visiting the Suffolk Recycling website, www.suffolkrecycling.org.uk, or alternatively you can call 0345 606 6067.

Long Melford Neighbourhood Plan

In December, the new government increased housing requirements across the country, as part of its ambition for 1.5 million new homes in this parliament. In Babergh, the target rose from 416 to 775 new homes a year (up 86%). Long Melford's minimum requirement is 750 new homes over the next 20 years. If this amount concerns you, then please lend the Parish Council a hand and join our working group.

Cordell Place Playground

A BIG thank-you to all the parents and children who supported our 'grand opening' of the playground in Cordell Place. I hope the children enjoyed the sweet treats and the face painter. It was useful to have feedback on the project and will help shape any future upgrades to it.

Clare Lee, Parish Clerk

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Melford Matters is delivered every two months to about 2,100 homes and businesses in Long Melford. Current and previous issues can also be viewed online at melfordmatters.org.uk

Heritage Matters



Revealing our Iron Age and Roman Past

We are pleased to announce that we have been allocated a grant by Suffolk County Council's Culture Project to conduct geophysical surveys in Long Melford. As you may recall, a few years ago we conducted a magnetometry survey which gave us a large-scale image of the Stoneylands. Some ferrous (iron) contamination slightly clouded the picture, but the survey allowed us to highlight various areas of particular interest.

We will now be investigating these using Ground Penetrating Radar, which is not affected by the presence of iron and also enables us to see a slice of the soil below. This technique was used on the Roman bathhouse and more lately around the Stoneylands with amazing results. We are therefore delighted to welcome back Trace by Trace Ltd, a professional company of geophysicists specialising in subsurface investigations, to help us once again in a targeted manner.

However, we need your help to make this successful. The professionals will require the involvement of small teams of volunteers at intervals over the summer. No previous experience will be required as all training will be given. It also offers a range of jobs from holding a tape measure to operating the equipment – whatever you are most comfortable with, and at convenient times for you. If you feel that this is of interest, please register by replying to us at:

info@melfordheritage.org.uk

We hope to see you there.



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Gardening Matters – Notes from the Potting Shed

We have had a query from a Melford resident who is lucky enough to have a glorious magnolia but is unsure about how to approach pruning this beauty. Being a deciduous tree (one that drops its leaves annually) it is tempting to think of winter pruning, as many other similar trees prefer it; however, with magnolias, this can cause dieback and leave unsightly gaps in the display. Late winter or early spring pruning risks bleeding so we would recommend tackling this task in midsummer to avoid this. Early flowering shrubs such as philadelphus and weigela will also respond best to pruning in midsummer.

It's also time to tackle the tangled growth of early clematis such as Montana. No disentangling is required: after flowering, merely chop back to the shape and size you wish and the plant will have plenty of time to recover to produce another lovely display for early summer 2026. If you can resist removing the foliage from your spring bulbs as they die back, you will have a much better chance of another pretty display from them next spring. It's very tempting to chop it and tidy it away, but as long as the foliage has some green in it, it is feeding the bulb and preparing it for greatness next year.

Don't forget to take cuttings from any plant you love, to increase your stock and guard against a harsh winter disaster. Many will root if stripped of their lower leaves and put in a jar of water or small pot of compost placed in a plastic bag to retain a humid environment. If you're using the jam jar method, just transfer to a pot of soil or compost once you see a decent clump of new roots at the base of the cutting.



When cleaning your pond, look after any tadpoles and frogs – they're a gardener's friend, eating up slugs, snails and other pests
Photo: Helen Jones

Meanwhile, any frogspawn in your pond should be turning into tadpoles and small frogs by now, so pond maintenance can recommence. Removing blanket weed and duckweed will repay dividends as both can multiply in the sun at an astonishing rate. If you leave the weed you have dredged on the side of your pond for an hour or two, any aquatic creatures will have the chance to slip back into the safety of the pond before the weed travels to the compost heap.

There are going to be some super plants available at the village fete so do come along and see if we can meet your horticultural needs.

Please do keep sending your queries and tips in to gardening@melfordmatters.org.uk.

Happy Gardening!

Long Melford Village Memorial Hall

Situated in our beautiful village, the hall is the perfect venue for your event, however large or small. It offers a large function room with a stage area and a fully equipped kitchen. Tables and chairs are available free of charge if you need them and there is a large car park for the use of your guests. Whether your event is a family party, a wedding reception, a fundraising evening, an exercise class, a regular community event or a simple meeting we are sure the Memorial Hall will suit your needs.

	Monday - Thursday	Friday - Sunday
Commercial rate	£16 per hour	£19 per hour
Standard rate	£13 per hour	£16 per hour
Melford resident rate	£10 per hour	£13 per hour

Audio visual equipment available @ £25 per session

To book Long Melford Village Memorial Hall for you event visit our website
<https://www.longmelfordvillagehall.co.uk/how-to-book/>
or call 07379 894325

Health Matters



In March, Unity Healthcare's new Triage and Operations Hub in Haverhill was formally opened with patient representatives, West Suffolk Council and local NHS representatives. Dr David Brandon, Unity's clinical lead, reported the Hub is working well with an average waiting time of 23 seconds for in-bound patient calls.

Aimee Longfoot



Walk for Wellness

Regular gentle walks are well known to have therapeutic effects for one's mental and physical wellbeing. If you're looking for a new area to explore on a walk, why not join the free Walk for Wellness at Melford Hall Thursdays from 10.00am to 11.00am? Book via the National Trust website at <https://nationaltrust.org.uk/melford-hall>.



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Quiz Matters

A Blooming Marvellous Quiz

How well do you know your summer flowers? The solutions to the following anagrams are all one-word names of summer flowers:

- | | |
|----------------|----------------|
| 1. Sore | 6. Fowl nurse |
| 2. Drag limo | 7. I peanut |
| 3. Wolf encore | 8. Hindi plume |
| 4. Sayid | 9. Such ibis |
| 5. And lever | 10. Stare |

See Answers on Page 30.






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Meet the New Chairman!

My name is Mick Garbi and I am the new chairman of Long Melford Football Club. Having played at a good standard whilst younger at Wivenhoe Town, Colchester United, Chelmsford City and

Braintree Town, I chanced upon Long Melford FC in 1998 whilst recovering from a serious knee injury. My friend Shaun Gascoigne was at the club and asked me to go along and train for pre-season. I loved the feeling of the club and stayed the season, getting to know the village and its people quite well. However, I still had the hunger to play at a higher level, so I moved to the newly formed AFC Sudbury in 1999. I always thought I would return to Melford but fate intervened when, after meeting my future wife, I moved to Derby: I finished my career with spells at Wirksworth Town, Belper Town and Eastwood Town.

Returning to Melford

A few years later, I started coaching, completing my UEFA licence whilst at PSV Eindhoven in Holland before working for Norwich City for five years. It was there that I realised that I wanted to coach at local-club level. Where better than Melford? I approached the club mid-season at a time when my former teammate Jules Mumford was running the side but they already had enough coaches, so I went over to Cornard to work with Chris Tracy and Jack Wignall. At the end of the season, Jules left Melford, recommending me to “Bradders” – Jamie Bradbury – who was taking over. Over four years at the club, through many ups and downs, we managed to win the Thurlow Nunn Premier Cup and stave off relegation a couple of times, while I divided my responsibilities as First Team coach with managing and coaching the Under-18s side.

After Covid, I decided to expand my horizons and coached in Spain for three years, returning in 2024 ready for a new challenge. That came after the untimely passing of our chairman Geoff Thomas in January of this year. Although I’ve always been involved in football, it was never as chairman but hey what could go wrong?

Plans for the Club

My aspirations for going forward are to put the club back at the centre of the village community: we want to support local people and businesses whilst moving the club forward on the pitch after our relegation to Thurlow League One this year.

We have restructured the club off the pitch and have a dedicated team in Russell Meekings (Club Secretary), Adam Kemp, Kevin Hurley and of course Life President Richard Kemp. We are all pushing in the same direction and look forward to working with Long Melford Community Sports Trust in making the club what it should be: a haven for local players.

We are currently applying to the Football Association and the local council for some grants to improve the facilities around the pitch, which will include better walkways, new pitch fencing and a disability stand with a raised platform for wheelchair users so that supporters feel more welcome at the ground. We will also be lowering admission prices for the new season and giving all of the youth players free season tickets to come along and get behind the team that they should aspire to play for.

Development of the teams

On the pitch, we are looking to bounce back at the earliest opportunity and get promotion back to the Thurlow Nunn Premier League so we will be looking at new players for both the First Team and the Under-23s. We will also be re-introducing an Under-18s side back into the Thurlow Nunn midweek league, to produce the local players that will give the club the long-term sustainability that it needs.

In the immediate future we will be out in the local community gauging what they want from their local side and talking to prospective sponsors about our vision for the future.

Mick Garbi

Richard Kemp

County Councillor

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Sport Matters

LMFC Under-23s News

Lee Greenwood is vacating his position with the U23s and we would like to express our thanks to Lee and his team for their longevity and commitment to the roles. Their task was rendered more difficult by the unfortunate passing of Geoff and the changing of first-team management.

Over their time at the club, Lee and his team have overseen many U23 squads, with all the ups and downs that come with managing an age group often called upon to support the first team and be ready for late “call ups” – this happens when a player is asked to play in a higher team at the last minute. The players of Lee’s U23s squad were often called to play for the first team as replacements for players who had become unavailable due to injury or unforeseen circumstances.

The U23s have been crucial in getting through to the end of the season. With the club going through a restructure after relegation, it is a shame that Lee and his team will not be with us for the upcoming season and the challenges fighting for promotion will bring. The club wish him and his coaching team the best of luck in whatever their next challenge may be.

We will be advertising for a new U23 manager in due course.



Long Melford Cricket Club

Friday 20th June sees the return of LMCC hosting a Kwik cricket tournament for club members aged nine and under. This will be made up of around five to six local teams

involving around 50 young cricketers. It’s usually a busy night: the bar will be open for parents and spectators and the BBQ will be up and running. Why not come down and enjoy the atmosphere?

LMCC always prides itself on supporting our sponsors, we have many boards up around the ground and we frequently encourage awareness of our sponsors through our website and with social media posts. At Easter, Nethergate’s successful beer festival was again well supported by LMCC – we advertised and attended in numbers. The picture right was taken on Good Friday.

This year, as well as the Royal Mail supporting our Junior section with clothing, we also have the honour to be backed by cricket-based charity Iggy’s Fund, which aims to promote community participation in healthy recreation.

Long Melford Cricket Club is part of a new midweek Suffolk and Essex league playing T20, a format that has been so popular with cricket fans. Sponsored by LeeStock Festival and starting on 16 May, the league will comprise six village teams: Cavendish, Bures, Gestingthorpe, Leavenheath, High Street Rangers and, of course, Long Melford. This new village T20 initiative supports the Willow Foundation and Movember charities.



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Directory of Clubs and Societies

Group	Contact	Phone/email
Beading (Suffex Bead Club)	Victoria Power	07866 996124
Beaver Scouts	Lynda Badger	lynda.badger@suffolkscouts.org.uk / 07540 889754
Chadbrook Guides	Rebecca Cox	chadbrookguides@gmail.com
Connect Toddler Group	Pam Tonks	07890 880976
Cricket Club	Ivan Newman	07944 893167
Folk and Acoustic Club	Pauline O'Brien	poboap123@gmail.com
Football Club	Richard Kemp	01787 378149
Friends of LM Church Building Fund	Richard Michette	01787 377164
Friends of Long Melford Library	Nick Castell	help@suffolklibraries.co.uk
Good Neighbours' Scheme	Helen Eaton	07504 249179
Historical and Archaeological Society	Ian Sandham	Lmhas1969@outlook.com / 07586 354414
Holy Trinity and St Catherine's Church	Rev. Matthew Lawson	01787 310845
Keep Fit	Heather Mahony	01449 736662
Long Melford Community Sports Trust	Laura Murton	events.lmcsst@gmail.com
Long Melford Cub Scouts	David Lawrance	melford.cubs@suffolkscouts.org.uk
Long Melford Group Lead Volunteer	Lynda Badger	lynda.badger@suffolkscouts.org.uk / 07540 889754
Long Melford in Bloom	Jonathan Ewbank	jonathanewbank145@gmail.com / 07931 925420
Long Melford Museum and Heritage Centre	John Nunn	01787 313496
Long Melford Litter Pickers	Claire Hargreaves	07899 696491
Long Melford Photographic Group	Derek Challis	01787 373738
Long Melford CE Primary School	Mrs Woolmer	01787 379929
Long Melford Scout Group Waiting List	Lynda Badger	lynda.badger@suffolkscouts.org.uk / 07540 889754
Long Melford Squirrel Scouts	Jonathan Coote	jonathancoote82@hotmail.com
Long Melford Walking Group	Mike Turner	07733 102229
Long Melford Women's Institute	Amy Hyde Parker	amy@melfordestate.co.uk
Melford Music	John Watts	01787 310373
Neighbourhood Watch	Stuart Finch	07967 472488
Over Sixties Club	Sandra Halls and Mary Cook	07722 028753
Old School bookings		schoolbooking1860@gmail.com
Parish Recorder	Geoff Randall	07519 626842 Melfordparishrecorder@hotmail.com
Project Seven	Andrew Hagger	07980 526067
Royal British Legion	Amy Hyde Parker	amy@melfordestate.co.uk
Scout and Guide HQ bookings	Vicki Ramdhanie	lmsglettings@gmail.com
Silver Band	Mike Murkin	01787 312605
The Arts Society Stour Valley	John Ashton	07899 872222
Upbeat Heart Support	Hilary Neeves	01359 232678
Village Hall bookings		lettings.longmelfordvillagehall@hotmail.com 07379 894325

Please notify us of any additions or changes by emailing content@melfordmatters.org.uk. Amendments must be received by **1st July** to be included in Issue 27 – August/September.

Quiz Answers

- | | | |
|---------------|---------------|-------------|
| 1. Rose | 5. Lavender | 9. Hibiscus |
| 2. Marigold | 6. Sunflower | 10. Aster |
| 3. Coneflower | 7. Petunia | |
| 4. Daisy | 8. Delphinium | |

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